

# LAC wedstrijd



SBC2000

Breda 15-4-2019

Nummer: 1 - maandag 15 april 2019 (50 m)

## 1. 400m vrije slag -

9 - 11 jaar (Minioren 6 en later) Heren

1. Senn oude Lohuis (SBC2000, 200801067)	06:31.39		
100m 01:32.49 92,49	200m 03:15.80 103,31	300m 05:01.20 105,40	
2. Tibbe Rongen (SBC2000, 200801929)	07:46.66		
100m 01:51.71 111,71	200m 03:52.00 120,29	300m 05:54.33 122,33	
3. Bjorn Steltenpool (SBC2000, 200800339)	08:18.72		
100m 01:56.06 116,06	200m 04:09.71 133,65	300m 06:17.47 127,76	
4. Floris Melchers (SBC2000, 200703285)	08:22.73		
100m 01:56.48 116,48	200m 04:08.84 132,36	300m 06:17.81 128,97	
5. Julian Boogert (SBC2000, 200901171)	08:24.49		
100m 02:00.22 120,22	200m 04:13.07 132,85	300m 06:24.71 131,64	

9 - 10 jaar (Minioren 4 en 5) Dames

1. Lotje Koenraads (SBC2000, 200900896)	06:22.53		
100m 01:29.97 89,97	200m 03:08.70 98,73	300m 04:49.64 100,94	
2. Lieze Bersch (SBC2000, 200800536)	06:29.92		
100m 01:32.47 92,47	200m 03:13.69 101,22	300m 04:57.62 103,93	
3. Evi Gerards (SBC2000, 200802436)	07:13.90		
100m 01:33.52 93,52	200m 03:27.13 113,61	300m 05:21.71 114,58	
4. Evi Grauwmans (SBC2000, 200902326)	07:30.71		
100m 01:43.90 103,90	200m 03:40.51 116,61	300m 05:37.48 116,97	

## 2. 400m vrije slag -

8 - 9 jaar

1. Davy Zwiars (SBC2000, 201000419)	07:09.71		
100m 01:40.83 100,83	200m 03:30.48 109,65	300m 05:24.65 114,17	
2. Max van der Spank (Trb/Res, 201000275)	07:10.60		
100m 01:41.36 101,36	200m 03:31.21 109,85	300m 05:24.37 113,16	
3. Naomi van Doorn (SBC2000, 200902352)	08:26.88		
100m 01:59.41 119,41	200m 04:13.27 133,86	300m 06:23.93 130,66	
4. Robin Burger (SBC2000, 201000514)	10:21.77		
100m 02:22.99 142,99	200m 05:04.11 161,12	300m 07:44.00 159,89	

## 3. 800m vrije slag -

10 - 10 jaar (Minioren 5) Dames

vanaf 11 jaar (Senioren Open) Heren

1. Pieter Pijnenburg (De Warande, 199305227)	10:00.79		
100m 01:08.61 68,61	300m 03:41.45 76,22	500m 06:15.05 77,27	700m 08:48.10 76,96
200m 02:25.23 76,62	400m 04:57.78 76,33	600m 07:31.14 76,09	
2. Robbie van den Berg (SBC2000, 200301427)	11:33.89		
100m 01:19.00 79,00	300m 04:15.51 89,65	500m 07:14.89 89,89	700m 10:15.36 90,74
200m 02:45.86 86,86	400m 05:45.00 89,49	600m 08:44.62 89,73	
3. Renzo van der Westen (SBC2000, 200303775)	12:07.39		
100m 01:23.77 83,77	300m 04:29.12 94,46	500m 07:40.96 96,07	700m 10:44.86 89,74
200m 02:54.66 90,89	400m 06:04.89 95,77	600m 09:15.12 94,16	

4. Axel Mulders (SBC2000, 200402283)					13:21.26
100m	01:24.45	300m	04:48.91	500m	08:16.33
200m	03:04.07	400m	06:31.99	600m	10:00.49
	84,45	104,84	103,08	104,34	104,11
	99,62				
<i>vanaf 11 jaar (Senioren Open) Dames</i>					
1. Noor Vermeer (SBC2000, 200600752)					10:30.14
100m	01:14.61	300m	03:56.17	500m	06:36.99
200m	02:35.71	400m	05:16.39	600m	07:57.15
	81,10	80,46	80,60	79,50	
2. Julia Vos (SBC2000, 200202792)					11:20.97
100m	01:19.23	300m	04:12.76	500m	07:07.17
200m	02:45.31	400m	05:39.98	600m	08:34.94
	86,08	87,45	87,22	87,72	
3. Demi Goosen (SBC2000, 200204868)					11:33.93
100m	01:19.12	300m	04:15.08	500m	07:12.56
200m	02:46.74	400m	05:43.82	600m	08:41.78
	87,62	88,34	88,74	89,48	
4. Pien de Lange (SBC2000, 200700834)					11:34.86
100m	01:20.18	300m	04:16.42	500m	07:14.28
200m	02:47.38	400m	05:45.26	600m	08:44.12
	80,18	89,04	88,84	89,46	
5. Isa Jansen (SBC2000, 200701176)					11:39.70
100m	01:21.53	300m	04:18.43	500m	07:17.61
200m	02:48.93	400m	05:47.87	600m	08:47.22
	81,53	89,50	89,44	89,61	
6. Bente Bosman (SBC2000, 200600574)					11:46.88
100m	01:24.43	300m	04:29.47	500m	07:30.06
200m	02:56.63	400m	05:59.85	600m	08:58.75
	84,43	92,84	90,38	88,69	
7. Carlijn de Dauw (SBC2000, 200702386)					12:16.97
100m	01:25.47	300m	04:35.01	500m	07:43.39
200m	03:00.11	400m	06:09.22	600m	09:17.43
	85,47	94,90	94,21	94,04	
8. Claudia Helena Damski (SBC2000, 199402346)					12:45.30
100m	01:26.11	300m	04:38.09	500m	07:55.11
200m	03:00.51	400m	06:16.60	600m	09:33.01
	86,11	97,58	98,51	98,03	
9. Coranda Vissers (SBC2000, 199705706)					12:47.65
100m	01:25.65	300m	04:38.37	500m	07:56.58
200m	03:00.45	400m	06:16.88	600m	09:35.69
	85,65	97,92	98,51	99,11	
10. Yasmine Suk (SBC2000, 200003448)					12:49.59
100m	01:27.19	300m	04:36.68	500m	07:53.73
200m	02:59.89	400m	06:14.84	600m	09:34.01
	87,19	96,79	98,16	100,28	
11. Romy Arkesteijn (SBC2000, 200204870)					13:10.24
100m	01:24.40	300m	04:40.33	500m	08:03.95
200m	03:00.60	400m	06:21.46	600m	09:47.94
	84,40	99,73	101,13	103,99	
12. Aniq Suk (SBC2000, 200200836)					13:27.37
100m	01:29.98	300m	04:48.72	500m	08:16.76
200m	03:08.12	400m	06:32.35	600m	10:02.03
	98,98	100,60	103,63	105,27	
13. Anna van Doorn (SBC2000, 200403806)					13:35.43
100m	01:33.65	300m	05:01.36	500m	08:30.54
200m	03:16.74	400m	06:46.23	600m	10:14.91
	93,65	104,62	104,87	104,37	
4. 800m vrije slag -					
<i>9 - 10 jaar (Minioren 4 en 5) Dames</i>					
1. Tess van der Spank (Trb/Res, 200802226)					14:56.89
100m	01:41.92	300m	05:31.58	500m	09:21.07
200m	03:35.39	400m	07:27.14	600m	11:16.01
	101,92	116,19	115,56	114,94	
<i>9 - 10 jaar (Minioren 4 en 5) Heren</i>					