

ONKS Delft - zaterdag 29 februari 2020 om 13:30u (50 m)

1. 4x50m wisselslag

vanaf -1 jaar

. Aquamania				02:13.90
Gijs Burghoorn 2000 (+62)	50m	00:35.57	35,57	
Celine Brink 2000 (+18)	100m	01:12.25	36,68	
Lonneke Graansma 1999 (+54)	150m	01:46.16	33,91	
Erik Baalbergen 1998 (+11)	200m	02:13.90	27,74	
. De Dinkel				01:59.58
Jurje Hanstede 2002 (+76)	50m	00:31.18	31,18	
Madelijne Schothans 2000 (+25)	100m	01:03.84	32,66	
Laura Rolink 1999 (+27)	150m	01:34.18	30,34	
Pascal Bloemen 1999 (-13)	200m	01:59.58	25,40	
BM. De Dinkel				02:11.38
Tom Laarhuis 1998 (+69)	50m	00:28.96	28,96	
Charel Wagenvoort 1997 (+28)	100m	01:13.63	44,67	
Eefje Slootweg 1998 (+26)	150m	01:44.65	31,02	
Milan van Dieren 2001 (+8)	200m	02:11.38	26,73	
. Dedemsvaart-AC				01:59.99
Leon van den Hof 2002 (+64)	50m	00:28.58	28,58	
Maaïke van Veen 1997 (+31)	100m	01:05.77	37,19	
Tristan Scholten 2002	150m	01:32.33	26,56	
Linde Kolkman 2000 (+38)	200m	01:59.99	27,66	
. Dwk				01:55.76
Sanne Ditzel 1999 (+61)	50m	00:31.69	31,69	
Ardi Knol 1996	100m	01:02.13	30,44	
Thomas Kappe 1998 (+32)	150m	01:28.09	25,96	
Celine Schoenmaker 1998 (+25)	200m	01:55.76	27,67	
. G.S.Z.V. De Golfbreker				01:56.78
Tialda Prins 1998 (+73)	50m	00:33.07	33,07	
Stefan Petersen 1994 (+13)	100m	01:03.79	30,72	
Karin Groen 1995 (+36)	150m	01:32.72	28,93	
Wouter van Asperen 2000 (+21)	200m	01:56.78	24,06	
. Het Zinkstuk				02:16.66
Marleen Snapper 1998 (+70)	50m	00:36.39	36,39	
Max Fernon Troenokarso 1999 (+16)	100m	01:11.44	35,05	
Sigrid Hogendorp 1999 (+17)	150m	01:46.31	34,87	
Mark Sprenger 1993 (+15)	200m	02:16.66	30,35	
. Wvz				02:04.16
Lauren van IJII 2000 (+72)	50m	00:32.94	32,94	
Noah Legerstee 2000 (+46)	100m	01:07.22	34,28	
Matthijs Arnoldus 2000 (+31)	150m	01:37.06	29,84	
Jasper Breugem 2000 (+41)	200m	02:04.16	27,10	

2. 100m vlinderslag - Dames

vanaf -1 jaar

1. Irene Teufer (A.S.Z.V. Spons, 199602340)				01:06.16(+73)
50m	00:30.01	30,01		
2. Linde van Duinhoven (MSZV Tiburon, 200100370)				01:06.94(+80)
50m	00:30.98	30,98		

3. Marije Dinkelberg (Feijenoord Albion, 199703192) 50m 00:31.83 31,83	01:09.41(+75)
4. Eefje Slootweg (De Dinkel, 199800218) 50m 00:32.17 32,17	01:12.32
5. Linde Haverkate (ZPC De Hof, 199900244) 50m 00:33.45 33,45	01:12.60(+85)
6. Maaïke van Veen (Dedemsvaart-AC, 199700292) 50m 00:33.84 33,84	01:13.74(+82)
7. Isa Verwaal (Het Zinkstuk, 199800978) 50m 00:35.05 35,05	01:18.95(+74)
8. Denise Ruijsch (De Rijn, 199800708) 50m 00:37.59 37,59	01:24.63
9. Jessie Hoskam (De Treffers, 199700030) 50m 00:37.70 37,70	01:25.55(+93)
3. 100m vlinderslag - Heren <i>vanaf -1 jaar</i>	
1. Ensger Kotterink (Feijenoord Albion, 199403391) 50m 00:27.42 27,42	00:57.21(+70)
2. Jeroen Lorius (G.S.Z.V. De Golfbreker, 199500523) 50m 00:27.00 27,00	00:57.44(+72)
3. Justus Ykema (A.S.Z.V. Spons, 199900029) 50m 00:27.37 27,37	00:59.51(+66)
4. Thomas Kappe (Dwk, 199805141) 50m 00:28.11 28,11	01:00.65(+66)
5. Rik Hofland (Dwt, 199701737) 50m 00:28.19 28,19	01:01.48
6. Floyd van Duijvenbode (Ragnar, 199600357) 50m 00:28.48 28,48	01:01.58(+68)
7. Nick Sijmons (De Amstel, 199500491) 50m 00:29.67 29,67	01:02.62
8. Daan Siebenheller (Dsz Wave, 9804955) 50m 00:28.32 28,32	01:03.35(+70)
9. Noah Legerstee (Wvz, 200003593) 50m 00:28.51 28,51	01:04.53(+73)
10. Stijn Geelen (Feijenoord Albion, 199801363) 50m 00:29.03 29,03	01:04.90(+68)
11. Björn de Heus (ZVVS, 200201077) 50m 00:30.00 30,00	01:06.37(+50)
12. Sjoerd Boogert (SZV Aquifer, 199903153) 50m 00:35.59 35,59	01:17.86(+81)
14. Erik Baalbergen (Aquamania, 199805775) 50m 00:36.09 36,09	01:21.03(+89)
BM. Timo Dinkelberg (Feijenoord Albion, 199300773) 50m 00:28.77 28,77	BM
BM. Jordy van der Drift (SZV Aquifer, 199307345) 50m 00:34.19 34,19	BM
4. 50m rugslag - Dames <i>vanaf -1 jaar</i>	
1. Sanne Ditzel (Dwk, 199901092)	00:32.13(+63)

2. Celine Schoenmaker (Dwk, 199801976)	00:32.64(+69)
3. Inge Dekker (TriVia, 200200476)	00:32.76(+74)
4. Nadja Wortel (Hieronymus, 199800798)	00:33.06(+81)
5. Kirsten Walraven (Z & PC De Zeeuwse Kust, 200001358)	00:33.54
6. Lauren van IJII (Wvz, 200001064)	00:33.64(+73)
7. Maud Kuipers (Dedemsvaart-AC, 200201894)	00:34.01(+84)
8. Naomi Klein (ZPC De Hof, 199902086)	00:34.03(+80)
9. Laura Rolink (De Dinkel, 199902018)	00:34.37(+76)
10. Vivianne Dortmond (G.S.Z.V. De Golfbreker, 199801578)	00:34.64(+88)
12. Linde Kolkman (Dedemsvaart-AC, 200001114)	00:35.03(+67)
13. Lotte Rougoor (Dedemsvaart-AC, 200000774)	00:35.35(+65)
14. Rowie Kamp (De Reuring, 200001706)	00:35.73(+68)
15. Cheyenne van de Port (Dwk, 199804718)	00:35.75(+71)
16. Matou Zwemmer (De Rijn, 199803672)	00:36.32(+62)
18. Selina Janssen (Neptunus'58, 199905974)	00:37.43(+67)
19. Kayleigh Westenberg (Hydrofiel, 200004064)	00:37.51(+79)
20. Laura Hagreis (G.S.Z.V. De Golfbreker, 199600548)	00:38.56(+73)
21. Lieke Van Dam (SwimGym, 199507038)	00:38.58(+78)
22. Kayra Deger (The Hague Swimming (SG), 200003890)	00:39.52(+65)
24. Marieke Gorter (WZ&PC Triton, 200000750)	00:41.45(+72)
BM. Gerda van Mook (Dsz Wave, 199301538)	BM
5. 50m rugslag - Heren	
<i>vanaf -1 jaar</i>	
1. Melvin Prins (The Hague Swimming (SG), 199500201)	00:27.79(+65)
2. Leon van den Hof (Dedemsvaart-AC, 200203269)	00:28.84(+61)
3. Torben Lammerdink (Hydrofiel, 199900745)	00:29.72
5. Mark Barg (Dwt, 199805839)	00:30.85
6. Bas Wensink (ZPV Piranha, 200000619)	00:31.00(+70)
9. Rolf Bavelaar (Wvz, 200001747)	00:32.17(+64)
BM. Johan Krakou (SZV Aquifer, 199101311)	BM
BM. Miguel Ramirez (SZV Aquifer, 199107761)	BM
6. 200m wisselslag - Dames	
<i>vanaf -1 jaar</i>	
1. Valesca van den Bogert (Hieronymus, 200102138)	02:28.80(+75)
50m 00:31.84 31,84 100m 01:11.62 39,78 150m 01:53.19 41,57	
2. Willemein Hoving (SZV Aquifer, 199800106)	02:35.11
50m 00:33.40 33,40 100m 01:15.61 42,21 150m 01:59.33 43,72	
3. Christel Brugmans (Hieronymus, 200005602)	02:36.20(+77)
50m 00:32.82 32,82 100m 01:14.51 41,69 150m 02:00.21 45,70	
5. Mirelle de Kort (Neptunus'58, 200005546)	02:43.88(+77)
50m 00:34.28 34,28 100m 01:16.39 42,11 150m 02:05.11 48,72	
6. Tess De Boer (MSZV Tiburon, 199601516)	02:43.97(+70)

	50m 00:34.46 34,46	100m 01:17.22 42,76	150m 02:04.74 47,52	
8. Paulien Koenen (E.S.W.Z.V. Nayade, 199701856)	50m 00:33.96 33,96	100m 01:17.28 43,32	150m 02:06.68 49,40	02:46.79(+72)
9. Ageeth de Haan (SZV Aquifer, 199901022)	50m 00:37.03 37,03	100m 01:24.44 47,41	150m 02:13.08 48,64	02:49.70
10. Isabelle Janssen (MNC Dordrecht, 200006318)	50m 00:41.78 41,78	100m 01:31.37 49,59	150m 02:24.26 52,89	03:03.08(+70)
11. Jamie Stegeman (Hydrofiel, 200002058)	50m 00:36.49 36,49	100m 01:21.68 45,19	150m 02:17.95 56,27	03:03.30(+79)
12. Eline Baaleman (De Reuring, 200102738)	50m 00:38.83 38,83	100m 01:25.58 46,75	150m 02:18.95 53,37	03:03.87(+72)
13. Dian Enting (Het Zinkstuk)	50m 00:41.55 41,55	100m 01:33.00 51,45	150m 02:28.40 55,40	03:14.59
15. Paulien Koster (Aquamania, 200005398)	50m 00:43.85 43,85	100m 01:35.54 51,69	150m 02:36.11 60,57	03:22.92(+80)
BM. Nicole Bennis (Dsz Wave, 199600470)	50m 00:31.49 31,49	100m 01:12.87 41,38	150m 01:57.90 45,03	BM
BM. Larissa Jansen (E.S.W.Z.V. Nayade, 199500660)	50m 00:35.99 35,99	100m 01:23.18 47,19	150m 02:11.95 48,77	BM
DIS. Hilma Buiten (MZ&PC De Reest, 199407522)				00:00.00
BM. Naomi Stacia (SwimGym, 199201668)	50m 00:37.07 37,07	100m 01:24.60 47,53	150m 02:11.24 46,64	BM
7. 200m wisselslag - Heren <i>vanaf -1 jaar</i>				
1. Arjan Dekker (G.S.Z.V. De Golfbreker, 200000499)	50m 00:29.62 29,62	100m 01:05.82 36,20	150m 01:44.83 39,01	02:16.72(+69)
2. Jorian Tanis (MNC Dordrecht, 199900327)	50m 00:30.08 30,08	100m 01:05.50 35,42	150m 01:47.48 41,98	02:17.68(+77)
3. Guus Hoogduin (ZVL-1886 Tetteroo, 200201069)	50m 00:29.36 29,36	100m 01:05.56 36,20	150m 01:47.92 42,36	02:19.86
4. Thijs Molendijk (d'ELFT, 199900477)	50m 00:28.62 28,62	100m 01:04.19 35,57	150m 01:48.85 44,66	02:22.35(+69)
5. Jasper Breugem (Wvz, 200000303)	50m 00:30.59 30,59	100m 01:06.79 36,20	150m 01:50.07 43,28	02:24.66(+75)
9. Rinke Hiel (ZPV Piranha, 200102131)	50m 00:30.76 30,76	100m 01:09.51 38,75	150m 01:55.94 46,43	02:31.46(+82)
11. Diederik de Boer (G.S.Z.V. De Golfbreker, 200000269)	50m 00:31.74 31,74	100m 01:11.26 39,52	150m 01:59.64 48,38	02:37.23(+80)
12. Frank Versprille (G.S.Z.V. De Golfbreker, 199901073)	50m 00:32.04 32,04	100m 01:14.77 42,73	150m 02:01.19 46,42	02:38.22(+61)
15. Gijs Burghoorn (Aquamania, 200005711)	50m 00:32.85 32,85	100m 01:18.26 45,41	150m 02:08.81 50,55	02:47.71
16. Sven Janssens (ZPB H&L Productions, 200102659)	50m 00:36.07 36,07	100m 01:21.50 45,43	150m 02:14.16 52,66	02:50.41(+84)
BM. Sven Kardol (Dsz Wave, 199302135)	50m 00:29.44 29,44	100m 01:05.38 35,94	150m 01:49.30 43,92	BM
BM. Victor Savenije (Het Zinkstuk)	50m 00:33.80 33,80	100m 01:23.12 49,32	150m 02:19.63 56,51	BM
BM. Haico Weijers (Ragnar, 198803759)				BM

50m 00:33.17 33,17 100m 01:14.29 41,12 150m 02:04.73 50,44

8. 100m vrije slag - Dames

vanaf -1 jaar

1. Elisa Haverkate (ZPC De Hof, 200200266) 01:00.86(+82)
50m 00:29.21 29,21
2. Marlinde Beukers (Wvz, 200101934) 01:01.81(+76)
50m 00:29.40 29,40
3. Jasmijn van Rossum (MSZV Tiburon, 199904254) 01:02.95
50m 00:30.37 30,37
4. Tialda Prins (G.S.Z.V. De Golfbreker, 199801310) 01:04.40(+91)
50m 00:30.85 30,85
6. Emma Schell (A.S.Z.V. Spons, 199906574) 01:04.91(+63)
50m 00:31.18 31,18
7. Lindy Elkerbout (G.S.Z.V. De Golfbreker, 200000604) 01:05.34(+79)
50m 00:30.92 30,92
9. Romy Verhagen (A.S.Z.V. Spons, 199904110) 01:06.67
50m 00:31.56 31,56
10. Deborah Wissink (ZPC De Hof, 199503484) 01:07.02(+67)
50m 00:31.89 31,89
12. Celine Verhoef (E.S.W.Z.V. Nayade, 199604476) 01:09.02(+71)
50m 00:32.02 32,02
15. Sam Wennink (Hydrofiel, 200006710) 01:09.91(+76)
50m 00:33.59 33,59
17. Zana Tomasic (Aquamania, 199706620) 01:10.42(+81)
50m 00:33.48 33,48
19. Sigrid Hogendorp (Het Zinkstuk) 01:11.16(+84)
50m 00:34.27 34,27
20. Sophie Allersma (De Reuring, 200102740) 01:11.85(+78)
50m 00:33.86 33,86
21. Inge Hertogh (E.S.W.Z.V. Nayade, 200101052) 01:12.01(+80)
50m 00:33.03 33,03
23. Charel Wagenvoort (De Dinkel, 199701458) 01:14.77(+76)
24. Elisa Arts (Dsz Wave, 200006728) 01:15.74(+73)
50m 00:35.72 35,72
30. Maartje Hids (Aquamania, 199903042) 01:26.64(+83)
50m 00:41.32 41,32
- DIS. Carla Rijlaarsdam (Het Zinkstuk) 00:00.00

9. 100m vrije slag - Heren

vanaf -1 jaar

1. Thomas Verhoeven (Feijenoord Albion, 199700311) 00:52.08(+74)
50m 00:24.84 24,84
2. Guus van Stiphout (E.S.W.Z.V. Nayade, 199501081) 00:53.31(+70)
50m 00:25.53 25,53
3. Leon van den Hof (Dedemsvaart-AC, 200203269) 00:54.70(+69)
50m 00:26.56 26,56
4. Wouter van Asperen (G.S.Z.V. De Golfbreker, 200000125) 00:55.91(+70)
50m 00:26.80 26,80
5. Bart Weiland (G.S.Z.V. De Golfbreker, 199700777) 00:56.01(+61)
50m 00:26.76 26,76

6. Lars van der Zee (WZ&PC Triton, 199702427) 50m 00:27.44 27,44	00:56.29(+74)
7. Noa Eversdijk (Z & PC De Zeeuwse Kust, 199903595) 50m 00:26.88 26,88	00:56.56(+78)
8. Tristan Scholten (Dedemsvaart-AC, 200201683) 50m 00:26.93 26,93	00:56.76(+75)
9. Edwin Jager (G.S.Z.V. De Golfbreker, 199901571) 50m 00:28.01 28,01	00:57.74(+72)
11. Max Fernon Troenokarso (Het Zinkstuk, 199903151) 50m 00:27.79 27,79	00:58.34(+62)
12. Ebel van Geemen (Hydrofiel, 199901095) 50m 00:28.23 28,23	00:58.47(+75)
13. Vincent Visser (G.S.Z.V. De Golfbreker, 199700395) 50m 00:27.86 27,86	00:58.50(+65)
15. Pascal Bloemen (De Dinkel, 199900135) 50m 00:28.57 28,57	00:59.60(+69)
16. Andy Onderstal (A.S.Z.V. Spons, 199501479) 50m 00:28.52 28,52	00:59.69(+64)
18. Ted Ruiter (Dsz Wave, 0000047) 50m 00:28.73 28,73	01:00.57(+76)
21. Tobias Zenner (Z & PC De Zeeuwse Kust, 199905353) 50m 00:28.98 28,98	01:01.24(+72)
22. Vincent van t Hof (Hydrofiel, 199803001) 50m 00:28.98 28,98	01:02.24(+78)
26. Gijs Burghoorn (Aquamania, 200005711) 50m 00:30.43 30,43	01:04.95(+76)
30. Han Hollander (ZPV Piranha, 199800679) 50m 00:31.38 31,38	01:05.63(+88)
38. Mark Sprenger (Het Zinkstuk) 50m 00:33.22 33,22	01:11.30(+81)
BM. Tom Laarhuis (De Dinkel, 199800309) 50m 00:26.87 26,87	BM
BM. Diederick Schothans (E.S.W.Z.V. Nayade, 199703185) 50m 00:27.79 27,79	BM
BM. Ian Minnigh (G.S.Z.V. De Golfbreker, 199702737) 50m 00:25.28 25,28	BM
10. 50m schoolslag - Dames <i>vanaf -1 jaar</i>	
1. Madelijne Schothans (De Dinkel, 200002416)	00:33.17(+83)
2. Selene Wortel (Hieronymus, 199700654)	00:34.49(+69)
3. Ilse Rijnja (The Hague Swimming (SG), 199802432)	00:35.44(+72)
4. Ana Nusa Versnik (The Hague Swimming (SG), 200003496)	00:35.49(+70)
5. Manon Kloosterman (ZPV Piranha, 199702082)	00:35.67(+64)
6. Lonneke Graansma (Aquamania, 199900936)	00:36.35(+77)
7. Willemein Hoving (SZV Aquifer, 199800106)	00:36.50(+72)
8. Celine Brink (Aquamania, 200001836)	00:36.61(+68)
9. Georgette Wortelboer (Hydrofiel, 199602144)	00:36.89(+85)

11. Noa Sanders (G.S.Z.V. De Golfbreker, 200002542)	00:38.05(+79)
12. Rowie Kamp (De Reuring, 200001706)	00:38.11(+71)
13. Janneke Zweers (Aquamania, 200100584)	00:38.50(+81)
15. Mirelle de Kort (Neptunus'58, 200005546)	00:39.08(+84)
17. Yvonne Wilts (G.S.Z.V. De Golfbreker, 199501476)	00:40.75(+84)
19. Laura Hagreis (G.S.Z.V. De Golfbreker, 199600548)	00:44.00(+71)
23. Fleur de Veen (G.S.Z.V. De Golfbreker, 199901504)	00:46.29(+56)
11. 50m schoolslag - Heren	
<i>vanaf -1 jaar</i>	
2. Ardi Knol (Dwk, 199603447)	00:30.29(+75)
3. Bram Lamberts (Ragnar, 199705485)	00:30.59(+63)
4. Tim Sonnemans (E.S.W.Z.V. Nayade, 199403017)	00:31.29(+75)
6. Stefan Petersen (G.S.Z.V. De Golfbreker, 199403067)	00:31.50(+70)
9. Ramón Pleijers (E.S.W.Z.V. Nayade, 199802013)	00:33.38(+57)
11. Jurre Hanstede (De Dinkel, 200201019)	00:34.11(+82)
12. Dominique van Tolij (Dedemsvaart-AC, 199901719)	00:34.29(+76)
13. Mark Boertien (Dedemsvaart-AC, 199903219)	00:34.48(+67)
16. Matthijs Arnoldus (Wvz, 200000571)	00:35.29(+72)
17. Sjoerd Boogert (SZV Aquifer, 199903153)	00:35.65(+73)
18. Luc de Bont (SZV Aquifer, 199601701)	00:35.72(+81)
22. Vincent van t Hof (Hydrofiel, 199803001)	00:36.82(+78)
23. Milan van Dieren (De Dinkel, 200100493)	00:36.88(+71)
12. 100m rugslag - Dames	
<i>vanaf -1 jaar</i>	
2. Sanne Ditzel (Dwk, 199901092)	01:08.98(+68)
50m 00:33.78 33,78	
3. Laura Rolink (De Dinkel, 199902018)	01:12.07(+85)
50m 00:35.70 35,70	
4. Inge Dekker (TriVia, 200200476)	01:13.55(+76)
50m 00:35.50 35,50	
5. Eefje Slootweg (De Dinkel, 199800218)	01:14.45(+79)
50m 00:35.44 35,44	
6. Maud Kuipers (Dedemsvaart-AC, 200201894)	01:15.52(+83)
50m 00:35.76 35,76	
11. Joëlle van der Veen (Dedemsvaart-AC, 200201176)	01:18.47(+83)
50m 00:37.92 37,92	
12. Marleen Snapper (Het Zinkstuk, 199805214)	01:19.00
50m 00:37.76 37,76	
13. Matou Zwemmer (De Rijn, 199803672)	01:19.13(+60)
50m 00:37.30 37,30	
14. Evelien Veldman (Het Zinkstuk)	01:33.97(+71)
50m 00:45.43 45,43	
13. 100m rugslag - Heren	
<i>vanaf -1 jaar</i>	

1. Ensger Kotterink (Feijenoord Albion, 199403391) 50m 00:28.34 28,34	00:58.66(+59)
2. Melvin Prins (The Hague Swimming (SG), 199500201) 50m 00:30.59 30,59	01:02.38(+70)
3. Thijs Molendijk (d'ELFT, 199900477) 50m 00:30.75 30,75	01:02.95(+63)
4. Torben Lammerdink (Hydrofiel, 199900745) 50m 00:31.24 31,24	01:04.75(+80)
6. Floyd van Duijvenbode (Ragnar, 199600357) 50m 00:32.15 32,15	01:06.73(+61)
7. Bas Wensink (ZPV Piranha, 200000619) 50m 00:32.36 32,36	01:06.77(+75)
8. Edwin Jager (G.S.Z.V. De Golfbreker, 199901571) 50m 00:32.95 32,95	01:08.22(+65)
9. Björn de Heus (ZVVS, 200201077) 50m 00:32.98 32,98	01:08.73(+65)
11. Diederik de Boer (G.S.Z.V. De Golfbreker, 200000269) 50m 00:35.29 35,29	01:12.55(+73)
14. 50m vlinderslag - Dames <i>vanaf -1 jaar</i>	
1. Irene Teufer (A.S.Z.V. Spons, 199602340)	00:28.97(+73)
2. Karin Groen (G.S.Z.V. De Golfbreker, 199502440)	00:29.54
3. Marije Dinkelberg (Feijenoord Albion, 199703192)	00:29.72(+77)
4. Linde van Duinhoven (MSZV Tiburon, 200100370)	00:29.91(+75)
5. Floor de Kievit (The Hague Swimming (SG), 200100238)	00:30.46(+78)
6. Christel Brugmans (Hieronymus, 200005602)	00:30.81(+76)
7. Lauren van IJII (Wvz, 200001064)	00:30.95(+59)
8. Linde Haverkate (ZPC De Hof, 199900244)	00:31.26
9. Romy Verhagen (A.S.Z.V. Spons, 199904110)	00:31.64(+66)
11. Vivianne Dortmond (G.S.Z.V. De Golfbreker, 199801578)	00:32.08(+80)
12. Jet Kleine (A.S.Z.V. Spons, 199903384)	00:32.65(+66)
13. Naomi Klein (ZPC De Hof, 199902086)	00:32.87(+65)
15. Daphne Dols (Hydrofiel, 199904622)	00:33.90(+68)
17. Kayleigh Westenberg (Hydrofiel, 200004064)	00:34.63(+81)
18. Lotte Rougoor (Dedemsvaart-AC, 200000774)	00:34.84(+65)
20. Deborah Wissink (ZPC De Hof, 199503484)	00:35.33
22. Eline Baaleman (De Reuring, 200102738)	00:36.52(+72)
25. Charel Wagenvoort (De Dinkel, 199701458)	00:38.49(+86)
27. Sophie Allersma (De Reuring, 200102740)	00:39.80(+79)
33. Carla Rijlaarsdam (Het Zinkstuk)	00:41.87
BM. Gerda van Mook (Dsz Wave, 199301538)	BM
BM. Naomi Stacia (SwimGym, 199201668)	BM
15. 50m vlinderslag - Heren <i>vanaf -1 jaar</i>	

1. Thomas Verhoeven (Feijenoord Albion, 199700311)	00:24.32(+76)
2. Thomas Kappe (Dwk, 199805141)	00:26.34(+70)
3. Jeroen Lorius (G.S.Z.V. De Golfbreker, 199500523)	00:26.37(+72)
4. Bart Weiland (G.S.Z.V. De Golfbreker, 199700777)	00:27.03(+68)
6. Tristan Scholten (Dedemsvaart-AC, 200201683)	00:27.28(+78)
7. Lars van der Zee (WZ&PC Triton, 199702427)	00:27.43(+76)
8. Daan Siebenheller (Dsz Wave, 9804955)	00:27.44
9. Noah Legerstee (Wvz, 200003593)	00:27.54(+77)
10. Nick Sijmons (De Amstel, 199500491)	00:27.74
12. Ebel van Geemen (Hydrofiel, 199901095)	00:28.02(+75)
13. Ramón Pleijers (E.S.W.Z.V. Nayade, 199802013)	00:28.51(+59)
14. Mark Barg (Dwt, 199805839)	00:28.75(+72)
16. Rolf Bavelaar (Wvz, 200001747)	00:29.42(+73)
17. Bob de Groot (G.S.Z.V. De Golfbreker, 199903585)	00:29.86
18. Matthijs Arnoldus (Wvz, 200000571)	00:30.66(+79)
26. Sven Janssens (ZPB H&L Productions, 200102659)	00:33.62(+84)
BM. Tom Laarhuis (De Dinkel, 199800309)	BM
BM. Victor Savenije (Het Zinkstuk)	BM
16. 200m vrije slag - Dames	
<i>vanaf -1 jaar</i>	
1. Celine Schoenmaker (Dwk, 199801976)	02:17.57(+76)
50m 00:31.27 31,27 100m 01:05.81 34,54 150m 01:41.40 35,59	
2. Manon Kloosterman (ZPV Piranha, 199702082)	02:19.73(+66)
50m 00:32.63 32,63 100m 01:08.62 35,99 150m 01:45.48 36,86	
3. Kirsten Walraven (Z & PC De Zeeuwse Kust, 200001358)	02:20.56(+85)
50m 00:32.50 32,50 100m 01:08.37 35,87 150m 01:45.36 36,99	
4. Emma Schell (A.S.Z.V. Spons, 199906574)	02:20.80(+75)
50m 00:32.13 32,13 100m 01:08.19 36,06 150m 01:45.25 37,06	
5. Cheyenne van de Port (Dwk, 199804718)	02:23.97(+69)
50m 00:32.28 32,28 100m 01:08.22 35,94 150m 01:45.84 37,62	
6. Selina Janssen (Neptunus'58, 199905974)	02:27.90(+78)
50m 00:33.43 33,43 100m 01:10.93 37,50 150m 01:50.21 39,28	
7. Paulien Koenen (E.S.W.Z.V. Nayade, 199701856)	02:29.08
50m 00:32.76 32,76 100m 01:10.29 37,53 150m 01:49.56 39,27	
9. Marleen Snapper (Het Zinkstuk, 199805214)	02:32.25(+77)
50m 00:34.67 34,67 100m 01:13.06 38,39 150m 01:53.06 40,00	
11. Isabelle Janssen (MNC Dordrecht, 200006318)	02:35.18(+85)
50m 00:36.40 36,40 100m 01:15.77 39,37 150m 01:56.18 40,41	
12. Sam Wennink (Hydrofiel, 200006710)	02:36.41(+79)
50m 00:35.47 35,47 100m 01:14.48 39,01 150m 01:55.33 40,85	
13. Celine Verhoef (E.S.W.Z.V. Nayade, 199604476)	02:40.16(+74)
50m 00:34.03 34,03 100m 01:12.27 38,24 150m 01:54.20 41,93	
14. Jamie Stegeman (Hydrofiel, 200002058)	02:41.87(+65)
50m 00:35.18 35,18 100m 01:16.11 40,93 150m 01:59.21 43,10	

15. Lieke Van Dam (SwimGym, 199507038)				02:43.04(+81)
50m	00:35.29	35,29	100m 01:15.79	40,50
150m	01:59.14	43,35		
16. Sophie Allersma (De Reuring, 200102740)				02:43.85(+83)
50m	00:36.76	36,76	100m 01:18.07	41,31
150m	02:01.24	43,17		
17. Jessie Hoskam (De Treffers, 199700030)				02:44.47(+98)
50m	00:35.23	35,23	100m 01:16.10	40,87
150m	02:00.61	44,51		
18. Marieke Gorter (WZ&PC Triton, 200000750)				02:46.28(+67)
50m	00:37.47	37,47	100m 01:19.66	42,19
150m	02:03.14	43,48		
19. Elisa Arts (Dsz Wave, 200006728)				02:48.20
50m	00:38.00	38,00	100m 01:20.22	42,22
150m	02:04.16	43,94		
20. Paulien Koster (Aquamania, 200005398)				02:56.61(+85)
50m	00:38.06	38,06	100m 01:21.48	43,42
150m	02:08.41	46,93		
21. Evelien Veldman (Het Zinkstuk)				03:02.50(+78)
50m	00:41.16	41,16	100m 01:27.55	46,39
150m	02:15.80	48,25		
17. 200m vrije slag - Heren				
<i>vanaf -1 jaar</i>				
1. Jorian Tanis (MNC Dordrecht, 199900327)				01:59.72(+79)
50m	00:27.71	27,71	100m 00:57.99	30,28
150m	01:29.16	31,17		
2. Justus Ykema (A.S.Z.V. Spons, 199900029)				02:01.52(+54)
50m	00:28.10	28,10	100m 00:59.13	31,03
150m	01:30.65	31,52		
3. Guus van Stiphout (E.S.W.Z.V. Nayade, 199501081)				02:02.94(+73)
50m	00:28.07	28,07	100m 00:59.14	31,07
150m	01:30.98	31,84		
4. Arjan Dekker (G.S.Z.V. De Golfbreker, 200000499)				02:04.52(+66)
50m	00:28.62	28,62	100m 01:00.65	32,03
150m	01:32.75	32,10		
5. Rik Hofland (Dwt, 199701737)				02:04.99(+75)
50m	00:27.46	27,46	100m 00:58.99	31,53
150m	01:32.02	33,03		
6. Guus Hoogduin (ZVL-1886 Tetteroo, 200201069)				02:07.11(+75)
50m	00:28.65	28,65	100m 01:01.10	32,45
150m	01:34.74	33,64		
7. Jasper Breugem (Wvz, 200000303)				02:08.68
50m	00:29.32	29,32	100m 01:01.84	32,52
150m	01:35.28	33,44		
9. Rinke Hiel (ZPV Piranha, 200102131)				02:11.95(+83)
50m	00:29.55	29,55	100m 01:02.72	33,17
150m	01:38.48	35,76		
11. Ted Ruiters (Dsz Wave, 0000047)				02:21.09
50m	00:30.91	30,91	100m 01:05.51	34,60
150m	01:42.41	36,90		
13. Erik Baalbergen (Aquamania, 199805775)				02:27.66
50m	00:33.27	33,27	100m 01:11.05	37,78
150m	01:49.78	38,73		
BM. Timo Dinkelberg (Feijenoord Albion, 199300773)				BM
50m	00:28.94	28,94	100m 01:01.27	32,33
150m	01:35.32	34,05		
BM. Haico Weijers (Ragnar, 198803759)				BM
50m	00:31.31	31,31	100m 01:06.29	34,98
150m	01:43.62	37,33		
BM. Miguel Ramirez (SZV Aquifer, 199107761)				BM
50m	00:29.57	29,57	100m 01:02.63	33,06
150m	01:37.58	34,95		
18. 100m schoolslag - Dames				
<i>vanaf -1 jaar</i>				
1. Madelijne Schothans (De Dinkel, 200002416)				01:11.49(+82)
50m	00:33.65	33,65		
2. Valesca van den Bogert (Hieronymus, 200102138)				01:15.93(+71)
50m	00:34.98	34,98		
3. Selene Wortel (Hieronymus, 199700654)				01:16.35
50m	00:36.33	36,33		

4. Ana Nusa Versnik (The Hague Swimming (SG), 200003496) 50m 00:38.06 38,06	01:20.10(+70)
4. Marlinde Beukers (Wvz, 200101934) 50m 00:37.29 37,29	01:20.10(+75)
6. Maaïke van Veen (Dedemsvaart-AC, 199700292) 50m 00:38.06 38,06	01:21.47(+76)
7. Celine Brink (Aquamania, 200001836) 50m 00:38.15 38,15	01:22.73(+73)
8. Lonneke Graansma (Aquamania, 199900936) 50m 00:37.14 37,14	01:23.12(+79)
9. Nadja Wortel (Hieronymus, 199800798) 50m 00:38.57 38,57	01:23.90(+75)
11. Noa Sanders (G.S.Z.V. De Golfbreker, 200002542) 50m 00:39.51 39,51	01:24.63(+79)
13. Lindy Elkerbout (G.S.Z.V. De Golfbreker, 200000604) 50m 00:39.40 39,40	01:25.46
14. Daphne Dols (Hydrofiel, 199904622) 50m 00:40.09 40,09	01:26.45
15. Janneke Zweers (Aquamania, 200100584) 50m 00:39.89 39,89	01:27.33(+83)
16. Tess De Boer (MSZV Tiburon, 199601516) 50m 00:41.83 41,83	01:28.32
17. Rowie Kamp (De Reuring, 200001706) 50m 00:39.88 39,88	01:28.76(+69)
18. Yvonne Wilts (G.S.Z.V. De Golfbreker, 199501476) 50m 00:41.59 41,59	01:30.67(+82)
19. Inge Hertogh (E.S.W.Z.V. Nayade, 200101052) 50m 00:43.13 43,13	01:33.13(+82)
21. Maartje Hids (Aquamania, 199903042) 50m 00:48.42 48,42	01:40.73
BM. Nicole Bennis (Dsz Wave, 199600470) 50m 00:36.74 36,74	BM
BM. Larissa Jansen (E.S.W.Z.V. Nayade, 199500660) 50m 00:41.64 41,64	BM
19. 100m schoolslag - Heren <i>vanaf -1 jaar</i>	
1. Stijn Geelen (Feijenoord Albion, 199801363) 50m 00:31.83 31,83	01:08.36(+75)
2. Stefan Petersen (G.S.Z.V. De Golfbreker, 199403067) 50m 00:32.04 32,04	01:08.51(+76)
2. Bram Lamberts (Ragnar, 199705485) 50m 00:32.62 32,62	01:08.51
4. Ardi Knol (Dwk, 199603447) 50m 00:33.62 33,62	01:09.38(+80)
7. Vincent Visser (G.S.Z.V. De Golfbreker, 199700395) 50m 00:34.06 34,06	01:12.33(+70)
9. Tim Sonnemans (E.S.W.Z.V. Nayade, 199403017) 50m 00:33.85 33,85	01:12.99(+77)
13. Frank Versprille (G.S.Z.V. De Golfbreker, 199901073)	01:22.85(+69)

50m 00:37.98 37,98

16. Han Hollander (ZPV Piranha, 199800679) 01:29.98(+89)
50m 00:41.66 41,66

BM. Sven Kardol (Dsz Wave, 199302135) BM
50m 00:34.77 34,77

BM. Jordy van der Drift (SZV Aquifer, 199307345) BM
50m 00:40.38 40,38

20. 50m vrije slag - Dames

vanaf -1 jaar

2. Karin Groen (G.S.Z.V. De Golfbreker, 199502440) 00:28.05(+71)

3. Elisa Haverkate (ZPC De Hof, 200200266) 00:28.13(+82)

4. Linde Kolkman (Dedemsvaart-AC, 200001114) 00:28.49(+71)

5. Floor de Kievit (The Hague Swimming (SG), 200100238) 00:29.21(+77)

6. Jasmijn van Rossum (MSZV Tiburon, 199904254) 00:29.46(+82)

7. Simone van de Wolfshaar (Ragnar, 200000198) 00:29.86(+66)

8. Tialda Prins (G.S.Z.V. De Golfbreker, 199801310) 00:29.97(+78)

9. Ageeth de Haan (SZV Aquifer, 199901022) 00:30.03

11. Ilse Rijnja (The Hague Swimming (SG), 199802432) 00:30.32(+75)

12. Isa Verwaal (Het Zinkstuk, 199800978) 00:30.42(+68)

13. Joëlle van der Veen (Dedemsvaart-AC, 200201176) 00:30.68(+94)

17. Sigrid Hogendorp (Het Zinkstuk) 00:31.10(+62)

18. Kayra Deger (The Hague Swimming (SG), 200003890) 00:31.50(+70)

19. Denise Ruijsch (De Rijn, 199800708) 00:31.77(+78)

20. Zana Tomasic (Aquamania, 199706620) 00:32.00

24. Eline Baaleman (De Reuring, 200102738) 00:32.58(+75)

25. Sophie Allersma (De Reuring, 200102740) 00:32.93(+79)

34. Hilma Buiten (MZ&PC De Reest, 199407522) 00:35.23(+96)

36. Fleur de Veen (G.S.Z.V. De Golfbreker, 199901504) 00:35.29

21. 50m vrije slag - Heren

vanaf -1 jaar

2. Wouter van Asperen (G.S.Z.V. De Golfbreker, 200000125) 00:24.90(+60)

4. Noa Eversdijk (Z & PC De Zeeuwse Kust, 199903595) 00:25.60(+76)

5. Max Fernon Troenokarso (Het Zinkstuk, 199903151) 00:26.06(+68)

6. Jurre Hanstede (De Dinkel, 200201019) 00:26.34(+78)

7. Andy Onderstal (A.S.Z.V. Spons, 199501479) 00:26.35(+64)

10. Tobias Zenner (Z & PC De Zeeuwse Kust, 199905353) 00:26.80(+67)

11. Pascal Bloemen (De Dinkel, 199900135) 00:27.11(+81)

14. Milan van Dieren (De Dinkel, 200100493) 00:27.61(+79)

22. Luc de Bont (SZV Aquifer, 199601701) 00:29.93(+63)

31. Mark Sprenger (Het Zinkstuk) 00:31.79(+83)

BM. Diederick Schothans (E.S.W.Z.V. Nayade, 199703185) BM

BM. Ian Minnigh (G.S.Z.V. De Golfbreker, 199702737)

BM

BM. Johan Krakou (SZV Aquifer, 199101311)

BM

22. 4x100m vrije slag dames

vanaf -1 jaar

. De Dinkel

04:29.39

Laura Rolink 1999 (+75) 50m 00:30.50 30,50
Laura Rolink 1999 (+75) 100m 01:03.34 32,84
Charel Wagenvoort 1997 (+46) 150m 01:35.03 31,69
Charel Wagenvoort 1997 (+46) 200m 02:14.40 39,37
Eefje Slootweg 1998 250m 02:47.50 33,10
Eefje Slootweg 1998 300m 03:24.52 37,02
Madelijne Schothans 2000 (+35) 350m 03:54.95 30,43
Madelijne Schothans 2000 (+35) 400m 04:29.39 34,44

. Dedemsvaart-AC

04:32.96

Maud Kuipers 2002 (+84) 50m 00:33.13 33,13
Maud Kuipers 2002 (+84) 100m 01:09.61 36,48
Joëlle van der Veen 2002 (+49) 150m 01:42.10 32,49
Joëlle van der Veen 2002 (+49) 200m 02:20.31 38,21
Lotte Rougoor 2000 (+6) 250m 02:51.73 31,42
Lotte Rougoor 2000 (+6) 300m 03:28.16 36,43
Maaïke van Veen 1997 (+61) 350m 03:59.48 31,32
Maaïke van Veen 1997 (+61) 400m 04:32.96 33,48

. G.S.Z.V. De Golfbreker

04:16.72

Karin Groen 1995 50m 00:30.21 30,21
Karin Groen 1995 100m 01:03.90 33,69
Vivianne Dortmund 1998 150m 01:34.04 30,14
Vivianne Dortmund 1998 200m 02:08.65 34,61
Tialda Prins 1998 (+50) 250m 02:38.96 30,31
Tialda Prins 1998 (+50) 300m 03:12.49 33,53
Lindy Elkerbout 2000 (+35) 350m 03:42.33 29,84
Lindy Elkerbout 2000 (+35) 400m 04:16.72 34,39

. Het Zinkstuk

04:51.42

Marleen Snapper 1998 (+81) 50m 00:32.65 32,65
Marleen Snapper 1998 (+81) 100m 01:08.77 36,12
Sigrid Hogendorp 1999 (+40) 150m 01:42.82 34,05
Sigrid Hogendorp 1999 (+40) 200m 02:20.98 38,16
Carla Rijlaarsdam 1995 (+36) 250m 02:58.29 37,31
Carla Rijlaarsdam 1995 (+36) 300m 03:41.26 42,97
Isa Verwaal 1998 (+20) 350m 04:13.66 32,40
Isa Verwaal 1998 (+20) 400m 04:51.42 37,76

. Hieronymus

04:09.28

Nadja Wortel 1998 (+76) 50m 00:30.09 30,09
Nadja Wortel 1998 (+76) 100m 01:01.92 31,83
Valesca van den Bogert 2001 (+57) 150m 01:32.88 30,96
Valesca van den Bogert 2001 (+57) 200m 02:05.69 32,81
Christel Brugmans 2000 (+43) 250m 02:36.20 30,51
Christel Brugmans 2000 (+43) 300m 03:08.45 32,25
Selene Wortel 1997 (+56) 350m 03:37.57 29,12
Selene Wortel 1997 (+56) 400m 04:09.28 31,71

. ZPC De Hof

04:18.10

Linde Haverkate 1999 (+85) 50m 00:31.54 31,54
Linde Haverkate 1999 (+85) 100m 01:06.04 34,50
Naomi Klein 1999 (+36) 150m 01:36.30 30,26
Naomi Klein 1999 (+36) 200m 02:08.87 32,57
Deborah Wissink 1995 (+42) 250m 02:40.30 31,43
Deborah Wissink 1995 (+42) 300m 03:14.99 34,69
Elisa Haverkate 2002 (+52) 350m 03:44.49 29,50
Elisa Haverkate 2002 (+52) 400m 04:18.10 33,61

23. 4x100m vrije slag heren

vanaf -1 jaar

BM. De Dinkel

03:55.41

Tom Laarhuis 1998 (+75) 50m 00:27.01 27,01
Tom Laarhuis 1998 (+75) 100m 00:56.18 29,17
Pascal Bloemen 1999 (+15) 150m 01:24.61 28,43
Pascal Bloemen 1999 (+15) 200m 01:55.99 31,38
Jurje Hanstede 2002 (+64) 250m 02:23.79 27,80
Jurje Hanstede 2002 (+64) 300m 02:53.63 29,84
Milan van Dieren 2001 (+49) 350m 03:22.56 28,93
Milan van Dieren 2001 (+49) 400m 03:55.41 32,85

. Dedemsvaart-AC

04:01.23

Mark Boertien 1999 (+69) 50m 00:29.45 29,45
Mark Boertien 1999 (+69) 100m 01:05.94 36,49
Dominique van Tolij 1999 (+46) 150m 01:35.11 29,17
Dominique van Tolij 1999 (+46) 200m 02:09.65 34,54
Tristan Scholten 2002 (+50) 250m 02:36.48 26,83
Tristan Scholten 2002 (+50) 300m 03:07.16 30,68
Leon van den Hof 2002 (+37) 350m 03:32.49 25,33
Leon van den Hof 2002 (+37) 400m 04:01.23 28,74

. G.S.Z.V. De Golfbreker

03:42.21

Wouter van Asperen 2000 (+74) 50m 00:26.09 26,09
Wouter van Asperen 2000 (+74) 100m 00:54.79 28,70
Jeroen Lorius 1995 (+17) 150m 01:21.24 26,45
Jeroen Lorius 1995 (+17) 200m 01:50.32 29,08
Bart Weiland 1997 (+40) 250m 02:16.28 25,96
Bart Weiland 1997 (+40) 300m 02:46.10 29,82
Arjan Dekker 2000 (+30) 350m 03:12.51 26,41
Arjan Dekker 2000 (+30) 400m 03:42.21 29,70

. Wvz

04:03.24

Jasper Breugem 2000 (+75) 50m 00:27.81 27,81
Jasper Breugem 2000 (+75) 100m 00:58.11 30,30
Noah Legerstee 2000 (+47) 150m 01:25.23 27,12
Noah Legerstee 2000 (+47) 200m 01:55.84 30,61
Matthijs Arnoldus 2000 (+38) 250m 02:25.66 29,82
Matthijs Arnoldus 2000 (+38) 300m 03:00.49 34,83
Rolf Bavelaar 2000 (+25) 350m 03:29.48 28,99
Rolf Bavelaar 2000 (+25) 400m 04:03.24 33,76