

Nederlandse Junioren Kampioenschappen 800-1500 kb 2018



KNZB ism De Dolfijn
Amsterdam 27-10-2018

NJK 800-1500m korte baan - zaterdag 27 oktober 2018 om 13:00u (25 m)

Aanvangstijd juryvergadering: 12:00u

1. 1500m vrije slag - Heren

12 - 12 jaar (Junioren 1)

1. Olivier Wilbers (ZPC Hoogeveen, 200600181)						19:32.49(+72)					
50m	00:34.86	34,86	450m	05:45.54	38,43	800m	10:20.01	39,62	1150m	14:57.88	39,75
100m	01:13.65	38,79	500m	06:23.99	38,45	850m	10:59.79	39,78	1200m	15:37.69	39,81
150m	01:53.00	39,35	550m	07:03.15	39,16	900m	11:39.56	39,77	1250m	16:17.81	40,12
200m	02:31.57	38,57	600m	07:42.45	39,30	950m	12:19.20	39,64	1300m	16:57.52	39,71
250m	03:10.47	38,90	650m	08:21.68	39,23	1000m	12:59.16	39,96	1350m	17:37.04	39,52
300m	03:49.58	39,11	700m	09:00.89	39,21	1050m	13:38.69	39,53	1400m	18:16.27	39,23
350m	04:28.47	38,89	750m	09:40.39	39,50	1100m	14:18.13	39,44	1450m	18:55.14	38,87
400m	05:07.11	38,64	800m	10:20.01	39,62	1150m	14:57.88	39,75			
2. Tiamo van der Veen (ZPC Hoogeveen, 200600033)						19:44.50(+81)					
50m	00:35.66	35,66	450m	05:47.53	39,19	800m	10:24.77	40,10	1150m	15:05.80	40,16
100m	01:14.65	38,99	500m	06:26.50	38,97	850m	11:05.11	40,34	1200m	15:46.42	40,62
150m	01:53.47	38,82	550m	07:06.01	39,51	900m	11:45.02	39,91	1250m	16:27.40	40,98
200m	02:32.70	39,23	600m	07:45.24	39,23	950m	12:25.18	40,16	1300m	17:07.54	40,14
250m	03:11.53	38,83	650m	08:25.16	39,92	1000m	13:05.33	40,15	1350m	17:47.39	39,85
300m	03:50.61	39,08	700m	09:04.90	39,74	1050m	13:45.06	39,73	1400m	18:28.00	40,61
350m	04:29.71	39,10	750m	09:44.67	39,77	1100m	14:25.64	40,58	1450m	19:08.01	40,01
400m	05:08.34	38,63	800m	10:24.77	40,10	1150m	15:05.80	40,16			
3. Senna Hof (DZ&PC, 200600761)						19:48.17(+81)					
50m	00:36.15	36,15	450m	06:00.18	41,60	800m	10:41.81	40,20	1150m	15:22.63	39,94
100m	01:16.74	40,59	500m	06:41.51	41,33	850m	11:22.22	40,41	1200m	16:01.89	39,26
150m	01:56.44	39,70	550m	07:21.20	39,69	900m	12:02.61	40,39	1250m	16:41.07	39,18
200m	02:36.21	39,77	600m	08:01.52	40,32	950m	12:42.23	39,62	1300m	17:18.60	37,53
250m	03:17.27	41,06	650m	08:42.58	41,06	1000m	13:22.56	40,33	1350m	17:56.88	38,28
300m	03:56.47	39,20	700m	09:22.15	39,57	1050m	14:02.88	40,32	1400m	18:34.58	37,70
350m	04:38.07	41,60	750m	10:01.61	39,46	1100m	14:42.69	39,81	1450m	19:11.81	37,23
400m	05:18.58	40,51	800m	10:41.81	40,20	1150m	15:22.63	39,94			
4. Mark Demianenko (Zoetermeer, 200600409)						19:55.20(+72)					
50m	00:32.36	32,36	450m	05:47.62	39,46	800m	10:29.48	41,08	1150m	15:16.23	40,43
100m	01:10.35	37,99	500m	06:27.20	39,58	850m	11:10.43	40,95	1200m	15:56.82	40,59
150m	01:49.63	39,28	550m	07:06.97	39,77	900m	11:51.66	41,23	1250m	16:37.87	41,05
200m	02:29.27	39,64	600m	07:47.10	40,13	950m	12:33.32	41,66	1300m	17:17.90	40,03
250m	03:09.16	39,89	650m	08:27.28	40,18	1000m	13:14.43	41,11	1350m	17:57.96	40,06
300m	03:48.89	39,73	700m	09:07.85	40,57	1050m	13:55.41	40,98	1400m	18:38.49	40,53
350m	04:28.31	39,42	750m	09:48.40	40,55	1100m	14:35.80	40,39	1450m	19:18.40	39,91
400m	05:08.16	39,85	800m	10:29.48	41,08	1150m	15:16.23	40,43			
5. Dimi Stoyanov (The Hague Swimming (SG), 200601067)						20:29.30(+75)					
50m	00:34.60	34,60	450m	06:03.68	41,89	800m	10:55.00	41,75	1150m	15:45.76	40,70
100m	01:14.03	39,43	500m	06:45.11	41,43	850m	11:36.70	41,70	1200m	16:27.04	41,28
150m	01:54.32	40,29	550m	07:26.62	41,51	900m	12:18.62	41,92	1250m	17:07.52	40,48
200m	02:35.57	41,25	600m	08:08.16	41,54	950m	13:00.49	41,87	1300m	17:48.51	40,99
250m	03:17.10	41,53	650m	08:50.16	42,00	1000m	13:41.89	41,40	1350m	18:29.79	41,28
300m	03:58.03	40,93	700m	09:31.65	41,49	1050m	14:23.28	41,39	1400m	19:10.87	41,08
350m	04:40.07	42,04	750m	10:13.25	41,60	1100m	15:05.06	41,78	1450m	19:51.63	40,76
400m	05:21.79	41,72	800m	10:55.00	41,75	1150m	15:45.76	40,70			
6. Feico de Jonge (KZC, 200600047)						20:43.54(+76)					
50m	00:35.49	35,49	450m	06:03.18	42,07	800m	10:59.34	41,88	1150m	15:53.74	41,53

100m	01:15.04	39,55	500m	06:45.54	42,36	850m	11:41.92	42,58	1200m	16:35.81	42,07
150m	01:54.68	39,64	550m	07:27.92	42,38	900m	12:23.91	41,99	1250m	17:17.63	41,82
200m	02:35.57	40,89	600m	08:10.31	42,39	950m	13:05.91	42,00	1300m	17:59.65	42,02
250m	03:16.34	40,77	650m	08:52.65	42,34	1000m	13:47.64	41,73	1350m	18:42.14	42,49
300m	03:57.61	41,27	700m	09:35.02	42,37	1050m	14:29.74	42,10	1400m	19:23.44	41,30
350m	04:39.21	41,60	750m	10:17.46	42,44	1100m	15:12.21	42,47	1450m	20:04.16	40,72
400m	05:21.11	41,90	800m	10:59.34	41,88	1150m	15:53.74	41,53			

7. Bas Blanker (ZPB H&L Productions, 200601497)

20:55.39

50m	00:35.05	35,05	450m	06:04.39	40,36	800m	11:00.87	42,92	1150m	16:01.19	43,15
100m	01:16.18	41,13	500m	06:47.32	42,93	850m	11:44.25	43,38	1200m	16:44.51	43,32
150m	01:56.18	40,00	550m	07:30.23	42,91	900m	12:27.87	43,62	1250m	17:27.91	43,40
200m	02:37.46	41,28	600m	08:12.89	42,66	950m	13:11.51	43,64	1300m	18:11.15	43,24
250m	03:18.39	40,93	650m	08:55.22	42,33	1000m	13:55.05	43,54	1350m	18:54.40	43,25
300m	03:59.92	41,53	700m	09:34.97	39,75	1050m	14:36.11	41,06	1400m	19:37.70	43,30
350m	04:41.81	41,89	750m	10:17.95	42,98	1100m	15:18.04	41,93	1450m	20:17.94	40,24
400m	05:24.03	42,22	800m	11:00.87	42,92	1150m	16:01.19	43,15			

13 - 13 jaar (Junioren 2)

1. Gabriel Been (The Hague Swimming (SG), 200501467)

17:57.33(+77)

50m	00:30.49	30,49	450m	05:16.82	35,98	800m	09:28.78	36,08	1150m	13:42.13	36,33
100m	01:05.13	34,64	500m	05:52.83	36,01	850m	10:04.61	35,83	1200m	14:18.45	36,32
150m	01:40.94	35,81	550m	06:29.33	36,50	900m	10:40.90	36,29	1250m	14:55.08	36,63
200m	02:16.79	35,85	600m	07:05.06	35,73	950m	11:16.74	35,84	1300m	15:31.50	36,42
250m	02:53.09	36,30	650m	07:40.91	35,85	1000m	11:52.98	36,24	1350m	16:08.09	36,59
300m	03:28.73	35,64	700m	08:16.78	35,87	1050m	12:29.26	36,28	1400m	16:44.67	36,58
350m	04:04.91	36,18	750m	08:52.70	35,92	1100m	13:05.80	36,54	1450m	17:21.24	36,57
400m	04:40.84	35,93	800m	09:28.78	36,08	1150m	13:42.13	36,33			

2. Yanieck Frijstein (The Hague Swimming (SG), 200500329)

18:11.60(+67)

50m	00:30.81	30,81	450m	05:16.73	35,73	800m	09:32.62	36,93	1150m	13:52.49	37,05
100m	01:05.35	34,54	500m	05:52.93	36,20	850m	10:09.25	36,63	1200m	14:30.27	37,78
150m	01:40.79	35,44	550m	06:29.54	36,61	900m	10:46.58	37,33	1250m	15:07.14	36,87
200m	02:16.73	35,94	600m	07:05.84	36,30	950m	11:24.13	37,55	1300m	15:44.26	37,12
250m	02:52.86	36,13	650m	07:42.37	36,53	1000m	12:01.26	37,13	1350m	16:21.56	37,30
300m	03:28.70	35,84	700m	08:19.17	36,80	1050m	12:38.19	36,93	1400m	16:58.35	36,79
350m	04:04.75	36,05	750m	08:55.69	36,52	1100m	13:15.44	37,25	1450m	17:35.26	36,91
400m	04:41.00	36,25	800m	09:32.62	36,93	1150m	13:52.49	37,05			

3. Sven Klink (Deltasteur, 200500349)

18:33.73(+68)

50m	00:30.86	30,86	450m	05:23.66	37,38	800m	09:49.35	37,94	1150m	14:13.87	37,82
100m	01:05.56	34,70	500m	06:01.31	37,65	850m	10:26.88	37,53	1200m	14:51.08	37,21
150m	01:41.66	36,10	550m	06:39.03	37,72	900m	11:04.90	38,02	1250m	15:28.80	37,72
200m	02:17.67	36,01	600m	07:16.53	37,50	950m	11:42.79	37,89	1300m	16:06.39	37,59
250m	02:54.37	36,70	650m	07:54.33	37,80	1000m	12:20.64	37,85	1350m	16:43.75	37,36
300m	03:31.41	37,04	700m	08:32.79	38,46	1050m	12:57.98	37,34	1400m	17:21.40	37,65
350m	04:08.58	37,17	750m	09:11.41	38,62	1100m	13:36.05	38,07	1450m	17:58.41	37,01
400m	04:46.28	37,70	800m	09:49.35	37,94	1150m	14:13.87	37,82			

4. Émile Fouzaï (The Hague Swimming (SG), 200500263)

18:40.27

50m	00:31.65	31,65	450m	05:29.77	37,98	800m	09:54.95	37,84	1150m	14:19.21	37,54
100m	01:07.32	35,67	500m	06:07.59	37,82	850m	10:33.15	38,20	1200m	14:56.71	37,50
150m	01:44.15	36,83	550m	06:45.65	38,06	900m	11:10.67	37,52	1250m	15:34.51	37,80
200m	02:21.36	37,21	600m	07:23.40	37,75	950m	11:48.77	38,10	1300m	16:12.40	37,89
250m	02:58.81	37,45	650m	08:01.48	38,08	1000m	12:26.23	37,46	1350m	16:49.98	37,58
300m	03:36.27	37,46	700m	08:39.22	37,74	1050m	13:03.96	37,73	1400m	17:27.85	37,87
350m	04:13.65	37,38	750m	09:17.11	37,89	1100m	13:41.67	37,71	1450m	18:05.07	37,22
400m	04:51.79	38,14	800m	09:54.95	37,84	1150m	14:19.21	37,54			

5. Sven ten Hove (Hieronymus, 200500273)

18:44.53(+69)

50m	00:33.76	33,76	450m	05:32.53	37,74	800m	09:58.63	38,05	1150m	14:23.97	38,50
100m	01:10.36	36,60	500m	06:10.18	37,65	850m	10:36.91	38,28	1200m	15:01.32	37,35
150m	01:47.69	37,33	550m	06:47.97	37,79	900m	11:14.52	37,61	1250m	15:39.47	38,15
200m	02:25.14	37,45	600m	07:26.34	38,37	950m	11:52.14	37,62	1300m	16:17.03	37,56
250m	03:02.47	37,33	650m	08:04.41	38,07	1000m	12:30.08	37,94	1350m	16:54.98	37,95
300m	03:40.53	38,06	700m	08:42.88	38,47	1050m	13:07.43	37,35	1400m	17:32.95	37,97
350m	04:17.33	36,80	750m	09:20.58	37,70	1100m	13:45.47	38,04	1450m	18:09.73	36,78
400m	04:54.79	37,46	800m	09:58.63	38,05	1150m	14:23.97	38,50			

6. Björn Verkaik (The Hague Swimming (SG), 200500411)				18:52.77(+71)			
50m	00:32.23 32,23	450m	05:35.09 38,28	800m	10:01.58 37,77	1150m	14:29.82 38,16
100m	01:08.97 36,74	500m	06:12.76 37,67	850m	10:39.96 38,38	1200m	15:07.84 38,02
150m	01:46.90 37,93	550m	06:51.40 38,64	900m	11:18.09 38,13	1250m	15:46.19 38,35
200m	02:24.89 37,99	600m	07:29.39 37,99	950m	11:56.24 38,15	1300m	16:24.25 38,06
250m	03:02.48 37,59	650m	08:08.06 38,67	1000m	12:35.09 38,85	1350m	17:02.09 37,84
300m	03:40.46 37,98	700m	08:45.80 37,74	1050m	13:12.93 37,84	1400m	17:40.52 38,43
350m	04:18.80 38,34	750m	09:23.81 38,01	1100m	13:51.66 38,73	1450m	18:17.70 37,18
400m	04:56.81 38,01	800m	10:01.58 37,77	1150m	14:29.82 38,16		

7. Flynn Peeks (ZPC Hoogeveen, 200500231)				19:57.12(+80)			
50m	00:33.62 33,62	450m	05:52.51 40,74	800m	10:35.23 40,46	1150m	15:19.55 40,35
100m	01:11.99 38,37	500m	06:32.54 40,03	850m	11:15.68 40,45	1200m	15:59.66 40,11
150m	01:51.11 39,12	550m	07:12.69 40,15	900m	11:56.78 41,10	1250m	16:40.06 40,40
200m	02:31.06 39,95	600m	07:53.44 40,75	950m	12:37.95 41,17	1300m	17:19.88 39,82
250m	03:11.03 39,97	650m	08:33.92 40,48	1000m	13:18.41 40,46	1350m	17:59.07 39,19
300m	03:51.03 40,00	700m	09:14.30 40,38	1050m	13:58.92 40,51	1400m	18:39.41 40,34
350m	04:31.55 40,52	750m	09:54.77 40,47	1100m	14:39.20 40,28	1450m	19:19.08 39,67
400m	05:11.77 40,22	800m	10:35.23 40,46	1150m	15:19.55 40,35		

14 - 14 jaar (Junioren 3)

1. Merlin Belmon (De Dolfijn, 200403191)				16:24.95(+82)			
50m	00:29.54 29,54	450m	04:53.85 32,99	800m	08:43.91 32,60	1150m	12:35.10 33,29
100m	01:02.65 33,11	500m	05:26.91 33,06	850m	09:16.71 32,80	1200m	13:08.12 33,02
150m	01:35.57 32,92	550m	05:59.86 32,95	900m	09:49.31 32,60	1250m	13:41.69 33,57
200m	02:08.41 32,84	600m	06:32.91 33,05	950m	10:22.20 32,89	1300m	14:14.96 33,27
250m	02:41.34 32,93	650m	07:05.82 32,91	1000m	10:55.32 33,12	1350m	14:48.74 33,78
300m	03:14.30 32,96	700m	07:38.53 32,71	1050m	11:28.42 33,10	1400m	15:21.84 33,10
350m	03:47.47 33,17	750m	08:11.31 32,78	1100m	12:01.81 33,39	1450m	15:54.26 32,42
400m	04:20.86 33,39	800m	08:43.91 32,60	1150m	12:35.10 33,29		

2. David Groenewegen (PSV, 200400469)				16:43.88(+89)			
50m	00:30.11 30,11	450m	04:57.90 33,84	800m	08:53.65 33,20	1150m	12:49.72 33,71
100m	01:03.12 33,01	500m	05:32.15 34,25	850m	09:27.23 33,58	1200m	13:23.76 34,04
150m	01:36.41 33,29	550m	06:05.68 33,53	900m	10:00.62 33,39	1250m	13:57.70 33,94
200m	02:09.80 33,39	600m	06:39.65 33,97	950m	10:34.70 34,08	1300m	14:31.80 34,10
250m	02:43.17 33,37	650m	07:13.30 33,65	1000m	11:08.46 33,76	1350m	15:05.27 33,47
300m	03:16.63 33,46	700m	07:46.74 33,44	1050m	11:42.28 33,82	1400m	15:39.09 33,82
350m	03:50.07 33,44	750m	08:20.45 33,71	1100m	12:16.01 33,73	1450m	16:12.16 33,07
400m	04:24.06 33,99	800m	08:53.65 33,20	1150m	12:49.72 33,71		

3. Timo Kock (Rotterdam Swimming (SG), 200400387)				17:00.55(+77)			
50m	00:29.25 29,25	450m	05:00.54 34,35	800m	09:01.03 34,42	1150m	13:03.28 34,31
100m	01:02.24 32,99	500m	05:35.22 34,68	850m	09:35.59 34,56	1200m	13:37.57 34,29
150m	01:36.03 33,79	550m	06:09.23 34,01	900m	10:10.41 34,82	1250m	14:11.71 34,14
200m	02:09.99 33,96	600m	06:43.69 34,46	950m	10:45.63 35,22	1300m	14:45.92 34,21
250m	02:43.97 33,98	650m	07:17.88 34,19	1000m	11:20.33 34,70	1350m	15:20.34 34,42
300m	03:18.10 34,13	700m	07:52.01 34,13	1050m	11:54.22 33,89	1400m	15:54.51 34,17
350m	03:52.17 34,07	750m	08:26.61 34,60	1100m	12:28.97 34,75	1450m	16:28.28 33,77
400m	04:26.19 34,02	800m	09:01.03 34,42	1150m	13:03.28 34,31		

4. Abel te Riele (WVZ, 200402317)				17:07.72(+71)			
50m	00:30.50 30,50	450m	05:06.97 34,93	800m	09:08.87 34,74	1150m	13:10.59 34,47
100m	01:04.52 34,02	500m	05:41.24 34,27	850m	09:43.40 34,53	1200m	13:45.63 35,04
150m	01:38.56 34,04	550m	06:15.74 34,50	900m	10:17.89 34,49	1250m	14:19.68 34,05
200m	02:13.42 34,86	600m	06:50.38 34,64	950m	10:52.36 34,47	1300m	14:54.27 34,59
250m	02:48.05 34,63	650m	07:25.15 34,77	1000m	11:26.67 34,31	1350m	15:28.42 34,15
300m	03:22.89 34,84	700m	08:00.22 35,07	1050m	12:01.16 34,49	1400m	16:02.39 33,97
350m	03:57.48 34,59	750m	08:34.13 33,91	1100m	12:36.12 34,96	1450m	16:35.66 33,27
400m	04:32.04 34,56	800m	09:08.87 34,74	1150m	13:10.59 34,47		

5. Luuk van Rooij (Nextline Swimming, 200400581)				17:38.03(+79)			
50m	00:29.41 29,41	450m	05:00.14 34,71	800m	09:09.54 37,65	1150m	13:27.77 36,33
100m	01:02.55 33,14	500m	05:35.11 34,97	850m	09:46.52 36,98	1200m	14:04.66 36,89
150m	01:36.58 34,03	550m	06:09.58 34,47	900m	10:23.50 36,98	1250m	14:41.27 36,61
200m	02:10.03 33,45	600m	06:44.51 34,93	950m	11:00.49 36,99	1300m	15:17.89 36,62
250m	02:43.96 33,93	650m	07:19.26 34,75	1000m	11:37.70 37,21	1350m	15:54.77 36,88
300m	03:18.18 34,22	700m	07:55.40 36,14	1050m	12:14.44 36,74	1400m	16:30.11 35,34

350m 03:51.40 33,22 750m 08:31.89 36,49 1100m 12:51.44 37,00 1450m 17:05.19 35,08
400m 04:25.43 34,03 800m 09:09.54 37,65 1150m 13:27.77 36,33

6. Quinn Heederik (Deltasteur, 200400093)

17:38.05

50m 00:31.23 31,23 450m 05:13.04 36,02 800m 09:23.18 35,64 1150m 13:33.08 35,44
100m 01:05.49 34,26 500m 05:48.80 35,76 850m 09:58.82 35,64 1200m 14:08.84 35,76
150m 01:40.29 34,80 550m 06:24.56 35,76 900m 10:34.67 35,85 1250m 14:44.48 35,64
200m 02:15.28 34,99 600m 07:00.56 36,00 950m 11:10.22 35,55 1300m 15:19.87 35,39
250m 02:50.41 35,13 650m 07:36.33 35,77 1000m 11:45.94 35,72 1350m 15:55.31 35,44
300m 03:25.64 35,23 700m 08:11.93 35,60 1050m 12:21.66 35,72 1400m 16:30.17 34,86
350m 04:01.31 35,67 750m 08:47.54 35,61 1100m 12:57.64 35,98 1450m 17:05.58 35,41
400m 04:37.02 35,71 800m 09:23.18 35,64 1150m 13:33.08 35,44

7. Collin Schouten (MSV-Zeemacht, 200400697)

17:42.46(+77)

50m 00:31.63 31,63 450m 05:17.03 35,98 800m 09:27.09 35,76 1150m 13:36.01 34,96
100m 01:06.51 34,88 500m 05:52.92 35,89 850m 10:02.74 35,65 1200m 14:11.52 35,51
150m 01:41.84 35,33 550m 06:28.68 35,76 900m 10:38.44 35,70 1250m 14:47.25 35,73
200m 02:17.43 35,59 600m 07:04.40 35,72 950m 11:13.89 35,45 1300m 15:22.87 35,62
250m 02:53.09 35,66 650m 07:40.03 35,63 1000m 11:49.73 35,84 1350m 15:58.49 35,62
300m 03:28.94 35,85 700m 08:15.79 35,76 1050m 12:25.44 35,71 1400m 16:33.36 34,87
350m 04:05.01 36,07 750m 08:51.33 35,54 1100m 13:01.05 35,61 1450m 17:08.92 35,56
400m 04:41.05 36,04 800m 09:27.09 35,76 1150m 13:36.01 34,96

8. Pieter Wisse (PSV, 200400779)

17:43.65(+82)

50m 00:33.40 33,40 450m 05:21.75 35,04 800m 09:30.40 35,42 1150m 13:41.80 35,68
100m 01:09.02 35,62 500m 05:56.94 35,19 850m 10:06.18 35,78 1200m 14:17.20 35,40
150m 01:45.21 36,19 550m 06:32.18 35,24 900m 10:41.97 35,79 1250m 14:52.16 34,96
200m 02:22.28 37,07 600m 07:08.38 36,20 950m 11:18.17 36,20 1300m 15:27.39 35,23
250m 02:59.11 36,83 650m 07:44.39 36,01 1000m 11:53.93 35,76 1350m 16:02.59 35,20
300m 03:35.09 35,98 700m 08:19.72 35,33 1050m 12:29.96 36,03 1400m 16:37.55 34,96
350m 04:10.74 35,65 750m 08:54.98 35,26 1100m 13:06.12 36,16 1450m 17:11.95 34,40
400m 04:46.71 35,97 800m 09:30.40 35,42 1150m 13:41.80 35,68

9. Robin van den Berg (ZV 44, 200400699)

17:58.98(+78)

50m 00:30.18 30,18 450m 05:07.95 35,82 800m 09:25.07 36,76 1150m 13:42.61 37,08
100m 01:03.92 33,74 500m 05:44.65 36,70 850m 10:01.47 36,40 1200m 14:19.73 37,12
150m 01:37.94 34,02 550m 06:21.16 36,51 900m 10:38.39 36,92 1250m 14:58.07 38,34
200m 02:12.25 34,31 600m 06:57.98 36,82 950m 11:15.68 37,29 1300m 15:34.63 36,56
250m 02:46.45 34,20 650m 07:34.86 36,88 1000m 11:52.40 36,72 1350m 16:12.03 37,40
300m 03:21.17 34,72 700m 08:11.86 37,00 1050m 12:28.40 36,00 1400m 16:48.03 36,00
350m 03:56.55 35,38 750m 08:48.31 36,45 1100m 13:05.53 37,13 1450m 17:24.89 36,86
400m 04:32.13 35,58 800m 09:25.07 36,76 1150m 13:42.61 37,08

10. Tycho de Jonge (KZC, 200400411)

18:01.04(+79)

50m 00:32.43 32,43 450m 05:23.41 36,42 800m 09:38.55 36,50 1150m 13:50.85 35,84
100m 01:07.97 35,54 500m 05:59.79 36,38 850m 10:14.88 36,33 1200m 14:26.96 36,11
150m 01:44.69 36,72 550m 06:36.05 36,26 900m 10:51.02 36,14 1250m 15:03.08 36,12
200m 02:21.48 36,79 600m 07:12.51 36,46 950m 11:27.01 35,99 1300m 15:39.11 36,03
250m 02:58.15 36,67 650m 07:49.33 36,82 1000m 12:03.04 36,03 1350m 16:15.13 36,02
300m 03:34.81 36,66 700m 08:25.70 36,37 1050m 12:39.16 36,12 1400m 16:50.76 35,63
350m 04:10.79 35,98 750m 09:02.05 36,35 1100m 13:15.01 35,85 1450m 17:27.07 36,31
400m 04:46.99 36,20 800m 09:38.55 36,50 1150m 13:50.85 35,84

11. Wouter Zijlstra (HZ&PC Heerenveen, 200401545)

18:02.45(+71)

50m 00:30.08 30,08 450m 05:13.85 36,52 800m 09:29.29 36,12 1150m 13:50.95 37,72
100m 01:03.64 33,56 500m 05:50.24 36,39 850m 10:06.38 37,09 1200m 14:28.52 37,57
150m 01:38.26 34,62 550m 06:27.55 37,31 900m 10:44.35 37,97 1250m 15:05.21 36,69
200m 02:13.76 35,50 600m 07:03.16 35,61 950m 11:21.58 37,23 1300m 15:40.50 35,29
250m 02:49.16 35,40 650m 07:39.52 36,36 1000m 11:58.55 36,97 1350m 16:16.68 36,18
300m 03:24.74 35,58 700m 08:16.34 36,82 1050m 12:35.78 37,23 1400m 16:53.65 36,97
350m 04:00.78 36,04 750m 08:53.17 36,83 1100m 13:13.23 37,45 1450m 17:28.44 34,79
400m 04:37.33 36,55 800m 09:29.29 36,12 1150m 13:50.95 37,72

12. Erik Oldenkamp (De Lansingh, 200400597)

18:17.28(+80)

50m 00:32.14 32,14 450m 05:24.41 37,22 800m 09:44.92 37,40 1150m 14:03.87 37,27
100m 01:07.99 35,85 500m 06:01.91 37,50 850m 10:21.66 36,74 1200m 14:41.04 37,17
150m 01:44.18 36,19 550m 06:38.92 37,01 900m 10:59.01 37,35 1250m 15:17.37 36,33
200m 02:20.26 36,08 600m 07:15.78 36,86 950m 11:36.07 37,06 1300m 15:54.49 37,12
250m 02:57.23 36,97 650m 07:53.01 37,23 1000m 12:12.90 36,83 1350m 16:31.04 36,55

300m 03:33.52 36,29 700m 08:30.28 37,27 1050m 12:49.52 36,62 1400m 17:06.90 35,86
350m 04:10.30 36,78 750m 09:07.52 37,24 1100m 13:26.60 37,08 1450m 17:42.62 35,72
400m 04:47.19 36,89 800m 09:44.92 37,40 1150m 14:03.87 37,27

13. Hessel Broekstra (FZC'54-De Vikings (SG), 200400253)

18:17.95(+83)

50m 00:31.61 31,61 450m 05:18.91 35,45 800m 09:29.08 38,13 1150m 13:55.52 37,98
100m 01:06.66 35,05 500m 05:53.99 35,08 850m 10:07.36 38,28 1200m 14:33.24 37,72
150m 01:42.36 35,70 550m 06:29.22 35,23 900m 10:45.37 38,01 1250m 15:11.01 37,77
200m 02:18.21 35,85 600m 07:03.89 34,67 950m 11:23.03 37,66 1300m 15:48.55 37,54
250m 02:54.29 36,08 650m 07:38.63 34,74 1000m 12:01.27 38,24 1350m 16:25.94 37,39
300m 03:30.53 36,24 700m 08:13.99 35,36 1050m 12:39.27 38,00 1400m 17:03.39 37,45
350m 04:07.26 36,73 750m 08:50.95 36,96 1100m 13:17.54 38,27 1450m 17:40.64 37,25
400m 04:43.46 36,20 800m 09:29.08 38,13 1150m 13:55.52 37,98

14. Jort van der Vlag (WS Twente, 200400335)

18:18.01(+97)

50m 00:30.56 30,56 450m 05:16.32 37,96 800m 09:40.72 37,58 1150m 14:04.68 37,06
100m 01:04.23 33,67 500m 05:54.33 38,01 850m 10:18.58 37,86 1200m 14:42.09 37,41
150m 01:38.28 34,05 550m 06:32.76 38,43 900m 10:56.77 38,19 1250m 15:18.54 36,45
200m 02:12.81 34,53 600m 07:10.48 37,72 950m 11:35.40 38,63 1300m 15:55.47 36,93
250m 02:47.95 35,14 650m 07:48.52 38,04 1000m 12:13.25 37,85 1350m 16:31.40 35,93
300m 03:23.88 35,93 700m 08:26.40 37,88 1050m 12:51.01 37,76 1400m 17:07.29 35,89
350m 04:01.00 37,12 750m 09:03.14 36,74 1100m 13:27.62 36,61 1450m 17:43.54 36,25
400m 04:38.36 37,36 800m 09:40.72 37,58 1150m 14:04.68 37,06

15. Jacco Nijland (ZPC De Hof, 200400081)

18:26.22

50m 00:33.14 33,14 450m 05:23.71 36,70 800m 09:51.74 39,89 1150m 14:08.77 36,20
100m 01:08.82 35,68 500m 06:00.89 37,18 850m 10:29.21 37,47 1200m 14:45.55 36,78
150m 01:45.74 36,92 550m 06:36.68 35,79 900m 11:04.48 35,27 1250m 15:23.10 37,55
200m 02:22.28 36,54 600m 07:12.92 36,24 950m 11:42.32 37,84 1300m 16:01.02 37,92
250m 02:58.07 35,79 650m 07:51.37 38,45 1000m 12:18.86 36,54 1350m 16:37.71 36,69
300m 03:34.73 36,66 700m 08:31.48 40,11 1050m 12:55.48 36,62 1400m 17:15.89 38,18
350m 04:10.72 35,99 750m 09:11.85 40,37 1100m 13:32.57 37,09 1450m 17:52.69 36,80
400m 04:47.01 36,29 800m 09:51.74 39,89 1150m 14:08.77 36,20

15 - 15 jaar (Junioren 4)

1. Lukas Binnekamp (De Dinkel, 200300107)

16:59.78(+85)

50m 00:29.72 29,72 450m 05:01.75 34,45 800m 09:02.81 34,28 1150m 13:03.24 34,17
100m 01:03.07 33,35 500m 05:36.13 34,38 850m 09:37.38 34,57 1200m 13:37.49 34,25
150m 01:36.49 33,42 550m 06:10.68 34,55 900m 10:11.77 34,39 1250m 14:11.87 34,38
200m 02:10.48 33,99 600m 06:44.75 34,07 950m 10:46.18 34,41 1300m 14:46.10 34,23
250m 02:44.43 33,95 650m 07:19.14 34,39 1000m 11:20.27 34,09 1350m 15:20.32 34,22
300m 03:18.61 34,18 700m 07:53.86 34,72 1050m 11:54.68 34,41 1400m 15:54.43 34,11
350m 03:53.08 34,47 750m 08:28.53 34,67 1100m 12:29.07 34,39 1450m 16:28.01 33,58
400m 04:27.30 34,22 800m 09:02.81 34,28 1150m 13:03.24 34,17

2. Yorick Visser (ZPC De Zeeuwse Kust, 200301957)

17:03.50(+79)

50m 00:30.15 30,15 450m 05:02.72 34,54 800m 09:06.06 34,53 1150m 13:09.33 34,40
100m 01:03.06 32,91 500m 05:37.33 34,61 850m 09:41.31 35,25 1200m 13:43.45 34,12
150m 01:36.48 33,42 550m 06:11.99 34,66 900m 10:16.01 34,70 1250m 14:17.82 34,37
200m 02:10.49 34,01 600m 06:46.66 34,67 950m 10:51.01 35,00 1300m 14:51.71 33,89
250m 02:44.70 34,21 650m 07:21.85 35,19 1000m 11:25.94 34,93 1350m 15:25.98 34,27
300m 03:18.83 34,13 700m 07:56.66 34,81 1050m 12:00.49 34,55 1400m 15:59.96 33,98
350m 03:53.42 34,59 750m 08:31.53 34,87 1100m 12:34.93 34,44 1450m 16:32.60 32,64
400m 04:28.18 34,76 800m 09:06.06 34,53 1150m 13:09.33 34,40

3. Kylian Heederik (Deltasteur, 200300353)

17:11.68(+75)

50m 00:30.18 30,18 450m 05:04.07 35,14 800m 09:08.26 35,20 1150m 13:12.15 34,47
100m 01:03.02 32,84 500m 05:38.64 34,57 850m 09:42.68 34,42 1200m 13:46.49 34,34
150m 01:35.92 32,90 550m 06:13.75 35,11 900m 10:17.61 34,93 1250m 14:21.22 34,73
200m 02:09.94 34,02 600m 06:48.19 34,44 950m 10:52.38 34,77 1300m 14:55.91 34,69
250m 02:44.64 34,70 650m 07:22.79 34,60 1000m 11:27.29 34,91 1350m 15:30.75 34,84
300m 03:19.24 34,60 700m 07:57.83 35,04 1050m 12:02.55 35,26 1400m 16:05.13 34,38
350m 03:53.85 34,61 750m 08:33.06 35,23 1100m 12:37.68 35,13 1450m 16:39.72 34,59
400m 04:28.93 35,08 800m 09:08.26 35,20 1150m 13:12.15 34,47

4. Mike Gerritsen (Platella, 200304013)

17:28.31(+74)

50m 00:29.95 29,95 450m 04:58.56 33,91 800m 09:00.60 35,12 1150m 13:10.88 36,45
100m 01:02.94 32,99 500m 05:32.78 34,22 850m 09:35.91 35,31 1200m 13:47.23 36,35
150m 01:36.46 33,52 550m 06:07.12 34,34 900m 10:11.35 35,44 1250m 14:24.05 36,82

200m	02:10.03 33,57	600m	06:41.39 34,27	950m	10:46.78 35,43	1300m	15:01.35 37,30
250m	02:43.58 33,55	650m	07:15.90 34,51	1000m	11:22.23 35,45	1350m	15:39.15 37,80
300m	03:17.12 33,54	700m	07:50.68 34,78	1050m	11:58.27 36,04	1400m	16:16.50 37,35
350m	03:50.65 33,53	750m	08:25.48 34,80	1100m	12:34.43 36,16	1450m	16:53.27 36,77
400m	04:24.65 34,00	800m	09:00.60 35,12	1150m	13:10.88 36,45		

5. Milan Hamel (The Hague Swimming (SG), 200302125)

17:43.88(+67)

50m	00:31.35 31,35	450m	05:17.25 36,70	800m	09:30.38 35,93	1150m	13:38.98 34,80
100m	01:05.83 34,48	500m	05:53.79 36,54	850m	10:06.26 35,88	1200m	14:14.41 35,43
150m	01:41.06 35,23	550m	06:30.20 36,41	900m	10:42.06 35,80	1250m	14:49.58 35,17
200m	02:16.98 35,92	600m	07:06.71 36,51	950m	11:17.53 35,47	1300m	15:25.07 35,49
250m	02:52.88 35,90	650m	07:42.63 35,92	1000m	11:53.52 35,99	1350m	16:00.24 35,17
300m	03:29.49 36,61	700m	08:18.54 35,91	1050m	12:28.82 35,30	1400m	16:35.40 35,16
350m	04:05.10 35,61	750m	08:54.45 35,91	1100m	13:04.18 35,36	1450m	17:10.37 34,97
400m	04:40.55 35,45	800m	09:30.38 35,93	1150m	13:38.98 34,80		

6. Rens van Beek (Aqua-Novio'94, 200300537)

17:44.92(+76)

50m	00:30.54 30,54	450m	05:11.59 35,54	800m	09:23.40 35,97	1150m	13:35.57 35,91
100m	01:04.50 33,96	500m	05:47.41 35,82	850m	09:59.31 35,91	1200m	14:11.52 35,95
150m	01:39.09 34,59	550m	06:23.51 36,10	900m	10:35.41 36,10	1250m	14:47.33 35,81
200m	02:14.11 35,02	600m	06:59.52 36,01	950m	11:11.48 36,07	1300m	15:23.36 36,03
250m	02:49.53 35,42	650m	07:35.56 36,04	1000m	11:47.53 36,05	1350m	15:59.39 36,03
300m	03:24.95 35,42	700m	08:11.49 35,93	1050m	12:23.59 36,06	1400m	16:35.53 36,14
350m	04:00.39 35,44	750m	08:47.43 35,94	1100m	12:59.66 36,07	1450m	17:11.09 35,56
400m	04:36.05 35,66	800m	09:23.40 35,97	1150m	13:35.57 35,91		

7. Luuk Hulleman (ZVV, 200300189)

17:46.60(+72)

50m	00:30.25 30,25	450m	05:08.81 35,57	800m	09:23.03 36,50	1150m	13:37.30 36,01
100m	01:03.68 33,43	500m	05:44.93 36,12	850m	09:59.06 36,03	1200m	14:13.16 35,86
150m	01:37.87 34,19	550m	06:21.58 36,65	900m	10:35.31 36,25	1250m	14:49.36 36,20
200m	02:12.39 34,52	600m	06:57.34 35,76	950m	11:11.93 36,62	1300m	15:25.06 35,70
250m	02:47.13 34,74	650m	07:33.62 36,28	1000m	11:48.29 36,36	1350m	16:00.82 35,76
300m	03:22.11 34,98	700m	08:10.17 36,55	1050m	12:24.76 36,47	1400m	16:36.54 35,72
350m	03:57.33 35,22	750m	08:46.53 36,36	1100m	13:01.29 36,53	1450m	17:12.47 35,93
400m	04:33.24 35,91	800m	09:23.03 36,50	1150m	13:37.30 36,01		

2. 800m vrije slag - Dames

11 - 11 jaar (Junioren 1)

1. Hylcke de Beer (Zwemsport Parkstad (SG), 200700006)

10:46.11(+77)

50m	00:33.93 33,93	250m	03:16.61 41,80	450m	06:01.47 41,15	650m	08:45.95 40,11
100m	01:13.25 39,32	300m	03:57.60 40,99	500m	06:42.86 41,39	700m	09:26.85 40,90
150m	01:53.81 40,56	350m	04:39.03 41,43	550m	07:24.72 41,86	750m	10:06.80 39,95
200m	02:34.81 41,00	400m	05:20.32 41,29	600m	08:05.84 41,12		

2. Yara Mels (TRB-RES, 200700232)

10:49.31(+67)

50m	00:35.51 35,51	250m	03:19.01 41,35	450m	06:04.09 40,98	650m	08:49.03 41,71
100m	01:15.87 40,36	300m	04:00.03 41,02	500m	06:45.93 41,84	700m	09:30.71 41,68
150m	01:56.86 40,99	350m	04:41.97 41,94	550m	07:27.00 41,07	750m	10:12.16 41,45
200m	02:37.66 40,80	400m	05:23.11 41,14	600m	08:07.32 40,32		

3. Angela Whitney (De Duinkickers, 200700002)

10:55.66(+82)

50m	00:34.70 34,70	250m	03:21.23 42,16	450m	06:09.70 42,86	650m	08:57.21 41,70
100m	01:15.85 41,15	300m	04:02.46 41,23	500m	06:51.80 42,10	700m	09:38.75 41,54
150m	01:57.19 41,34	350m	04:44.56 42,10	550m	07:33.90 42,10	750m	10:18.43 39,68
200m	02:39.07 41,88	400m	05:26.84 42,28	600m	08:15.51 41,61		

4. Maya Petroutsos (KZC, 200701814)

11:25.71(+70)

50m	00:38.27 38,27	250m	03:30.08 43,42	450m	06:25.42 44,39	650m	09:21.33 43,25
100m	01:20.46 42,19	300m	04:13.67 43,59	500m	07:10.04 44,62	700m	10:04.78 43,45
150m	02:03.58 43,12	350m	04:57.27 43,60	550m	07:54.52 44,48	750m	10:47.00 42,22
200m	02:46.66 43,08	400m	05:41.03 43,76	600m	08:38.08 43,56		

DIS. Nynke Boerefijn (De Fuut, 200700114)

00:00.00

12 - 12 jaar (Junioren 2)

1. Elydjah van der Heul (Rotterdam Swimming (SG), 200602180)

09:53.68(+77)

50m	00:32.47 32,47	250m	03:01.37 38,06	450m	05:33.65 37,52	650m	08:04.25 37,37
100m	01:09.32 36,85	300m	03:39.42 38,05	500m	06:11.53 37,88	700m	08:42.06 37,81
150m	01:45.82 36,50	350m	04:17.40 37,98	550m	06:49.28 37,75	750m	09:19.02 36,96

	200m 02:23.31 37,49	400m 04:56.13 38,73	600m 07:26.88 37,60		
2. Sara Korhuis (Apexswim, 200600494)					10:13.11(+85)
	50m 00:32.48 32,48	250m 03:03.44 38,53	450m 05:40.27 39,48	650m 08:18.01 39,12	
	100m 01:09.10 36,62	300m 03:42.37 38,93	500m 06:19.73 39,46	700m 08:57.99 39,98	
	150m 01:46.76 37,66	350m 04:21.40 39,03	550m 06:59.89 40,16	750m 09:36.39 38,40	
	200m 02:24.91 38,15	400m 05:00.79 39,39	600m 07:38.89 39,00		
3. Megan Jonkman (The Hague Swimming (SG), 200600508)					10:19.29(+93)
	50m 00:32.38 32,38	250m 03:06.32 39,00	450m 05:45.21 39,93	650m 08:24.33 39,56	
	100m 01:09.84 37,46	300m 03:45.60 39,28	500m 06:25.25 40,04	700m 09:03.57 39,24	
	150m 01:47.85 38,01	350m 04:25.26 39,66	550m 07:05.25 40,00	750m 09:42.58 39,01	
	200m 02:27.32 39,47	400m 05:05.28 40,02	600m 07:44.77 39,52		
4. Avery Collins (The Hague Swimming (SG), 200603622)					10:19.55(+72)
	50m 00:34.28 34,28	250m 03:10.03 39,58	450m 05:47.28 39,29	650m 08:25.45 39,05	
	100m 01:12.38 38,10	300m 03:48.96 38,93	500m 06:27.76 40,48	700m 09:04.72 39,27	
	150m 01:51.33 38,95	350m 04:28.52 39,56	550m 07:06.92 39,16	750m 09:43.24 38,52	
	200m 02:30.45 39,12	400m 05:07.99 39,47	600m 07:46.40 39,48		
5. Melissa Odemis (ZV Haerlem, 200602422)					10:21.90(+77)
	50m 00:33.64 33,64	250m 03:08.73 39,71	450m 05:47.86 39,61	650m 08:26.51 39,63	
	100m 01:11.06 37,42	300m 03:48.39 39,66	500m 06:27.73 39,87	700m 09:05.94 39,43	
	150m 01:49.90 38,84	350m 04:28.16 39,77	550m 07:07.33 39,60	750m 09:44.89 38,95	
	200m 02:29.02 39,12	400m 05:08.25 40,09	600m 07:46.88 39,55		
6. Evy Rozeboom (DAW, 200601338)					10:25.28(+74)
	50m 00:34.43 34,43	250m 03:11.17 39,78	450m 05:51.89 39,90	650m 08:31.79 39,65	
	100m 01:12.60 38,17	300m 03:51.61 40,44	500m 06:31.49 39,60	700m 09:11.23 39,44	
	150m 01:51.74 39,14	350m 04:31.96 40,35	550m 07:11.93 40,44	750m 09:50.11 38,88	
	200m 02:31.39 39,65	400m 05:11.99 40,03	600m 07:52.14 40,21		
7. Kim Oudendijk (DAW, 200600964)					10:26.41(+77)
	50m 00:34.59 34,59	250m 03:15.56 40,93	450m 05:57.62 40,62	650m 08:35.42 39,83	
	100m 01:14.20 39,61	300m 03:56.23 40,67	500m 06:37.01 39,39	700m 09:13.12 37,70	
	150m 01:54.42 40,22	350m 04:36.76 40,53	550m 07:16.74 39,73	750m 09:51.08 37,96	
	200m 02:34.63 40,21	400m 05:17.00 40,24	600m 07:55.59 38,85		
8. Mara Tims (Rotterdam Swimming (SG), 200601136)					10:31.42
	50m 00:33.21 33,21	250m 03:10.28 40,43	450m 05:53.28 41,66	650m 08:34.96 39,53	
	100m 01:10.71 37,50	300m 03:50.48 40,20	500m 06:33.67 40,39	700m 09:15.10 40,14	
	150m 01:50.01 39,30	350m 04:31.18 40,70	550m 07:14.69 41,02	750m 09:54.72 39,62	
	200m 02:29.85 39,84	400m 05:11.62 40,44	600m 07:55.43 40,74		
9. Shanna Joppe (ZPC De Zeeuwse Kust, 200601186)					10:33.86(+79)
	50m 00:34.69 34,69	250m 03:12.39 40,05	450m 05:55.16 41,03	650m 08:36.47 40,27	
	100m 01:13.05 38,36	300m 03:52.91 40,52	500m 06:36.02 40,86	700m 09:16.67 40,20	
	150m 01:52.34 39,29	350m 04:33.36 40,45	550m 07:16.02 40,00	750m 09:56.20 39,53	
	200m 02:32.34 40,00	400m 05:14.13 40,77	600m 07:56.20 40,18		
10. Charley Blide (ZPC Hoogeveen, 200600164)					10:35.39(+82)
	50m 00:33.63 33,63	250m 03:09.02 39,95	450m 05:51.70 40,99	650m 08:35.13 40,89	
	100m 01:10.97 37,34	300m 03:49.43 40,41	500m 06:32.48 40,78	700m 09:15.86 40,73	
	150m 01:49.52 38,55	350m 04:29.73 40,30	550m 07:13.27 40,79	750m 09:55.87 40,01	
	200m 02:29.07 39,55	400m 05:10.71 40,98	600m 07:54.24 40,97		
11. Robyn Hulleman (ZVV, 200600890)					10:36.54(+75)
	50m 00:35.19 35,19	250m 03:17.28 40,86	450m 06:00.26 40,66	650m 08:43.25 39,91	
	100m 01:14.69 39,50	300m 03:57.43 40,15	500m 06:41.32 41,06	700m 09:23.43 40,18	
	150m 01:55.60 40,91	350m 04:39.12 41,69	550m 07:22.86 41,54	750m 10:01.62 38,19	
	200m 02:36.42 40,82	400m 05:19.60 40,48	600m 08:03.34 40,48		
12. Hilda Vrijbloed (De Duck, 200600732)					10:37.87(+78)
	50m 00:34.05 34,05	250m 03:14.41 39,82	450m 05:56.39 40,38	650m 08:39.45 40,68	
	100m 01:13.36 39,31	300m 03:54.28 39,87	500m 06:36.84 40,45	700m 09:20.13 40,68	
	150m 01:53.75 40,39	350m 04:35.15 40,87	550m 07:17.48 40,64	750m 10:00.45 40,32	
	200m 02:34.59 40,84	400m 05:16.01 40,86	600m 07:58.77 41,29		
13. Aniek Ausema (De Hardenberg, 200602084)					10:38.27(+88)
	50m 00:35.93 35,93	250m 03:15.77 40,79	450m 05:57.86 40,92	650m 08:39.10 40,73	

100m 01:14.57 38,64 300m 03:56.04 40,27 500m 06:37.87 40,01 700m 09:20.29 41,19
150m 01:55.04 40,47 350m 04:36.30 40,26 550m 07:18.17 40,30 750m 10:00.58 40,29
200m 02:34.98 39,94 400m 05:16.94 40,64 600m 07:58.37 40,20

14. Jade van der Maas (WVZ, 200600408) 10:39.32(+76)

50m 00:35.33 35,33 250m 03:14.85 40,65 450m 05:55.48 40,10 650m 08:38.31 40,86
100m 01:14.29 38,96 300m 03:54.50 39,65 500m 06:36.06 40,58 700m 09:19.43 41,12
150m 01:54.08 39,79 350m 04:35.00 40,50 550m 07:16.77 40,71 750m 10:00.28 40,85
200m 02:34.20 40,12 400m 05:15.38 40,38 600m 07:57.45 40,68

15. Karuna Meirmans (DAW, 200601682) 11:10.16(+89)

50m 00:35.82 35,82 250m 03:19.53 41,82 450m 06:04.62 41,97 650m 08:56.71 43,46
100m 01:15.43 39,61 300m 04:00.12 40,59 500m 06:47.48 42,86 700m 09:41.30 44,59
150m 01:56.74 41,31 350m 04:41.42 41,30 550m 07:30.83 43,35 750m 10:26.21 44,91
200m 02:37.71 40,97 400m 05:22.65 41,23 600m 08:13.25 42,42

13 - 13 jaar (Junioren 3)

1. Bridget Vermeer (VZC, 200501766) 09:17.23(+81)

50m 00:31.59 31,59 250m 02:53.56 35,19 450m 05:14.59 35,48 650m 07:33.58 34,35
100m 01:06.35 34,76 300m 03:28.78 35,22 500m 05:50.01 35,42 700m 08:08.14 34,56
150m 01:42.36 36,01 350m 04:04.08 35,30 550m 06:25.09 35,08 750m 08:43.52 35,38
200m 02:18.37 36,01 400m 04:39.11 35,03 600m 06:59.23 34,14

2. Merel Schravendijk (The Hague Swimming (SG), 200503382) 09:19.56(+79)

50m 00:31.97 31,97 250m 02:53.31 35,34 450m 05:14.63 35,64 650m 07:35.23 35,18
100m 01:07.13 35,16 300m 03:28.48 35,17 500m 05:49.88 35,25 700m 08:11.22 35,99
150m 01:42.67 35,54 350m 04:03.81 35,33 550m 06:25.09 35,21 750m 08:46.39 35,17
200m 02:17.97 35,30 400m 04:38.99 35,18 600m 07:00.05 34,96

3. Yke Groener (De Dinkel, 200500772) 09:34.34(+78)

50m 00:32.38 32,38 250m 02:53.97 35,16 450m 05:17.43 36,30 650m 07:45.41 37,19
100m 01:07.62 35,24 300m 03:29.55 35,58 500m 05:54.01 36,58 700m 08:22.71 37,30
150m 01:42.90 35,28 350m 04:05.24 35,69 550m 06:31.12 37,11 750m 08:59.74 37,03
200m 02:18.81 35,91 400m 04:41.13 35,89 600m 07:08.22 37,10

4. Marte Hieke van der Kamp (FZC'54-De Vikings (SG), 200500218) 09:35.52

50m 00:32.11 32,11 250m 02:56.99 36,57 450m 05:25.23 37,44 650m 07:51.82 35,98
100m 01:07.99 35,88 300m 03:33.66 36,67 500m 06:02.25 37,02 700m 08:27.87 36,05
150m 01:44.07 36,08 350m 04:10.84 37,18 550m 06:39.27 37,02 750m 09:03.12 35,25
200m 02:20.42 36,35 400m 04:47.79 36,95 600m 07:15.84 36,57

5. Sophia van Droffelaar (ZVVS, 200500330) 09:41.64(+77)

50m 00:31.12 31,12 250m 02:55.24 36,29 450m 05:23.11 37,21 650m 07:53.46 37,32
100m 01:06.23 35,11 300m 03:31.89 36,65 500m 06:00.95 37,84 700m 08:30.42 36,96
150m 01:42.55 36,32 350m 04:08.89 37,00 550m 06:38.65 37,70 750m 09:07.12 36,70
200m 02:18.95 36,40 400m 04:45.90 37,01 600m 07:16.14 37,49

6. Isa Maes (Feijenoord Albion Zwemclub, 200500110) 09:50.39(+79)

50m 00:31.36 31,36 250m 02:58.37 37,63 450m 05:29.28 37,82 650m 07:59.22 36,85
100m 01:06.71 35,35 300m 03:35.90 37,53 500m 06:06.99 37,71 700m 08:36.92 37,70
150m 01:43.43 36,72 350m 04:13.53 37,63 550m 06:44.49 37,50 750m 09:14.66 37,74
200m 02:20.74 37,31 400m 04:51.46 37,93 600m 07:22.37 37,88

7. Michelle Jørgensen (De Dolfijn, 200501364) 10:04.75(+78)

50m 00:33.16 33,16 250m 03:02.79 37,55 450m 05:35.18 38,44 650m 08:09.84 38,67
100m 01:09.91 36,75 300m 03:40.68 37,89 500m 06:13.88 38,70 700m 08:48.93 39,09
150m 01:47.58 37,67 350m 04:18.57 37,89 550m 06:52.23 38,35 750m 09:27.54 38,61
200m 02:25.24 37,66 400m 04:56.74 38,17 600m 07:31.17 38,94

8. Emma Riemers (MSV-Zeemacht, 200500748) 10:06.28(+86)

50m 00:32.77 32,77 250m 03:00.89 37,43 450m 05:35.06 39,24 650m 08:11.33 38,91
100m 01:09.14 36,37 300m 03:39.12 38,23 500m 06:14.16 39,10 700m 08:50.57 39,24
150m 01:46.21 37,07 350m 04:16.87 37,75 550m 06:53.33 39,17 750m 09:29.36 38,79
200m 02:23.46 37,25 400m 04:55.82 38,95 600m 07:32.42 39,09

9. Emma van Leeuwen (DAW, 200500200) 10:15.04(+88)

50m 00:32.94 32,94 250m 03:06.52 38,90 450m 05:43.99 39,45 650m 08:21.18 39,11
100m 01:09.82 36,88 300m 03:46.43 39,91 500m 06:23.98 39,99 700m 09:00.25 39,07
150m 01:48.39 38,57 350m 04:25.43 39,00 550m 07:03.28 39,30 750m 09:38.28 38,03
200m 02:27.62 39,23 400m 05:04.54 39,11 600m 07:42.07 38,79