

LAC-periode1-deel2



De Dinkel

Denekamp 28-11-2021

Nummer: 1 - zondag 28 november 2021 om 14:00u (25 m)

Aanvangstijd juryvergadering: 13:30u

1. 200m wisselslag - Dames

vanaf 11 jaar (Senioren Open)

- | | |
|---|----------|
| 1. Aniek Ausema (Azuro, 200602084) | 02:43.55 |
| 50m 00:35.34 35,34 | |
| 2. Anne ter Braak (De Dinkel, 200601754) | 02:49.62 |
| 50m 00:36.21 36,21 | |
| 3. Merle Postel (De Dinkel, 200601108) | 03:09.33 |
| 50m 00:43.89 43,89 | |
| 4. Lynn ten Berge (De Dinkel, 201000884) | 03:09.73 |
| 50m 00:42.57 42,57 | |
| 5. Wiep Huttenhuis (De Dinkel, 201002282) | 03:48.19 |
| 50m 00:56.05 56,05 | |

DIS. Lieke Boers (De Dinkel, 201000644)

00:00.00

2. 200m wisselslag - Heren

vanaf 12 jaar (Junioren 1 en ouder)

- | | |
|--|----------|
| 1. Milan Lucas (De Dinkel, 200500085) | 02:20.48 |
| 50m 00:29.64 29,64 | |
| 2. Milan Veelders (De Dinkel, 200800279) | 02:28.55 |
| 50m 00:31.12 31,12 | |
| 3. Daan van Peet (De Dinkel, 200700461) | 02:32.54 |
| 50m 00:30.65 30,65 | |
| 4. Mick Leferink (De Dinkel, 200902227) | 03:18.92 |
| 50m 00:44.91 44,91 | |
| 5. Gijs Westerhof (De Dinkel, 200900287) | 03:37.26 |
| 50m 00:44.73 44,73 | |

7. 400m vrije slag -

9 - 11 jaar

- | | |
|---|----------|
| 1. Mattea Gliese-Sloojier (De Dinkel, 201100008) | 06:00.82 |
| 50m 00:41.61 41,61 100m 01:28.42 46,81 200m 03:04.19 95,77 | |
| 2. Daan Groener (De Dinkel, 201001119) | 06:57.56 |
| 50m 00:45.80 45,80 100m 01:37.72 51,92 200m 03:27.14 109,42 | |
| 3. Romyrle Ter Maat (De Dinkel, 201100030) | 07:17.04 |
| 50m 00:44.65 44,65 100m 01:39.21 54,56 200m 03:33.05 113,84 | |
| 4. Bente Groener (De Dinkel, 201101706) | 07:23.10 |
| 50m 00:50.54 50,54 100m 01:45.95 55,41 200m 03:38.70 112,75 | |
| 5. Tijs van Alst (De Dinkel, 201001835) | 07:28.09 |
| 50m 00:46.94 46,94 100m 01:43.46 56,52 200m 03:41.14 117,68 | |
| 6. Guus ter Braak (De Dinkel, 201000459) | 07:44.36 |
| 50m 00:50.57 50,57 100m 01:51.64 61,07 200m 03:53.42 121,78 | |
| 7. Jens Rikhof (De Dinkel, 201001239) | 07:53.24 |
| 50m 00:53.41 53,41 100m 01:55.43 62,02 200m 03:59.64 124,21 | |

8. Imke Oude Engberink (De Dinkel, 201100818)					08:08.40
	50m 00:53.09	100m 01:53.45	200m 04:02.03	128,58	
4. 200m vrije slag -					
8 - 9 jaar					
5. 800m vrije slag - Dames					
vanaf 11 jaar (Senioren Open)					
1. Aniek Ausema (Azuro, 200602084)					10:27.10
	50m 00:33.90	100m 01:11.58	200m 02:29.34	400m 05:07.10	157,76
2. Kiki Bootsman (Azuro, 200502850)					10:37.00
	50m 00:36.26	100m 01:16.02	200m 02:33.64	400m 05:15.04	161,40
3. Mayke Westerhof (De Dinkel, 200201488)					11:17.86
	50m 00:33.35	100m 01:11.71	200m 02:33.33	400m 05:23.73	170,40
4. Fabiënne Fransen (De Dinkel, 200701956)					11:45.19
	50m 00:35.01	100m 01:16.04	200m 02:42.99	400m 05:42.70	179,71
5. Mila Soethof (De Dinkel, 200900482)					11:45.79
	50m 00:36.27	100m 01:18.94	200m 02:44.27	400m 05:44.40	180,13
6. Marlinde Ter Maat (De Dinkel, 200900346)					12:44.13
	50m 00:40.35	100m 01:27.67	200m 03:02.58	400m 06:18.95	196,37
7. Lynn ten Berge (De Dinkel, 201000884)					12:44.51
	50m 00:43.04	100m 01:30.79	200m 03:09.56	400m 06:27.33	197,77
8. Ank Wolbert (De Dinkel, 200701052)					13:19.13
	50m 00:41.32	100m 01:29.91	200m 03:09.06	400m 06:29.78	200,72
9. Lieke Boers (De Dinkel, 201000644)					15:50.92
	50m 00:49.89	200m 03:46.89	400m 08:00.20	253,31	
10. Wiep Huttenhuis (De Dinkel, 201002282)					16:02.59
	50m 00:50.11	100m 01:48.53	200m 03:49.75	400m 08:00.18	250,43
6. 800m vrije slag - Heren					
vanaf 12 jaar (Junioren 1 en ouder)					
1. Sam Leferink (De Dinkel, 200800833)					10:08.82
	50m 00:32.43	100m 01:09.94	200m 02:26.53	400m 05:03.70	157,17
2. Bram ter Braak (De Dinkel, 200800281)					10:16.74
	50m 00:32.86	100m 01:11.15	200m 02:28.72	400m 05:04.76	156,04
3. Wout Kroeze (Azuro, 200601441)					11:00.57
	50m 00:34.26	100m 01:11.84	200m 02:31.48	400m 05:21.01	169,53
4. Mick Leferink (De Dinkel, 200902227)					13:06.67
	50m 00:42.20	100m 01:30.07	200m 03:08.57	400m 06:29.60	201,03
5. Gijs Westerhof (De Dinkel, 200900287)					14:34.26
	50m 00:41.78	100m 01:32.24	200m 03:21.48	400m 07:05.59	224,11
3. 200m wisselslag -					
9 - 11 jaar					
1. Mattea Gliese-Sloojier (De Dinkel, 201100008)					03:10.67
	50m 00:49.38				
2. Daan Groener (De Dinkel, 201001119)					03:41.75
	50m 00:51.44				
3. Romyrle Ter Maat (De Dinkel, 201100030)					03:48.13
	50m 00:53.41				
4. Tijs van Alst (De Dinkel, 201001835)					03:56.49
	50m 00:54.14				
5. Bente Groener (De Dinkel, 201101706)					03:56.96
	50m 00:54.96				

6. Guus ter Braak (De Dinkel, 201000459)						03:59.39
	50m	01:02.89	62,89			
7. Jens Rikhof (De Dinkel, 201001239)						04:03.98
	50m	01:07.02	67,02			
DIS. Imke Oude Engberink (De Dinkel, 201100818)						00:00.00
8. 1500m vrije slag - Dames						
<i>vanaf 13 jaar (Junioren 3 en ouder)</i>						
1. Laurien Gliese-Slooijer (De Dinkel, 200700636)						20:20.84
	50m	00:35.44	35,44	200m	02:31.75	77,92
	100m	01:13.83	38,39	400m	05:14.03	162,28
				800m	10:44.35	330,32
				800m	10:44.35	330,32
2. Senna Soethof (De Dinkel, 200701986)						23:27.53
	50m	00:38.65	38,65	200m	02:56.22	92,32
	100m	01:23.90	45,25	400m	06:04.35	188,13
				800m	12:28.44	384,09
				800m	12:28.44	384,09
3. Roos Kleissen (De Dinkel, 200801204)						24:08.71
	50m	00:38.38	38,38	200m	02:55.89	93,50
	100m	01:22.39	44,01	400m	06:12.97	197,08
				800m	12:43.63	390,66
				800m	12:43.63	390,66
DIS. Merle Postel (De Dinkel, 200601108)						00:00.00
9. 1500m vrije slag - Heren						
<i>vanaf 14 jaar (Junioren 3 en ouder)</i>						
1. Tiede Groener (De Dinkel, 200700155)						17:11.95
	50m	00:28.09	28,09	200m	02:09.61	68,43
	100m	01:01.18	33,09	400m	04:28.90	139,29
				800m	09:07.67	278,77
				800m	09:07.67	278,77
2. Kevin Lucas (De Dinkel, 200300545)						17:16.21
	50m	00:28.49	28,49	200m	02:09.51	68,10
	100m	01:01.41	32,92	400m	04:28.55	139,04
				800m	09:08.66	280,11
				800m	09:08.66	280,11
3. Milan Lucas (De Dinkel, 200500085)						18:37.95
	50m	00:29.80	29,80	200m	02:14.76	70,63
	100m	01:04.13	34,33	400m	04:39.80	145,04
				800m	09:39.23	299,43
				800m	09:39.23	299,43
4. Cas Veelders (De Dinkel, 200500593)						20:01.48
	50m	00:32.92	32,92	200m	02:29.10	78,44
	100m	01:10.66	37,74	400m	05:08.12	159,02
				800m	10:33.81	325,69
				800m	10:33.81	325,69
5. Arnoud Bult (De Dinkel, 200701387)						20:28.99
	50m	00:35.33	35,33	200m	02:34.00	79,55
	100m	01:14.45	39,12	400m	05:19.69	165,69
				800m	10:53.90	334,21
				800m	10:53.90	334,21
6. Chris Kouwenhoven (De Grunte, 197101669)						21:55.44
	50m	00:37.24	37,24	200m	02:44.17	85,35
	100m	01:18.82	41,58	400m	05:38.39	174,22
				800m	11:31.06	352,67
				800m	11:31.06	352,67