



INVITATION

YOUTH AND SENIOR FRENCH WINTER NATIONAL CHAMPIONSHIPS 2019

Dear Diving Friends,

The French Swimming Federation, and the city of Schiltigheim are pleased to invite your diving team to participate in our National Championships from February 8th to February 10th, 2019.

Please find all the details below.

The French Swimming Federation and its diving department would be honored to welcome you in Schiltigheim – Strasbourg. We are already working to make your stay a great moment of sport and pleasure.

Gilles SEZIONALE
President

Julien ISSOULIE
National Technical Director

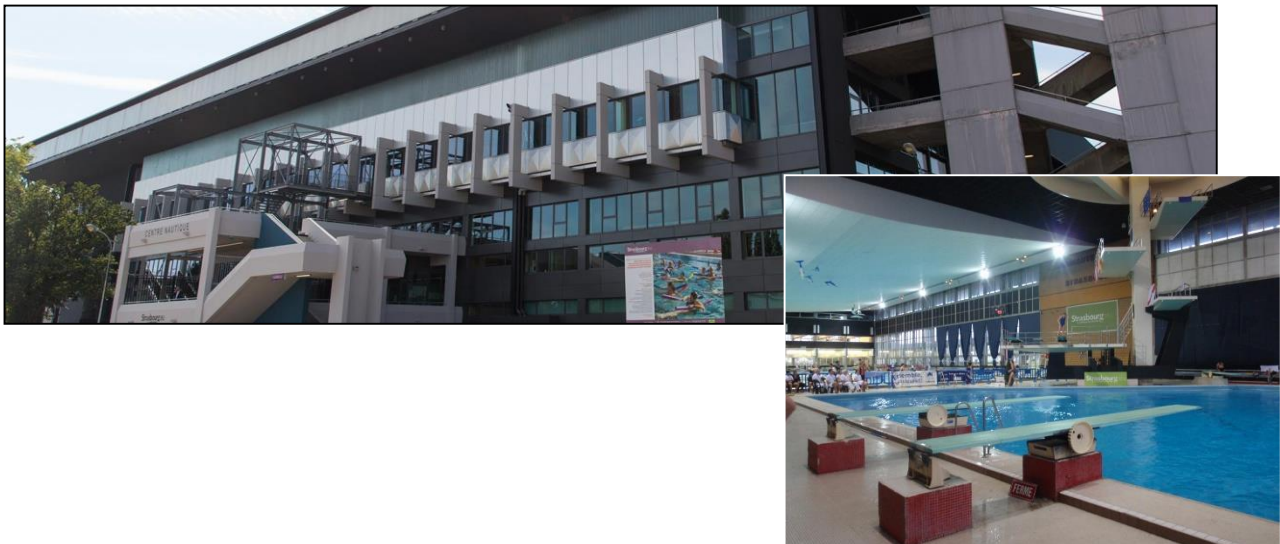
Noel PORCU
Diving director

GENERAL INFORMATION

EVENT: French Winter National Championships

DATE: February, from Friday 08th to Sunday 10th, 2019 in Schiltigheim - Strasbourg

VENUE : Centre Nautique of Schiltigheim - Strasbourg
9 Rue de Turenne 67300 Schiltigheim (FRANCE)



TECHNICAL DATA: Three 1m springboards
Two 3m springboards
One 5m, 7.5m, 10m platform
Dryland

UNDER: French Swimming Federation
Diving Department
104, Rue Martre - CS 70052 - 92583 CLICHY Cedex (FRANCE)

RULES OF COMPETITION

- At this international competition called "Championnats de France Hiver Jeunes et Elite de plongeon" athletes from the following countries are invited : **Switzerland, Holland, Spain, China, Sweden, Finland, Norway, Denmark.**
- The competition program is bound in accordance to the French Swimming Federation rules. Competitions will take place in 1 meter, 3 meters, 3 meters synchronised, 3 meters mixed synchronised and 10 meters platform individual for the following categories :



Group C1 (12 years)	
Girls 1M & 3M (9,0 & 9,5)	4 compulsories + 2 optionals
Boys 1M & 3M (9,0 & 9,5)	5 compulsories + 2 optionals
Group C2 (13 years)	
Girls 1M & 3M (9,0 & 9,5)	5 compulsories + 2 optionals
Boys 1M & 3M (9,0 & 9,5)	5 compulsories + 3 optionals
Group B (14 & 15 years)	
Girls 1M & 3M (9,0 & 9,5)	5 compulsories + 3 optionals
Boys 1M & 3M (9,0 & 9,5)	5 compulsories + 4 optionals
Group A (16, 17 & 18 years)	
Girls 1M & 3M (9,0 & 9,5)	5 compulsories + 4 optionals
Boys 1M & 3M (9,0 & 9,5)	5 compulsories + 5 optionals
Group A/B (14 – 18 years)	
Girls 3M synchronised	2 compulsories (2,0) + 3 optionals
Boys 3M synchronised	2 compulsories (2,0) + 3 optionals
Senior (14 years and more)	
Women 1M & 3M individual	5 optionals
Women 3M synchronised	2 compulsories (2,0) + 3 optionals
Women 10M Platform	5 optionals
Men 1M & 3M individual	6 optionals
Men 3M synchronised	2 compulsories (2,0) + 4 optionals
Men 10M Platform	6 optionals
3m mixed synchronised	2 compulsories (2,0) + 3 optionals

- For individual events, each foreign nation or club may have 2 divers per event for :
 - the age group A of 1 meter & 3 meters girls and boys
 - the senior category 1m, 3m & 10m women and men
- For synchronised events, each nation or club may have one pair per event for :
 - 3 meters synchronised girls and boys A/B
 - 3 meters synchronised women and men
 - 3 meters mixed synchronised
- For the host country, no limitation of the number of divers or pairs of divers for all the events.
- One national podium and one international podium will be held.
Gold, silver and bronze medals will be awarded to the top three divers of each event.
- The diving sheets will be handled through the Diverecorder program.
You can download the program for free at www.diverecorder.co.uk/dive/download.html.
Please make sure you use the latest version.



- Entry fees :
 - 80 € per person (non-refundable) for Thursday, Friday, Saturday and Sunday lunches
 - 9 € per diver per event (non-refundable)
 - 8 € per dive sheets delay per event (non-refundable)
- Payment must be done by bank transfer to the federation.
- The exact timetable will be fixed after the final entry date.
- Massage tables will be available on the pool side from February, Wednesday 06th to Sunday 10th.

ACCOMMODATION AND DINERS

- Each country or club is in charge of its own accommodation and diner.
The French Swimming Federation offers the possibility to help countries to find the best options regarding their expectations.

For further information please contact Clémence BEGUE : clemence.begue@ffnatation.fr

PARTICIPATION FORM

Thank you to return the form in the best delays and before **Friday, December 7th 2018**

FEDERATION DATA

NAME _____ **CODE** _____
ADDRESS _____

CONTACT PERSON _____
PHONE _____ **FAX** _____
E-MAIL _____

PARTICIPATION

- **Would like to participate and agree with the terms**
- **Can't Participate**
- **Participants**

	Girls	Boys	Women	Men
Divers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Officials			<input type="checkbox"/>	<input type="checkbox"/>
Juges			<input type="checkbox"/>	<input type="checkbox"/>
Total		<input type="checkbox"/>		

Date:	Signature & Stamp
President / General Secretary	

Please send back the application forms to the Local Organizing Committee
via e-mail clemence.begue@ffnatation.fr