

Junioren Jeugd Circuit



Z&PC Nunspeet
Nunspeet 19-9-2020

Junioren-Jeugd Circuit deel 1 - zaterdag 19 september 2020 om 17:45u (25 m)

Aanvangstijd juryvergadering: 17:15u

1. 50m vrije slag - Heren

12 - 13 jaar (Junioren 1 en 2)

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| 1. Timo Bourgonje (SG Octopus - ZVV, 200700599) | 00:30.94 |
| 2. Rian Schoneveld (De Berkelduikers, 200801789) | 00:31.53 |
| 3. Mark Hiddink (De Berkelduikers, 200802173) | 00:31.65 |
| 4. Thijs Brouns (Nunspeet, 200803281) | 00:42.55 |
| 5. Seth de Vries (Nunspeet, 200803283) | 00:43.35 |
| DIS: Siebe Kestra (De Berkelduikers, 200803095) | 00:00.00 |

14 - 15 jaar (Junioren 3 en 4)

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| 1. Leon Blok (De Berkelduikers, 200603163) | 00:30.19 |
| 2. Lars Haytink (De Berkelduikers, 200601815) | 00:30.20 |
| 3. Melle Arfman (De Berkelduikers, 200501885) | 00:30.97 |
| 4. Ryan Bleumink (De Berkelduikers, 200601257) | 00:31.65 |
| 5. Finn Ooijman (De Berkelduikers, 200603161) | 00:32.31 |
| 6. Mats de Feijter (SG Octopus - ZVV, 200600587) | 00:33.52 |

16 - 17 jaar (Jeugd 1 en 2)

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| 1. Ivan Brummelman (De Berkelduikers, 200301167) | 00:27.18 |
| 2. Albert Bolink (De Berkelduikers, 200302175) | 00:28.01 |
| 3. Jorim Hebbink (De Berkelduikers, 200401957) | 00:28.05 |
| 4. Luuk Hoentjen (De Berkelduikers, 200402901) | 00:29.29 |
| 5. Djurre Karmiggelt (De Berkelduikers, 200402437) | 00:30.20 |
| 6. Tim Kuipers (Nunspeet, 200401029) | 00:30.94 |
| 7. Seppe Hendriks (De Berkelduikers, 200401961) | 00:31.25 |

vanaf 18 jaar (Senioren 1 en ouder)

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| 1. Max Vlijm (Nunspeet, 200201937) | 00:28.04 |
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2. 100m vrije slag - Dames

11 - 12 jaar (Junioren 1 en 2)

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| 1. Rebecca Moraal (SG Octopus - ZVV, 200801950) | 01:10.33 |
| 50m 00:33.96 33,96 | |
| 2. Isabel Eemstra (SG Octopus - ZVV, 200900042) | 01:14.63 |
| 50m 00:35.90 35,90 | |
| 3. Dana Eelderink (De Berkelduikers, 200803086) | 01:17.03 |
| 50m 00:36.28 36,28 | |
| 4. Meyke Haytink (De Berkelduikers, 200801188) | 01:17.99 |
| 50m 00:35.79 35,79 | |

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| 5. Jaira van de Worp (SG Octopus - ZVV, 200802534) 50m 00:41.06 41,06 | 01:22.98 |
| 6. Grace van Dijk (SG Octopus - ZVV, 200800932) 50m 00:39.76 39,76 | 01:24.16 |
| 7. Emma Brummelman (De Berkelduikers, 200902106) 50m 00:39.26 39,26 | 01:25.12 |
| 8. Froukje van Leeuwen (De Berkelduikers, 200901208) 50m 00:39.09 39,09 | 01:25.35 |
| 9. Merel Graaf de (SG Octopus - ZVV, 200902776) 50m 00:40.86 40,86 | 01:28.64 |
| 10. Nora Bleijenberg (De Berkelduikers, 200804052) 50m 00:41.36 41,36 | 01:30.04 |
| 11. Ilse Hoentjen (De Berkelduikers, 200802580) 50m 00:41.72 41,72 | 01:31.52 |
| 12. Maud Kruithof (Nunspeet, 200802962) 50m 00:42.99 42,99 | 01:32.47 |
| 13. Laura van den Hoorn (Nunspeet, 200802248) 50m 00:44.83 44,83 | 01:36.53 |
| 14. Finn Harmsen (De Berkelduikers, 200902108) 50m 00:44.99 44,99 | 01:38.20 |
| 15. Esmée Leeftang (Nunspeet, 200802810) 50m 00:44.35 44,35 | 01:38.20 |
| 16. Alicia Hendriks (SG Octopus - ZVV, 200804226) 50m 00:45.84 45,84 | 01:40.03 |
| <i>13 - 14 jaar (Junioren 3 en 4)</i> | |
| 1. Nynke van Leeuwen (De Berkelduikers, 200701272) 50m 00:32.28 32,28 | 01:08.65 |
| 2. Femke Bolink (De Berkelduikers, 200602058) 50m 00:33.50 33,50 | 01:10.66 |
| 3. Fajah Meijers (Nunspeet, 200701942) 50m 00:32.53 32,53 | 01:11.38 |
| 4. Dominique Bredenhof (SG Octopus - ZVV, 200700322) 50m 00:34.88 34,88 | 01:11.76 |
| 5. Mirte Leeftang (Nunspeet, 200601010) 50m 00:34.04 34,04 | 01:11.90 |
| 6. Britt Hopman (SG Octopus - ZVV, 200702688) 50m 00:34.66 34,66 | 01:12.57 |
| 7. Sterre Karmiggelt (De Berkelduikers, 200601786) 50m 00:34.91 34,91 | 01:12.64 |
| 8. Cedi van der Beek (SG Octopus - ZVV, 200702418) 50m 00:34.02 34,02 | 01:13.06 |
| 9. Marith Hesselink (SG Octopus - ZVV, 200600024) 50m 00:35.80 35,80 | 01:14.90 |
| 10. Joyce Vlijm (Nunspeet, 200700262) 50m 00:35.56 35,56 | 01:15.29 |
| 11. Yvette Schuurman (De Berkelduikers, 200602770) 50m 00:36.18 36,18 | 01:16.21 |
| 12. Wieke Arfman (De Berkelduikers, 200701270) 50m 00:40.01 40,01 | 01:18.27 |

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| 13. Indy Groot Roessink (De Berkelduikers, 200702348) | 01:19.30 |
| 50m 00:36.22 36,22 | |
| 14. Loes Hekkelman (De Berkelduikers, 200602746) | 01:19.34 |
| 50m 00:37.64 37,64 | |
| 15. Evy Woudenberg (SG Octopus - ZVV, 200700652) | 01:21.06 |
| 50m 00:38.20 38,20 | |
| 16. Sanne Mol (De Berkelduikers, 200603290) | 01:21.68 |
| 50m 00:38.63 38,63 | |
| 17. Roselin van Milligen (Nunspeet, 200603684) | 01:22.00 |
| 50m 00:37.76 37,76 | |
| 18. Amy Vollenbroek (SG Octopus - ZVV, 200701206) | 01:22.22 |
| 50m 00:39.82 39,82 | |
| 19. Noella Liefers (SG Octopus - ZVV, 200603560) | 01:32.24 |
| 50m 00:44.68 44,68 | |
| 20. Julia Slingerland (Nunspeet, 200701096) | 01:32.24 |
| 50m 00:42.27 42,27 | |
| <i>15 - 16 jaar (Jeugd 1 en 2)</i> | |
| 1. Pien Ooijman (De Berkelduikers, 200504500) | 01:10.53 |
| 50m 00:33.24 33,24 | |
| 2. Anouk Menkveld (De Berkelduikers, 200402260) | 01:11.71 |
| 50m 00:34.32 34,32 | |
| 3. Suzet van Gijtenbeek (De Berkelduikers, 200501086) | 01:13.98 |
| 50m 00:34.38 34,38 | |
| 4. Carmen van Beekhuizen (Nunspeet, 200401932) | 01:15.54 |
| 50m 00:34.95 34,95 | |
| 5. Ilja Westerink (Nunspeet, 200405130) | 01:15.69 |
| 50m 00:36.00 36,00 | |
| 6. Micky Peters (De Berkelduikers, 200502444) | 01:17.46 |
| 50m 00:37.11 37,11 | |
| 7. Sara ter Horst (De Berkelduikers, 200504686) | 01:17.65 |
| 50m 00:36.94 36,94 | |
| 8. Rebecca Hack (Nunspeet, 200500802) | 01:17.70 |
| 50m 00:35.65 35,65 | |
| 9. Lieve Ubink (Nunspeet, 200501226) | 01:17.99 |
| 50m 00:36.16 36,16 | |
| <i>vanaf 17 jaar (Senioren 1 en ouder)</i> | |
| 1. Iris van Gijtenbeek (De Berkelduikers, 200001636) | 01:08.69 |
| 2. Marloes Berenpas (De Berkelduikers, 200204754) | 01:18.96 |
| 50m 00:38.21 38,21 | |
| 3. 200m rugslag - Heren | |
| <i>12 - 13 jaar (Junioren 1 en 2)</i> | |
| <i>14 - 15 jaar (Junioren 3 en 4)</i> | |
| <i>16 - 17 jaar (Jeugd 1 en 2)</i> | |
| 1. Niels Dieker (SG Octopus - ZVV, 200301219) | 02:50.75 |
| 50m 00:40.11 40,11 100m 01:22.11 42,00 150m 02:06.22 44,11 | |
| <i>vanaf 18 jaar (Senioren 1 en ouder)</i> | |
| 1. Max Vlijm (Nunspeet, 200201937) | 02:34.56 |
| 50m 00:36.24 36,24 100m 01:15.28 39,04 150m 01:57.03 41,75 | |
| 2. Danny Rekers (Nunspeet, 200201459) | 02:58.45 |
| 50m 00:41.55 41,55 100m 01:26.76 45,21 150m 02:13.03 46,27 | |

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| 4. 50m schoolslag - Dames | |
| <i>11 - 12 jaar (Junioren 1 en 2)</i> | |
| 1. Esmée Leeflang (Nunspeet, 200802810) | 00:50.55 |
| 2. Maud Kruithof (Nunspeet, 200802962) | 00:53.78 |
| <i>13 - 14 jaar (Junioren 3 en 4)</i> | |
| 1. Robyn Hulleman (SG Octopus - ZVV, 200600890) | 00:38.07 |
| 2. Imke Temmink (De Berkelduikers, 200601668) | 00:38.58 |
| 3. Christel Manuela (SG Octopus - ZVV, 200602154) | 00:38.67 |
| 4. Ilse Dadema (De Berkelduikers, 200601790) | 00:38.79 |
| 5. Britt Meisner (SG Octopus - ZVV, 200600658) | 00:41.23 |
| 6. Kim van der Stege (SG Octopus - ZVV, 200600004) | 00:41.66 |
| 7. Lyke Bellert (SG Octopus - ZVV, 200701424) | 00:43.00 |
| 8. Julia Slingerland (Nunspeet, 200701096) | 00:45.20 |
| DIS. Bloem Muijlaert (SG Octopus - ZVV, 200602754) | 00:00.00 |
| <i>15 - 16 jaar (Jeugd 1 en 2)</i> | |
| 1. Lianne Beekman (SG Octopus - ZVV, 200500124) | 00:35.77 |
| 2. Larissa de Vos (SG Octopus - ZVV, 200502728) | 00:36.88 |
| 3. Feline Slijkhuis (SG Octopus - ZVV, 200501042) | 00:39.48 |
| 4. Dominique Groot Roessink (De Berkelduikers, 200402258) | 00:40.21 |
| 5. Ilse Wild (SG Octopus - ZVV, 200401812) | 00:43.38 |
| 6. Roos van Niersen (SG Octopus - ZVV, 200401026) | 00:43.86 |
| 7. Wendy van Luttkhuizen (SG Octopus - ZVV, 200501052) | 00:46.40 |
| 8. Ilja Westerink (Nunspeet, 200405130) | 00:53.06 |
| <i>vanaf 17 jaar (Senioren 1 en ouder)</i> | |
| 5. 200m vlinderslag - Heren | |
| <i>12 - 13 jaar (Junioren 1 en 2)</i> | |
| <i>14 - 15 jaar (Junioren 3 en 4)</i> | |
| <i>16 - 17 jaar (Jeugd 1 en 2)</i> | |
| <i>vanaf 18 jaar (Senioren 1 en ouder)</i> | |
| 6. 100m wisselslag - Dames | |
| <i>11 - 12 jaar (Junioren 1 en 2)</i> | |
| 1. Isabel Eemstra (SG Octopus - ZVV, 200900042) | 01:26.27 |
| 50m 00:41.15 41,15 | |
| 2. Rebecca Moraal (SG Octopus - ZVV, 200801950) | 01:27.92 |
| 50m 00:39.95 39,95 | |
| 3. Dana Eelderink (De Berkelduikers, 200803086) | 01:27.95 |
| 50m 00:40.71 40,71 | |
| 4. Meyke Haytink (De Berkelduikers, 200801188) | 01:30.69 |
| 50m 00:44.25 44,25 | |
| 5. Jaira van de Worp (SG Octopus - ZVV, 200802534) | 01:31.30 |
| 50m 00:43.26 43,26 | |
| 6. Grace van Dijk (SG Octopus - ZVV, 200800932) | 01:35.36 |
| 50m 00:45.85 45,85 | |
| 7. Emma Brummelman (De Berkelduikers, 200902106) | 01:35.88 |
| 50m 00:45.74 45,74 | |

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| 8. Laura van den Hoorn (Nunspeet, 200802248) 50m 00:45.00 45,00 | 01:36.24 |
| 9. Froukje van Leeuwen (De Berkelduikers, 200901208) 50m 00:44.60 44,60 | 01:36.82 |
| 10. Merel Graaf de (SG Octopus - ZVV, 200902776) 50m 00:43.05 43,05 | 01:39.17 |
| 11. Ilse Hoentjen (De Berkelduikers, 200802580) 50m 00:50.36 50,36 | 01:43.36 |
| 12. Nora Bleijenberg (De Berkelduikers, 200804052) 50m 00:51.68 51,68 | 01:45.11 |
| 13. Finn Harmsen (De Berkelduikers, 200902108) 50m 00:53.40 53,40 | 01:53.38 |
| DIS. Alicia Hendriks (SG Octopus - ZVV, 200804226) | 00:00.00 |
| <i>13 - 14 jaar (Junioren 3 en 4)</i> | |
| 1. Fajah Meijers (Nunspeet, 200701942) 50m 00:36.00 36,00 | 01:20.00 |
| 2. Dominique Bredenhof (SG Octopus - ZVV, 200700322) 50m 00:39.23 39,23 | 01:22.13 |
| 3. Britt Hopman (SG Octopus - ZVV, 200702688) 50m 00:38.45 38,45 | 01:23.20 |
| 4. Sterre Karmiggelt (De Berkelduikers, 200601786) 50m 00:39.56 39,56 | 01:23.68 |
| 5. Cedi van der Beek (SG Octopus - ZVV, 200702418) 50m 00:37.43 37,43 | 01:23.73 |
| 6. Marith Hesselink (SG Octopus - ZVV, 200600024) 50m 00:39.67 39,67 | 01:25.04 |
| 7. Femke Bolink (De Berkelduikers, 200602058) 50m 00:39.52 39,52 | 01:25.27 |
| 8. Nynke van Leeuwen (De Berkelduikers, 200701272) 50m 00:40.67 40,67 | 01:27.18 |
| 9. Loes Hekkelman (De Berkelduikers, 200602746) 50m 00:40.61 40,61 | 01:28.30 |
| 10. Wieke Arfman (De Berkelduikers, 200701270) 50m 00:40.95 40,95 | 01:29.11 |
| 11. Yvette Schuurman (De Berkelduikers, 200602770) 50m 00:43.82 43,82 | 01:30.28 |
| 12. Indy Groot Roessink (De Berkelduikers, 200702348) 50m 00:42.34 42,34 | 01:31.00 |
| 13. Amy Vollenbroek (SG Octopus - ZVV, 200701206) 50m 00:43.08 43,08 | 01:31.80 |
| 14. Evy Woudenberg (SG Octopus - ZVV, 200700652) 50m 00:40.04 40,04 | 01:32.10 |
| 15. Sanne Mol (De Berkelduikers, 200603290) 50m 00:42.97 42,97 | 01:38.38 |
| 16. Noella Liefers (SG Octopus - ZVV, 200603560) 50m 00:45.88 45,88 | 01:40.35 |
| <i>15 - 16 jaar (Jeugd 1 en 2)</i> | |
| 1. Anouk Menkveld (De Berkelduikers, 200402260) 50m 00:38.27 38,27 | 01:24.34 |

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| 2. Suzet van Gijtenbeek (De Berkelduikers, 200501086) | 01:24.91 |
| 50m 00:38.66 38,66 | |
| 3. Pien Ooijman (De Berkelduikers, 200504500) | 01:25.28 |
| 50m 00:39.03 39,03 | |
| 4. Micky Peters (De Berkelduikers, 200502444) | 01:30.53 |
| 50m 00:42.60 42,60 | |
| 5. Sara ter Horst (De Berkelduikers, 200504686) | 01:31.05 |
| 50m 00:42.26 42,26 | |
| 6. Lieve Ubink (Nunspeet, 200501226) | 01:31.80 |
| 50m 00:43.36 43,36 | |
| 7. Ilja Westerink (Nunspeet, 200405130) | 01:39.12 |
| 50m 00:45.78 45,78 | |
| <i>vanaf 17 jaar (Senioren 1 en ouder)</i> | |
| 1. Emma Klein Heerenbrink (De Berkelduikers, 200301030) | 01:22.24 |
| 50m 00:38.13 38,13 | |
| 2. Samantha Hack (Nunspeet, 200202186) | 01:23.97 |
| 50m 00:36.20 36,20 | |
| 7. 100m schoolslag - Heren | |
| 12 - 13 jaar (Junioren 1 en 2) | |
| 1. Mark Hiddink (De Berkelduikers, 200802173) | 01:38.29 |
| 50m 00:46.10 46,10 | |
| 2. Siebe Keestra (De Berkelduikers, 200803095) | 01:46.40 |
| 50m 00:50.47 50,47 | |
| DIS. Rian Schoneveld (De Berkelduikers, 200801789) | 00:00.00 |
| 50m 00:48.42 48,42 | |
| 14 - 15 jaar (Junioren 3 en 4) | |
| 1. Lars Haytink (De Berkelduikers, 200601815) | 01:23.91 |
| 50m 00:38.85 38,85 | |
| 2. Melle Arfman (De Berkelduikers, 200501885) | 01:33.05 |
| 50m 00:44.38 44,38 | |
| 3. Finn Ooijman (De Berkelduikers, 200603161) | 01:33.05 |
| 50m 00:43.44 43,44 | |
| 4. Ryan Bleumink (De Berkelduikers, 200601257) | 01:33.37 |
| 50m 00:43.69 43,69 | |
| 5. Leon Blok (De Berkelduikers, 200603163) | 01:36.64 |
| 50m 00:45.70 45,70 | |
| 16 - 17 jaar (Jeugd 1 en 2) | |
| 1. Albert Bolink (De Berkelduikers, 200302175) | 01:19.61 |
| 50m 00:37.31 37,31 | |
| 2. Ivan Brummelman (De Berkelduikers, 200301167) | 01:21.61 |
| 50m 00:38.97 38,97 | |
| 3. Hendrie Mulder (Nunspeet, 200402989) | 01:22.94 |
| 50m 00:39.54 39,54 | |
| 4. Luuk Hoentjen (De Berkelduikers, 200402901) | 01:26.77 |
| 50m 00:41.05 41,05 | |
| 5. Niels Dieker (SG Octopus - ZVV, 200301219) | 01:27.07 |
| 50m 00:41.56 41,56 | |
| 6. Jorim Hebbink (De Berkelduikers, 200401957) | 01:29.62 |
| 50m 00:42.32 42,32 | |

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| 7. Seppe Hendriks (De Berkelduikers, 200401961) | 01:33.45 |
| 50m 00:43.92 43,92 | |
| 8. Djurre Karmiggelt (De Berkelduikers, 200402437) | 01:38.69 |
| 50m 00:45.79 45,79 | |
| <i>vanaf 18 jaar (Senioren 1 en ouder)</i> | |
| 1. Max Vlijm (Nunspeet, 200201937) | 01:20.99 |
| 50m 00:38.22 38,22 | |
| 2. Danny Rekers (Nunspeet, 200201459) | 01:25.96 |
| 50m 00:40.69 40,69 | |
| 8. 200m schoolslag - Dames | |
| 11 - 12 jaar (Junioren 1 en 2) | |
| 13 - 14 jaar (Junioren 3 en 4) | |
| 1. Ilse Dadema (De Berkelduikers, 200601790) | 03:08.54 |
| 50m 00:42.64 42,64 100m 01:30.63 47,99 | |
| 2. Imke Temmink (De Berkelduikers, 200601668) | 03:08.94 |
| 50m 00:42.68 42,68 100m 01:30.86 48,18 | |
| 3. Julia Slingerland (Nunspeet, 200701096) | 03:49.64 |
| 50m 00:49.63 49,63 100m 01:48.10 58,47 | |
| DIS. Roselin van Milligen (Nunspeet, 200603684) | 00:00.00 |
| <i>15 - 16 jaar (Jeugd 1 en 2)</i> | |
| 1. Dominique Groot Roessink (De Berkelduikers, 200402258) | 03:20.47 |
| 50m 00:44.39 44,39 100m 01:34.60 50,21 | |
| 2. Lieve Ubink (Nunspeet, 200501226) | 03:42.45 |
| 50m 00:49.65 49,65 100m 01:46.66 57,01 | |
| <i>vanaf 17 jaar (Senioren 1 en ouder)</i> | |
| 1. Isa van Ditshuizen (De Berkelduikers, 200201002) | 03:03.10 |
| 50m 00:40.11 40,11 100m 01:25.93 45,82 | |
| 9. 200m vrije slag - Heren | |
| 12 - 13 jaar (Junioren 1 en 2) | |
| 1. Timo Bourgonje (SG Octopus - ZVV, 200700599) | 02:33.54 |
| 50m 00:34.90 34,90 100m 01:13.73 38,83 | |
| 14 - 15 jaar (Junioren 3 en 4) | |
| 1. Mats de Feijter (SG Octopus - ZVV, 200600587) | 02:47.22 |
| 50m 00:37.60 37,60 100m 01:20.28 42,68 | |
| 16 - 17 jaar (Jeugd 1 en 2) | |
| 1. Hendrie Mulder (Nunspeet, 200402989) | 02:31.36 |
| 50m 00:34.60 34,60 100m 01:13.20 38,60 | |
| 2. Tim Kuipers (Nunspeet, 200401029) | 02:41.60 |
| 50m 00:38.53 38,53 100m 01:21.93 43,40 | |
| <i>vanaf 18 jaar (Senioren 1 en ouder)</i> | |
| 1. Danny Rekers (Nunspeet, 200201459) | 02:51.32 |
| 50m 00:38.04 38,04 100m 01:20.97 42,93 | |
| 10. 400m vrije slag - Dames | |
| 11 - 12 jaar (Junioren 1 en 2) | |
| 13 - 14 jaar (Junioren 3 en 4) | |
| 1. Robyn Hulleman (SG Octopus - ZVV, 200600890) | 04:52.48 |
| 50m 00:32.92 32,92 100m 01:09.54 36,62 200m 02:24.10 74,56 300m 03:40.01 75,91 | |
| 2. Lyke Bellert (SG Octopus - ZVV, 200701424) | 04:59.51 |
| 50m 00:34.17 34,17 100m 01:11.85 37,68 200m 02:29.68 77,83 300m 03:46.50 76,82 | |
| 3. Christel Manuela (SG Octopus - ZVV, 200602154) | 05:11.13 |

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| | 50m 00:33.35 33,35 | 100m 01:11.24 37,89 | 200m 02:31.24 80,00 | 300m 03:51.95 80,71 | |
| 4. Bloem Muijlaert (SG Octopus - ZVV, 200602754) | 50m 00:33.34 33,34 | 100m 01:11.42 38,08 | 200m 02:31.32 79,90 | 300m 03:53.14 81,82 | 05:13.47 |
| 5. Kim van der Stege (SG Octopus - ZVV, 200600004) | 50m 00:35.26 35,26 | 100m 01:14.79 39,53 | 200m 02:38.33 83,54 | 300m 04:03.97 85,64 | 05:28.17 |
| 6. Britt Meisner (SG Octopus - ZVV, 200600658) | 50m 00:37.26 37,26 | 100m 01:19.33 42,07 | 200m 02:45.55 86,22 | 300m 04:13.91 88,36 | 05:40.74 |
| 7. Fajah Meijers (Nunspeet, 200701942) | 50m 00:36.44 36,44 | 100m 01:19.35 42,91 | 200m 02:48.42 89,07 | 300m 04:19.27 90,85 | 05:46.04 |
| 8. Joyce Vlijm (Nunspeet, 200700262) | 50m 00:38.48 38,48 | 100m 01:22.60 44,12 | 200m 02:52.22 89,62 | 300m 04:25.75 93,53 | 05:53.60 |
| 9. Mirte Leeflang (Nunspeet, 200601010) | 50m 00:40.27 40,27 | 100m 01:27.32 47,05 | 200m 02:16.92 49,60 | 300m 04:49.36 152,44 | 06:28.09 |
| <i>15 - 16 jaar (Jeugd 1 en 2)</i> | | | | | |
| 1. Lianne Beekman (SG Octopus - ZVV, 200500124) | 50m 00:31.76 31,76 | 100m 01:07.11 35,35 | 200m 02:18.65 71,54 | 300m 03:31.26 72,61 | 04:43.14 |
| 2. Larissa de Vos (SG Octopus - ZVV, 200502728) | 50m 00:32.20 32,20 | 100m 01:07.95 35,75 | 200m 02:21.11 73,16 | 300m 03:34.78 73,67 | 04:48.39 |
| 3. Feline Slijkhuis (SG Octopus - ZVV, 200501042) | 50m 00:32.83 32,83 | 100m 01:09.31 36,48 | 200m 02:24.46 75,15 | 300m 03:42.65 78,19 | 04:59.50 |
| 4. Ilse Wild (SG Octopus - ZVV, 200401812) | 50m 00:35.85 35,85 | 100m 01:15.49 39,64 | 200m 02:36.16 80,67 | 300m 03:56.54 80,38 | 05:12.60 |
| 5. Roos van Niersen (SG Octopus - ZVV, 200401026) | 50m 00:38.37 38,37 | 100m 01:20.25 41,88 | 200m 02:49.17 88,92 | 300m 04:20.98 91,81 | 05:51.95 |
| 6. Wendy van Luttkhuizen (SG Octopus - ZVV, 200501052) | 50m 00:37.62 37,62 | 100m 01:20.50 42,88 | 200m 02:51.03 90,53 | 300m 04:24.40 93,37 | 05:54.47 |
| 7. Carmen van Beekhuizen (Nunspeet, 200401932) | 50m 00:39.40 39,40 | 100m 01:24.69 45,29 | 200m 02:58.32 93,63 | 300m 04:34.32 96,00 | 06:06.92 |
| <i>vanaf 17 jaar (Senioren 1 en ouder)</i> | | | | | |
| 1. Iris van Gijtenbeek (De Berkelduikers, 200001636) | 50m 00:36.49 36,49 | 100m 01:17.08 40,59 | 200m 02:42.22 85,14 | 300m 04:11.62 89,40 | 05:42.17 |
| 11. 50m rugslag - Heren | | | | | |
| <i>12 - 13 jaar (Junioren 1 en 2)</i> | | | | | |
| 1. Thijs Brouns (Nunspeet, 200803281) | | | | | 00:52.99 |
| 2. Seth de Vries (Nunspeet, 200803283) | | | | | 00:55.80 |
| <i>14 - 15 jaar (Junioren 3 en 4)</i> | | | | | |
| 1. Lars Haytink (De Berkelduikers, 200601815) | | | | | 00:34.91 |
| 2. Melle Arfman (De Berkelduikers, 200501885) | | | | | 00:36.64 |
| 3. Leon Blok (De Berkelduikers, 200603163) | | | | | 00:37.23 |
| 4. Ryan Bleumink (De Berkelduikers, 200601257) | | | | | 00:38.13 |
| 5. Finn Ooijman (De Berkelduikers, 200603161) | | | | | 00:40.07 |
| <i>16 - 17 jaar (Jeugd 1 en 2)</i> | | | | | |
| 1. Ivan Brummelman (De Berkelduikers, 200301167) | | | | | 00:34.01 |
| 2. Albert Bolink (De Berkelduikers, 200302175) | | | | | 00:34.79 |
| 3. Luuk Hoentjen (De Berkelduikers, 200402901) | | | | | 00:35.90 |
| 4. Jorim Hebbink (De Berkelduikers, 200401957) | | | | | 00:36.14 |

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| 5. Djurre Karmiggelt (De Berkelduikers, 200402437) | 00:36.53 |
| 6. Seppe Hendriks (De Berkelduikers, 200401961) | 00:40.71 |
| <i>vanaf 18 jaar (Senioren 1 en ouder)</i> | |
| 12. 100m rugslag - Dames | |
| <i>11 - 12 jaar (Junioren 1 en 2)</i> | |
| 1. Isabel Eemstra (SG Octopus - ZVV, 200900042) | 01:24.33 |
| 50m 00:41.56 41,56 | |
| 2. Rebecca Moraal (SG Octopus - ZVV, 200801950) | 01:29.23 |
| 50m 00:42.55 42,55 | |
| 3. Dana Eelderink (De Berkelduikers, 200803086) | 01:30.73 |
| 50m 00:44.09 44,09 | |
| 4. Jaira van de Worp (SG Octopus - ZVV, 200802534) | 01:35.79 |
| 50m 00:45.73 45,73 | |
| 5. Froukje van Leeuwen (De Berkelduikers, 200901208) | 01:36.94 |
| 50m 00:45.81 45,81 | |
| 6. Meyke Haytink (De Berkelduikers, 200801188) | 01:38.23 |
| 50m 00:48.73 48,73 | |
| 7. Emma Brummelman (De Berkelduikers, 200902106) | 01:38.64 |
| 50m 00:46.87 46,87 | |
| 8. Merel Graaf de (SG Octopus - ZVV, 200902776) | 01:40.21 |
| 50m 00:47.78 47,78 | |
| 9. Grace van Dijk (SG Octopus - ZVV, 200800932) | 01:40.44 |
| 50m 00:48.06 48,06 | |
| 10. Laura van den Hoorn (Nunspeet, 200802248) | 01:48.04 |
| 50m 00:52.58 52,58 | |
| 11. Finn Harmsen (De Berkelduikers, 200902108) | 01:50.24 |
| 50m 00:51.65 51,65 | |
| 12. Nora Bleijenberg (De Berkelduikers, 200804052) | 01:50.47 |
| 50m 00:53.96 53,96 | |
| 13. Esmée Leeflang (Nunspeet, 200802810) | 01:51.20 |
| 50m 00:53.36 53,36 | |
| 14. Maud Kruithof (Nunspeet, 200802962) | 01:52.51 |
| 50m 00:56.95 56,95 | |
| 15. Alicia Hendriks (SG Octopus - ZVV, 200804226) | 02:00.30 |
| 50m 00:55.79 55,79 | |
| DIS. Ilse Hoentjen (De Berkelduikers, 200802580) | 00:00.00 |
| <i>13 - 14 jaar (Junioren 3 en 4)</i> | |
| 1. Imke Temmink (De Berkelduikers, 200601668) | 01:16.84 |
| 50m 00:37.56 37,56 | |
| 2. Sterre Karmiggelt (De Berkelduikers, 200601786) | 01:19.91 |
| 50m 00:38.57 38,57 | |
| 3. Femke Bolink (De Berkelduikers, 200602058) | 01:21.44 |
| 50m 00:40.28 40,28 | |
| 4. Marith Hesselink (SG Octopus - ZVV, 200600024) | 01:23.37 |
| 50m 00:40.55 40,55 | |
| 5. Cedi van der Beek (SG Octopus - ZVV, 200702418) | 01:24.33 |
| 50m 00:39.66 39,66 | |
| 6. Dominique Bredenhof (SG Octopus - ZVV, 200700322) | 01:24.94 |
| 50m 00:41.56 41,56 | |

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| 7. Wieke Arfman (De Berkelduikers, 200701270) 50m 00:42.25 42,25 | 01:25.22 |
| 8. Ilse Dadema (De Berkelduikers, 200601790) 50m 00:42.69 42,69 | 01:26.26 |
| 9. Britt Hopman (SG Octopus - ZVV, 200702688) 50m 00:43.43 43,43 | 01:26.67 |
| 10. Nynke van Leeuwen (De Berkelduikers, 200701272) 50m 00:41.94 41,94 | 01:28.72 |
| 11. Evy Woudenberg (SG Octopus - ZVV, 200700652) 50m 00:43.48 43,48 | 01:29.99 |
| 12. Indy Groot Roessink (De Berkelduikers, 200702348) 50m 00:43.92 43,92 | 01:30.83 |
| 13. Sanne Mol (De Berkelduikers, 200603290) 50m 00:44.57 44,57 | 01:32.10 |
| 14. Yvette Schuurman (De Berkelduikers, 200602770) 50m 00:45.11 45,11 | 01:32.64 |
| 15. Loes Hekkelman (De Berkelduikers, 200602746) 50m 00:45.05 45,05 | 01:33.70 |
| 16. Amy Vollenbroek (SG Octopus - ZVV, 200701206) 50m 00:46.76 46,76 | 01:34.71 |
| 17. Roselin van Milligen (Nunspeet, 200603684) 50m 00:45.62 45,62 | 01:37.35 |
| 18. Noella Liefers (SG Octopus - ZVV, 200603560) 50m 00:48.61 48,61 | 01:38.57 |
| <i>15 - 16 jaar (Jeugd 1 en 2)</i> | |
| 1. Pien Ooijman (De Berkelduikers, 200504500) 50m 00:40.92 40,92 | 01:22.62 |
| 2. Suzet van Gijtenbeek (De Berkelduikers, 200501086) 50m 00:41.53 41,53 | 01:24.82 |
| 3. Rebecca Hack (Nunspeet, 200500802) 50m 00:42.59 42,59 | 01:28.36 |
| 4. Dominique Groot Roessink (De Berkelduikers, 200402258) 50m 00:43.30 43,30 | 01:28.86 |
| 5. Micky Peters (De Berkelduikers, 200502444) 50m 00:43.94 43,94 | 01:30.33 |
| 6. Sara ter Horst (De Berkelduikers, 200504686) 50m 00:45.43 45,43 | 01:33.82 |
| <i>vanaf 17 jaar (Senioren 1 en ouder)</i> | |
| 1. Emma Klein Heerenbrink (De Berkelduikers, 200301030) 50m 00:40.59 40,59 | 01:23.04 |
| 2. Marloes Berenpas (De Berkelduikers, 200204754) 50m 00:44.89 44,89 | 01:31.38 |
| 13. 50m vlinderslag - Heren | |
| <i>12 - 13 jaar (Junioren 1 en 2)</i> | |
| 1. Timo Bourgonje (SG Octopus - ZVV, 200700599) | 00:39.27 |
| 2. Thijs Brouns (Nunspeet, 200803281) | 01:00.99 |
| 3. Seth de Vries (Nunspeet, 200803283) | 01:05.15 |
| <i>14 - 15 jaar (Junioren 3 en 4)</i> | |

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| 1. Mats de Feijter (SG Octopus - ZVV, 200600587) | 00:42.86 |
| <i>16 - 17 jaar (Jeugd 1 en 2)</i> | |
| 1. Tim Kuipers (Nunspeet, 200401029) | 00:37.23 |
| <i>vanaf 18 jaar (Senioren 1 en ouder)</i> | |
| 14. 100m vlinderslag - Dames | |
| <i>11 - 12 jaar (Junioren 1 en 2)</i> | |
| <i>13 - 14 jaar (Junioren 3 en 4)</i> | |
| 1. Robyn Hulleman (SG Octopus - ZVV, 200600890) | 01:10.42 |
| 50m 00:33.02 33,02 | |
| 2. Lyke Bellert (SG Octopus - ZVV, 200701424) | 01:14.42 |
| 50m 00:34.33 34,33 | |
| 3. Christel Manuela (SG Octopus - ZVV, 200602154) | 01:22.22 |
| 50m 00:36.19 36,19 | |
| 4. Kim van der Stege (SG Octopus - ZVV, 200600004) | 01:24.55 |
| 50m 00:38.94 38,94 | |
| 5. Joyce Vlijm (Nunspeet, 200700262) | 01:34.16 |
| 50m 00:43.26 43,26 | |
| 6. Mirte Leeftang (Nunspeet, 200601010) | 01:35.41 |
| 50m 00:42.53 42,53 | |
| <i>15 - 16 jaar (Jeugd 1 en 2)</i> | |
| 1. Larissa de Vos (SG Octopus - ZVV, 200502728) | 01:09.09 |
| 50m 00:32.22 32,22 | |
| 2. Lianne Beekman (SG Octopus - ZVV, 200500124) | 01:10.42 |
| 50m 00:32.70 32,70 | |
| 3. Ilse Wild (SG Octopus - ZVV, 200401812) | 01:16.14 |
| 50m 00:34.97 34,97 | |
| 4. Feline Slijkhuis (SG Octopus - ZVV, 200501042) | 01:18.51 |
| 50m 00:35.05 35,05 | |
| 5. Anouk Menkveld (De Berkelduikers, 200402260) | 01:25.01 |
| 50m 00:38.85 38,85 | |
| 6. Carmen van Beekhuizen (Nunspeet, 200401932) | 01:31.58 |
| 50m 00:41.65 41,65 | |
| 7. Wendy van Luttkhuizen (SG Octopus - ZVV, 200501052) | 01:33.33 |
| 50m 00:41.52 41,52 | |
| <i>vanaf 17 jaar (Senioren 1 en ouder)</i> | |
| 1. Samantha Hack (Nunspeet, 200202186) | 01:30.03 |
| 50m 00:40.32 40,32 | |
| 15. 200m wisselslag - Heren | |
| <i>12 - 13 jaar (Junioren 1 en 2)</i> | |
| 1. Rian Schoneveld (De Berkelduikers, 200801789) | 02:54.07 |
| 50m 00:36.58 36,58 100m 01:19.97 43,39 | |
| 2. Mark Hiddink (De Berkelduikers, 200802173) | 03:07.61 |
| 50m 00:40.05 40,05 100m 01:24.91 44,86 | |
| 3. Siebe Kestra (De Berkelduikers, 200803095) | 03:44.41 |
| 50m 00:53.96 53,96 100m 01:52.43 58,47 | |
| <i>14 - 15 jaar (Junioren 3 en 4)</i> | |
| 1. Lars Haytink (De Berkelduikers, 200601815) | 02:44.95 |
| 50m 00:36.18 36,18 100m 01:18.92 42,74 | |
| 2. Melle Arfman (De Berkelduikers, 200501885) | 02:47.66 |
| 50m 00:36.59 36,59 100m 01:18.83 42,24 | |

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| 3. Leon Blok (De Berkelduikers, 200603163) | | | | | 02:56.97 |
| | 50m | 00:38.13 | 38,13 | 100m | 01:24.09 |
| | | | | | 45,96 |
| 4. Ryan Bleumink (De Berkelduikers, 200601257) | | | | | 02:59.06 |
| | 50m | 00:40.30 | 40,30 | 100m | 01:26.22 |
| | | | | | 45,92 |
| 5. Finn Ooijman (De Berkelduikers, 200603161) | | | | | 02:59.69 |
| | 50m | 00:39.75 | 39,75 | 100m | 01:26.82 |
| | | | | | 47,07 |
| <i>16 - 17 jaar (Jeugd 1 en 2)</i> | | | | | |
| 1. Ivan Brummelman (De Berkelduikers, 200301167) | | | | | 02:36.45 |
| | 50m | 00:32.66 | 32,66 | 100m | 01:13.16 |
| | | | | | 40,50 |
| 2. Albert Bolink (De Berkelduikers, 200302175) | | | | | 02:42.12 |
| | 50m | 00:34.86 | 34,86 | 100m | 01:14.89 |
| | | | | | 40,03 |
| 3. Luuk Hoentjen (De Berkelduikers, 200402901) | | | | | 02:42.66 |
| | 50m | 00:35.92 | 35,92 | 100m | 01:17.57 |
| | | | | | 41,65 |
| 4. Jorim Hebbink (De Berkelduikers, 200401957) | | | | | 02:45.80 |
| | 50m | 00:31.82 | 31,82 | 100m | 01:15.81 |
| | | | | | 43,99 |
| 5. Niels Dieker (SG Octopus - ZVV, 200301219) | | | | | 02:51.35 |
| | 50m | 00:36.81 | 36,81 | 100m | 01:20.06 |
| | | | | | 43,25 |
| 6. Djurre Karmiggelt (De Berkelduikers, 200402437) | | | | | 03:02.19 |
| | 50m | 00:41.05 | 41,05 | 100m | 01:26.44 |
| | | | | | 45,39 |
| 7. Seppe Hendriks (De Berkelduikers, 200401961) | | | | | 03:07.20 |
| | 50m | 00:40.09 | 40,09 | 100m | 01:28.21 |
| | | | | | 48,12 |
| <i>vanaf 18 jaar (Senioren 1 en ouder)</i> | | | | | |
| 1. Max Vlijm (Nunspeet, 200201937) | | | | | 02:43.98 |
| | 50m | 00:34.99 | 34,99 | 100m | 01:17.48 |
| | | | | | 42,49 |
| 16. 400m wisselslag - Dames | | | | | |
| <i>11 - 12 jaar (Junioren 1 en 2)</i> | | | | | |
| <i>13 - 14 jaar (Junioren 3 en 4)</i> | | | | | |
| <i>15 - 16 jaar (Jeugd 1 en 2)</i> | | | | | |
| <i>vanaf 17 jaar (Senioren 1 en ouder)</i> | | | | | |
| 1. Isa van Ditshuizen (De Berkelduikers, 200201002) | | | | | 06:16.05 |
| | 50m | 00:42.40 | 42,40 | 100m | 01:34.92 |
| | | | | 200m | 03:10.52 |
| | | | | 95,60 | 300m |
| | | | | | 04:49.19 |
| | | | | | 98,67 |
| 17. 4x100m wisselslag | | | | | |
| <i>vanaf 12 jaar</i> | | | | | |
| 1. De Berkelduikers | | | | | 05:12.79 |
| Femke Bolink 2006 | 50m | 00:41.09 | 41,09 | | |
| Femke Bolink 2006 | 100m | 01:23.91 | 42,82 | | |
| Albert Bolink 2003 | 200m | 02:48.23 | 84,32 | | |
| Ivan Brummelman 2003 | 300m | 04:02.07 | 73,84 | | |
| Nynke van Leeuwen 2007 | 400m | 05:12.79 | 70,72 | | |
| 2. De Berkelduikers | | | | | 05:14.32 |
| Melle Arfman 2005 | 50m | 00:39.11 | 39,11 | | |
| Melle Arfman 2005 | 100m | 01:18.20 | 39,09 | | |
| Ilse Dadema 2006 | 200m | 01:59.19 | 40,99 | | |
| Imke Temmink 2006 | 300m | 04:09.79 | 130,60 | | |
| Jorim Hebbink 2004 | 400m | 05:14.32 | 64,53 | | |
| 3. SG Octopus - ZVV | | | | | 05:25.76 |
| Britt Meisner 2006 | 50m | 00:38.64 | 38,64 | | |
| Britt Meisner 2006 | 100m | 01:21.84 | 43,20 | | |
| Niels Dieker 2003 | 200m | 02:51.33 | 89,49 | | |
| Britt Hopman 2007 | 300m | 04:17.35 | 86,02 | | |
| Timo Bourgonje 2007 | 400m | 05:25.76 | 68,41 | | |
| 4. Nunspeet | | | | | 05:30.20 |
| Tim Kuipers 2004 | 50m | 00:41.80 | 41,80 | | |

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|----------------------------|------|----------|-------|
| Tim Kuipers 2004 | 100m | 01:21.31 | 39,51 |
| Carmen van Beekhuizen 2004 | 200m | 02:58.11 | 96,80 |
| Hendrie Mulder 2004 | 300m | 04:18.30 | 80,19 |
| Fajah Meijers 2007 | 400m | 05:30.20 | 71,90 |

5. Nunspeet

06:54.56

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|---------------------|------|----------|--------|
| Joyce Vlijm 2007 | 50m | 00:41.69 | 41,69 |
| Joyce Vlijm 2007 | 100m | 01:24.48 | 42,79 |
| Seth de Vries 2008 | 200m | 03:31.15 | 126,67 |
| Mirte Leeftang 2006 | 300m | 05:13.24 | 102,09 |
| Thijs Brouns 2008 | 400m | 06:54.56 | 101,32 |