



erkende NEDERLANDSE MASTERSRECORDS

25m baan

per 21 december



50m vrije slag Dames

| | | | | | | | |
|-------|---------|----------------------|------|-----------------|------------|-------------|-----|
| 20-24 | 0:26.20 | Saranda Hofstra | 1997 | KSN (SG) | 27-1-2019 | Zwolle | NED |
| 25-29 | 0:25.86 | Clarissa van Rheenen | 1991 | PSV | 23-12-2016 | Eindhoven | NED |
| 30-34 | 0:26.49 | Pauline Gouwens | 1984 | DWK | 25-1-2015 | Heerenveen | NED |
| 35-39 | 0:27.60 | Delia Badoux | 1980 | WVZ | 27-1-2019 | Zwolle | NED |
| 40-44 | 0:27.87 | Ingrid Boot-de Groot | 1970 | De Aalscholver | 26-1-2014 | Zwolle | NED |
| 45-49 | 0:27.91 | Monique Tuijp | 1969 | WZ&PC Purmerend | 25-1-2015 | Heerenveen | NED |
| 50-54 | 0:28.75 | Lesley Cordial | 1967 | Neptunus | 27-1-2019 | Zwolle | NED |
| 55-59 | 0:29.87 | Conny Boer-Buijs | 1950 | ZVVS | 22-1-2005 | Winterswijk | NED |
| 60-64 | 0:30.11 | Atie Pijtak-Radersma | 1956 | ZPC AMERSFOORT | 24-1-2016 | Papendrecht | NED |
| 65-69 | 0:31.85 | Conny Boer-Buijs | 1950 | ZVVS | 24-1-2016 | Papendrecht | NED |
| 70-74 | 0:34.77 | Corrie Verhoeven | 1946 | PSV | 24-1-2016 | Papendrecht | NED |
| 75-79 | 0:38.35 | Lottie Geurts | 1935 | PSV | 23-1-2010 | Vlaardingen | NED |
| 80-84 | 0:42.16 | Lottie Geurts | 1935 | PSV | 21-1-2018 | Terneuzen | NED |
| 85-89 | 1:10.03 | Marianne Maandonks | 1926 | PSV | 6-2-2011 | Papendrecht | NED |
| 90-94 | 1:16.11 | Marianne Maandonks | 1926 | PSV | 9-1-2016 | Zwolle | NED |

100m vrije slag Dames

| | | | | | | | |
|-------|---------|----------------------|------|------------------------|------------|----------------|-----|
| 20-24 | 0:57.46 | Tamara Grove | 1996 | De Dolfijn | 16-2-2019 | Heerenveen | NED |
| 25-29 | 0:56.45 | Elinore de Jong | 1989 | The Hague Swimming (S) | 19-1-2018 | Terneuzen | NED |
| 30-34 | 0:57.02 | Pauline Gouwens | 1984 | DWK | 22-1-2016 | Papendrecht | NED |
| 35-39 | 0:59.98 | Ineke Hond-Ran | 1962 | De Amstel | 28-9-1997 | Zwolle | NED |
| 40-44 | 1:01.71 | Ingrid Boot-de Groot | 1970 | De Aalscholver | 26-1-2014 | Zwolle | NED |
| 45-49 | 1:02.16 | Monique Tuijp | 1969 | WZ&PC Purmerend | 20-12-2014 | Lelystad | NED |
| 50-54 | 1:04.10 | Atie Pijtak-Radersma | 1956 | AZ&PC | 21-1-2007 | Heerenveen | NED |
| 55-59 | 1:06.11 | Conny Boer-Buijs | 1950 | ZVVS | 11-10-2009 | 's-Gravenzande | NED |
| 60-64 | 1:07.34 | Atie Pijtak-Radersma | 1956 | ZPC AMERSFOORT | 22-1-2016 | Papendrecht | NED |
| 65-69 | 1:10.66 | Conny Boer-Buijs | 1950 | ZVVS | 22-1-2016 | Papendrecht | NED |
| 70-74 | 1:20.35 | Corrie Verhoeven | 1946 | PSV | 22-1-2016 | Papendrecht | NED |
| 75-79 | 1:31.16 | Lottie Geurts | 1935 | PSV | 28-1-2012 | Terneuzen | NED |
| 80-84 | 1:35.81 | Lottie Geurts | 1935 | PSV | 19-1-2018 | Terneuzen | NED |
| 85-89 | 2:37.60 | Marianne Maandonks | 1926 | PSV | 6-2-2011 | Papendrecht | NED |
| 90-94 | 3:06.83 | Marianne Maandonks | 1926 | PSV | 25-1-2019 | Zwolle | NED |

200m vrije slag Dames

| | | | | | | | |
|-------|---------|-------------------------|------|------------------------|------------|--------------|-----|
| 20-24 | 2:05.03 | Tamara Grove | 1996 | De Dolfijn | 26-1-2019 | Zwolle | NED |
| 25-29 | 2:03.77 | Elinore de Jong | 1989 | The Hague Swimming (S) | 19-11-2017 | Almere-Poort | NED |
| 30-34 | 2:06.96 | Tamara van Gorkom | 1975 | AZ&PC | 22-1-2005 | Winterswijk | NED |
| 35-39 | 2:11.95 | Delia Badoux | 1980 | WVZ | 19-1-2018 | Terneuzen | NED |
| 40-44 | 2:17.34 | Grith Sigsgaard | 1972 | Zwemlust-den Hommel | 24-1-2014 | Zwolle | NED |
| 45-49 | 2:17.15 | Atie Pijtak-Radersma | 1956 | AZ&PC | 4-5-2002 | Winterswijk | NED |
| 50-54 | 2:20.93 | Atie Pijtak-Radersma | 1956 | AZ&PC | 17-3-2007 | Lelystad | NED |
| 55-59 | 2:27.48 | Marjan Remmits-de Lange | 1963 | ZPC Woerden | 20-1-2018 | Terneuzen | NED |
| 60-64 | 2:28.92 | Atie Pijtak-Radersma | 1956 | ZPC AMERSFOORT | 19-11-2017 | Almere-Poort | NED |
| 65-69 | 2:37.13 | Conny Boer-Buijs | 1950 | ZVVS | 23-1-2016 | Papendrecht | NED |
| 70-74 | 3:02.69 | Corrie Verhoeven | 1946 | PSV | 4-3-2017 | Weert | NED |
| 75-79 | 3:18.83 | Lottie Geurts | 1935 | PSV | 10-4-2011 | Deurne | NED |
| 80-84 | 3:37.54 | Lottie Geurts | 1935 | PSV | 23-1-2015 | Heerenveen | NED |
| 85-89 | 5:54.09 | Marianne Maandonks | 1926 | PSV | 17-3-2012 | Eindhoven | NED |
| 90-94 | 7:15.19 | Marianne Maandonks | 1926 | PSV | 13-3-2016 | Andel | NED |

400m vrije slag Dames

| | | | | | | | |
|-------|---------|-------------------------|------|---------------------|-----------|-------------|-----|
| 20-24 | 4:23.15 | Jamilla van Veen | 1996 | ZPC Woerden | 19-1-2018 | Terneuzen | NED |
| 25-29 | 4:18.54 | Marion van den Berg | 1986 | DWK | 25-1-2014 | Zwolle | NED |
| 30-34 | 4:34.75 | Tamara van Gorkom | 1975 | AZ&PC | 21-1-2005 | Winterswijk | NED |
| 35-39 | 4:37.34 | Delia Badoux | 1980 | WVZ | 21-5-2017 | Grootebroek | NED |
| 40-44 | 4:42.74 | Grith Sigsgaard | 1972 | Zwemlust-den Hommel | 25-1-2014 | Zwolle | NED |
| 45-49 | 4:52.19 | Grith Sigsgaard | 1972 | DWK | 21-1-2017 | Maastricht | NED |
| 50-54 | 5:02.68 | Heidi van Stein | 1969 | LinK | 25-1-2019 | Zwolle | NED |
| 55-59 | 5:13.76 | Marjan Remmits-de Lange | 1963 | ZPC Woerden | 3-3-2018 | Gorinchem | NED |
| 60-64 | 5:22.92 | Atie Pijtak-Radersma | 1956 | ZPC AMERSFOORT | 25-1-2019 | Zwolle | NED |
| 65-69 | 5:41.56 | Ineke Weekers | 1953 | PSV | 24-1-2019 | Zwolle | NED |
| 70-74 | 6:27.97 | Corrie Verhoeven | 1946 | PSV | 20-1-2017 | Maastricht | NED |
| 75-79 | 7:13.95 | Lottie Geurts | 1935 | PSV | 23-1-2010 | Vlaardingen | NED |



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400m vrije slag Dames

| | | | | | | | |
|-------|----------|--------------------|------|-----|------------|-----------|-----|
| 80-84 | 8:02.96 | Lottie Geurts | 1935 | PSV | 19-1-2018 | Terneuzen | NED |
| 85-89 | 13:06.76 | Marianne Maandonks | 1926 | PSV | 30-10-2011 | Kapelle | NED |

800m vrije slag Dames

| | | | | | | | |
|-------|----------|------------------------|------|---------------------|-----------|-------------|-----|
| 20-24 | 9:03.79 | Madelon Dijkstra | 1997 | ZPCH | 26-1-2019 | Zwolle | NED |
| 25-29 | 9:17.98 | Maartje van Keulen | 1980 | SBC2000 | 6-3-2005 | Vlissingen | NED |
| 30-34 | 9:29.80 | Marlijn Hendriksen | 1988 | Hieronimus | 21-1-2018 | Terneuzen | NED |
| 35-39 | 9:34.16 | Grith Sigsgaard | 1972 | Het Y | 2-4-2008 | Winterswijk | NED |
| 40-44 | 9:33.98 | Grith Sigsgaard | 1972 | Zwemlust-den Hommel | 24-1-2014 | Zwolle | NED |
| 45-49 | 9:51.44 | Grith Sigsgaard | 1972 | DWK | 21-1-2017 | Maastricht | NED |
| 50-54 | 10:33.26 | Marja Bloemzaad | 1961 | AZ&PC | 9-2-2013 | Eindhoven | NED |
| 55-59 | 11:00.20 | Wilna Heijman-Hartkamp | 1964 | Steenwijk 1934 | 26-1-2019 | Zwolle | NED |
| 60-64 | 11:13.35 | Conny Boer-Buijs | 1950 | ZVVS | 24-1-2010 | Vlaardingen | NED |
| 65-69 | 11:33.57 | Ineke Weekers | 1953 | PSV | 24-1-2019 | Zwolle | NED |
| 70-74 | 13:38.55 | Corrie Verhoeven | 1946 | PSV | 21-1-2018 | Terneuzen | NED |
| 75-79 | 15:08.79 | Lottie Geurts | 1935 | PSV | 27-1-2012 | Terneuzen | NED |
| 80-84 | 16:44.79 | Lottie Geurts | 1935 | PSV | 21-1-2018 | Terneuzen | NED |

1500m vrije slag Dames

| | | | | | | | |
|-------|----------|--------------------|------|---------------------|-----------|-------------|-----|
| 20-24 | 17:22.06 | Madelon Dijkstra | 1997 | ZPCH | 18-1-2018 | Terneuzen | NED |
| 25-29 | 17:53.76 | Elvira Jonkers | 1979 | TriVia | 23-1-2005 | Winterswijk | NED |
| 30-34 | 18:06.33 | Grith Sigsgaard | 1972 | Het Y | 22-1-2006 | Emmeloord | NED |
| 35-39 | 18:16.12 | Grith Sigsgaard | 1972 | Het Y | 4-5-2008 | Winterswijk | NED |
| 40-44 | 18:11.24 | Grith Sigsgaard | 1972 | Zwemlust-den Hommel | 26-1-2014 | Zwolle | NED |
| 45-49 | 18:57.97 | Grith Sigsgaard | 1972 | DWK | 19-1-2017 | Maastricht | NED |
| 50-54 | 20:32.72 | Irene van der Laan | 1960 | ZV De Bron | 22-1-2010 | Vlaardingen | NED |
| 55-59 | 21:02.61 | Irene van der Laan | 1960 | ZV De Bron | 19-1-2017 | Maastricht | NED |
| 60-64 | 21:37.44 | Conny Boer-Buijs | 1950 | ZVVS | 22-1-2010 | Vlaardingen | NED |
| 65-69 | 22:50.93 | Conny Boer-Buijs | 1950 | ZVVS | 19-1-2017 | Maastricht | NED |
| 70-74 | 26:39.81 | Lenie van der Meer | 1936 | Oceanus | 21-1-2007 | Heerenveen | NED |
| 75-79 | 32:45.33 | Marie Smits | 1938 | Old Dutch | 19-1-2017 | Maastricht | NED |
| 80-84 | 32:32.27 | Marie Smits | 1938 | Old Dutch | 24-1-2019 | Zwolle | NED |

50m rugslag Dames

| | | | | | | | |
|-------|---------|--------------------------|------|------------------------|------------|-------------|-----|
| 20-24 | 0:29.27 | Saranda Hofstra | 1997 | KSN (SG) | 26-1-2019 | Zwolle | NED |
| 25-29 | 0:30.18 | Elinore de Jong | 1989 | The Hague Swimming (S) | 3-6-2017 | Dronten | NED |
| 30-34 | 0:30.94 | Evy Witlox | 1988 | DWT | 20-1-2018 | Terneuzen | NED |
| 35-39 | 0:32.35 | Janneke Harmsen-Bakker | 1977 | De Spatters | 29-1-2012 | Terneuzen | NED |
| 40-44 | 0:32.77 | Gudule van der Meer | 1972 | PSV | 25-1-2014 | Zwolle | NED |
| 45-49 | 0:33.38 | Edith Janssen-Koolen | 1973 | TRB-RES | 20-1-2018 | Terneuzen | NED |
| 50-54 | 0:34.49 | Lesley Cordial | 1967 | Neptunus | 27-1-2019 | Zwolle | NED |
| 55-59 | 0:36.65 | Feikje Wittermans | 1964 | WIDEX GZC DONK | 27-1-2019 | Zwolle | NED |
| 60-64 | 0:37.62 | Atie Pijtak-Radersma | 1956 | ZPC AMERSFOORT | 17-9-2016 | Nijmegen | NED |
| 65-69 | 0:41.50 | Patty Krupiarz | 1954 | PSV | 25-5-2019 | Amsterdam | NED |
| 70-74 | 0:44.46 | Corrie Verhoeven | 1946 | PSV | 27-11-2016 | Budel | NED |
| 75-79 | 0:50.73 | Lottie Geurts | 1935 | PSV | 7-2-2010 | Hoogerheide | NED |
| 80-84 | 0:55.58 | Lottie Geurts | 1935 | PSV | 22-1-2016 | Papendrecht | NED |
| 85-89 | 1:14.12 | Gré Schönberger-de Hooge | 1921 | ZPB H&L Productions | 24-1-2010 | Vlaardingen | NED |
| 90-94 | 1:27.72 | Marianne Maandonks | 1926 | PSV | 9-1-2016 | Zwolle | NED |

100m rugslag Dames

| | | | | | | | |
|-------|---------|-----------------------|------|----------------|------------|------------|-----|
| 20-24 | 1:02.93 | Saranda Hofstra | 1997 | KSN (SG) | 27-1-2019 | Zwolle | NED |
| 25-29 | 1:05.51 | Mabel Sulić | 1993 | WVZ | 9-3-2019 | Dunkerque | FRA |
| 30-34 | 1:06.30 | Evy Witlox | 1988 | DWT | 26-1-2019 | Zwolle | NED |
| 35-39 | 1:09.15 | Delia Badoux | 1980 | WVZ | 20-1-2017 | Maastricht | NED |
| 40-44 | 1:09.70 | Gudule van der Meer | 1972 | PSV | 8-11-2015 | Breda | NED |
| 45-49 | 1:11.24 | Gudule van der Meer | 1972 | PSV | 27-1-2019 | Zwolle | NED |
| 50-54 | 1:16.38 | Judith Cromjongh | 1964 | De Zwoer | 25-1-2014 | Zwolle | NED |
| 55-59 | 1:17.02 | Judith Cromjongh | 1964 | De Zwoer | 26-1-2019 | Zwolle | NED |
| 60-64 | 1:21.71 | Atie Pijtak-Radersma | 1956 | ZPC AMERSFOORT | 20-1-2017 | Maastricht | NED |
| 65-69 | 1:30.34 | Christine Nieuwenhuis | 1951 | Swol 1894 | 20-1-2017 | Maastricht | NED |
| 70-74 | 1:37.82 | Corrie Verhoeven | 1946 | PSV | 14-9-2019 | Steenwijk | NED |
| 75-79 | 1:56.17 | Lottie Geurts | 1935 | PSV | 10-12-2011 | Eindhoven | NED |



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25m baan



100m rugslag Dames

| | | | | | | | |
|-------|---------|--------------------------|------|---------------------|-----------|-------------|-----|
| 80-84 | 2:00.97 | Lottie Geurts | 1935 | PSV | 15-9-2018 | Alphen | NED |
| 85-89 | 2:42.60 | Gré Schönberger-de Hooge | 1921 | ZPB H&L Productions | 23-1-2010 | Vlaardingen | NED |
| 90-94 | 3:27.52 | Marianne Maandonks | 1926 | PSV | 2-12-2017 | Eindhoven | NED |

200m rugslag Dames

| | | | | | | | |
|-------|---------|-------------------------------|------|-----------------------|------------|--------------|-----|
| 20-24 | 2:17.56 | Jamilla van Veen | 1996 | Zwemvereniging Hoogla | 18-11-2018 | Almere-Poort | NED |
| 25-29 | 2:17.86 | Jolanda de Rover | 1963 | De Dolfijn | 26-1-1992 | Breda | NED |
| 30-34 | 2:23.55 | Evy Witlox | 1988 | DWT | 21-1-2018 | Terneuzen | NED |
| 35-39 | 2:33.70 | Roos van Esch | 1982 | d'ELFT WAVE (SG) | 21-1-2018 | Terneuzen | NED |
| 40-44 | 2:32.36 | Gudule van der Meer | 1972 | PSV | 19-3-2016 | Nijlen | BEL |
| 45-49 | 2:32.98 | Evelien van Klaarbergen-Klein | 1972 | HZ&PC Heerenveen | 25-1-2019 | Zwolle | NED |
| 50-54 | 2:41.28 | Judith Cromjongh | 1964 | De Zwoer | 26-1-2014 | Zwolle | NED |
| 55-59 | 2:42.19 | Judith Cromjongh | 1964 | De Zwoer | 25-1-2019 | Zwolle | NED |
| 60-64 | 2:57.24 | Atie Pijtak-Radersma | 1956 | ZPC AMERSFOORT | 22-1-2017 | Maastricht | NED |
| 65-69 | 3:20.15 | Christine Nieuwenhuis | 1951 | Swol 1894 | 7-1-2017 | Zwolle | NED |
| 70-74 | 3:33.05 | Corrie Verhoeven | 1946 | PSV | 10-12-2017 | Vlaardingen | NED |
| 75-79 | 4:04.63 | Lottie Geurts | 1935 | PSV | 18-4-2010 | Deurne | NED |
| 80-84 | 4:19.49 | Lottie Geurts | 1935 | PSV | 6-11-2016 | Roermond | NED |
| 85-89 | 6:57.86 | Marianne Maandonks | 1926 | PSV | 8-6-2013 | Geel | BEL |
| 90-94 | 7:19.81 | Marianne Maandonks | 1926 | PSV | 2-12-2017 | Eindhoven | NED |

50m schoolslag Dames

| | | | | | | | |
|-------|---------|---------------------|------|----------------------|------------|-------------|-----|
| 20-24 | 0:32.63 | Nicole Bennis | 1996 | WVZ | 25-1-2019 | Zwolle | NED |
| 25-29 | 0:32.37 | Tessa Brouwer | 1991 | SwimGym | 2-12-2018 | Eindhoven | NED |
| 30-34 | 0:33.03 | Karin Hidding | 1984 | De Dinkel | 24-1-2015 | Heerenveen | NED |
| 35-39 | 0:34.65 | Laura Badoux | 1982 | DAW | 20-1-2017 | Maastricht | NED |
| 40-44 | 0:35.89 | Marjo Goelema-Koek | 1969 | De Biesboschzwemmers | 26-1-2013 | Nijverdal | NED |
| 45-49 | 0:34.86 | Marjo Goelema-Koek | 1969 | De Biesboschzwemmers | 20-1-2017 | Maastricht | NED |
| 50-54 | 0:35.55 | Marjo Goelema-Koek | 1969 | De Biesboschzwemmers | 25-1-2019 | Zwolle | NED |
| 55-59 | 0:41.07 | Ineke Weekers | 1953 | PSV | 13-12-2008 | Eindhoven | NED |
| 60-64 | 0:43.08 | Marijke van Hoek | 1958 | ZPC De Zeeuwse Kust | 25-1-2019 | Zwolle | NED |
| 65-69 | 0:43.66 | Ineke Weekers | 1953 | PSV | 14-9-2019 | Steenwijk | NED |
| 70-74 | 0:45.56 | Bea Swijnenberg | 1949 | Swol 1894 | 25-1-2019 | Zwolle | NED |
| 75-79 | 0:55.03 | Ati Derkse-den Boer | 1929 | Aquapoldro | 31-10-2004 | Winterswijk | NED |
| 80-84 | 1:04.25 | Lottie Geurts | 1935 | PSV | 6-11-2016 | Roermond | NED |
| 85-89 | 1:30.34 | Marianne Maandonks | 1926 | PSV | 24-1-2014 | Zwolle | NED |
| 90-94 | 1:37.78 | Marianne Maandonks | 1926 | PSV | 22-1-2016 | Papendrecht | NED |

100m schoolslag Dames

| | | | | | | | |
|-------|---------|-------------------------|------|----------------------|-----------|-------------|-----|
| 20-24 | 1:12.47 | Nicole Bennis | 1996 | WVZ | 22-1-2016 | Papendrecht | NED |
| 25-29 | 1:13.43 | Marlijn Hendriksen | 1988 | Arethusa | 22-1-2016 | Papendrecht | NED |
| 30-34 | 1:12.74 | Larissa Brak | 1988 | ZPC AMERSFOORT | 20-1-2018 | Terneuzen | NED |
| 35-39 | 1:17.85 | Laura Badoux | 1982 | DAW | 5-2-2017 | Gouda | NED |
| 40-44 | 1:18.85 | Karin Stein | 1971 | ZVVS | 17-3-2012 | Eindhoven | NED |
| 45-49 | 1:18.62 | Marjo Goelema-Koek | 1969 | De Biesboschzwemmers | 22-1-2017 | Maastricht | NED |
| 50-54 | 1:20.01 | Marjo Goelema-Koek | 1969 | De Biesboschzwemmers | 27-1-2019 | Zwolle | NED |
| 55-59 | 1:28.07 | Marjan Remmits-de Lange | 1963 | ZPC Woerden | 27-1-2019 | Zwolle | NED |
| 60-64 | 1:33.49 | Ineke Weekers | 1953 | PSV | 23-1-2015 | Heerenveen | NED |
| 65-69 | 1:34.56 | Ineke Weekers | 1953 | PSV | 14-9-2019 | Steenwijk | NED |
| 70-74 | 1:42.89 | Bea Swijnenberg | 1949 | Swol 1894 | 27-1-2019 | Zwolle | NED |
| 75-79 | 2:06.76 | Ati Derkse-den Boer | 1929 | Aquapoldro | 26-9-2004 | Deurne | NED |
| 80-84 | 2:30.04 | Anneke Logtenberg | 1929 | Old Dutch | 10-9-2009 | Terneuzen | NED |
| 85-89 | 3:16.09 | Marianne Maandonks | 1926 | PSV | 6-2-2011 | Papendrecht | NED |
| 90-94 | 3:29.73 | Marianne Maandonks | 1926 | PSV | 22-1-2016 | Papendrecht | NED |

200m schoolslag Dames

| | | | | | | | |
|-------|---------|-----------------------|------|----------------------|------------|-------------|-----|
| 20-24 | 2:39.22 | Chantal van der Horst | 1994 | De Meer | 21-1-2017 | Maastricht | NED |
| 25-29 | 2:39.55 | Marlijn Hendriksen | 1988 | Arethusa | 24-1-2016 | Papendrecht | NED |
| 30-34 | 2:41.43 | Larissa Brak | 1988 | ZPC AMERSFOORT | 19-1-2018 | Terneuzen | NED |
| 35-39 | 2:49.21 | Laura Badoux | 1982 | DAW | 21-1-2017 | Maastricht | NED |
| 40-44 | 2:51.89 | Karin Stein | 1971 | ZVVS | 10-12-2011 | Eindhoven | NED |
| 45-49 | 2:54.04 | Annette Wijnja-Visser | 1967 | De Biesboschzwemmers | 25-1-2014 | Zwolle | NED |
| 50-54 | 2:57.26 | Annette Wijnja-Visser | 1967 | De Biesboschzwemmers | 21-1-2017 | Maastricht | NED |



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200m schoolslag Dames

| | | | | | | | |
|-------|---------|--------------------------|------|---------------------|------------|-------------|-----|
| 55-59 | 3:09.71 | Ineke Weekers | 1953 | PSV | 13-12-2009 | Vlijmen | NED |
| 60-64 | 3:20.30 | Ineke Weekers | 1953 | PSV | 24-1-2016 | Papendrecht | NED |
| 65-69 | 3:23.23 | Ineke Weekers | 1953 | PSV | 26-1-2019 | Zwolle | NED |
| 70-74 | 3:46.78 | Bea Swijnenberg | 1949 | Swol 1894 | 26-1-2019 | Zwolle | NED |
| 75-79 | 4:34.14 | Ati Derkse-den Boer | 1929 | Aquapoldro | 19-12-2004 | Vlijmen | NED |
| 80-84 | 5:27.09 | Gré Schönberger-de Hooge | 1921 | ZPB H&L Productions | 28-1-2001 | Breda | NED |
| 85-89 | 6:40.21 | Marianne Maandonks | 1926 | PSV | 6-2-2011 | Papendrecht | NED |
| 90-94 | 8:40.58 | Marianne Maandonks | 1926 | PSV | 3-12-2016 | Eindhoven | NED |

50m vlinderslag Dames

| | | | | | | | |
|-------|---------|-------------------------|------|------------------------|------------|-------------|-----|
| 20-24 | 0:28.14 | Saranda Hofstra | 1997 | KSN (SG) | 26-1-2019 | Zwolle | NED |
| 25-29 | 0:26.14 | Elinore de Jong | 1989 | The Hague Swimming (S) | 19-1-2018 | Terneuzen | NED |
| 30-34 | 0:27.95 | Pauline Gouwens | 1984 | DWK | 23-1-2015 | Heerenveen | NED |
| 35-39 | 0:28.69 | Pauline Gouwens | 1984 | DWK | 26-1-2019 | Zwolle | NED |
| 40-44 | 0:30.51 | Anita Smits | 1969 | DIO | 24-1-2010 | Vlaardingen | NED |
| 45-49 | 0:30.86 | Ingrid Boot-de Groot | 1970 | De Aalscholver | 24-1-2016 | Papendrecht | NED |
| 50-54 | 0:31.37 | Lesley Cordial | 1967 | Neptunus | 26-1-2019 | Zwolle | NED |
| 55-59 | 0:33.15 | Marjan Remmits-de Lange | 1963 | ZPC Woerden | 19-1-2018 | Terneuzen | NED |
| 55-59 | 0:33.15 | Conny Boer-Buijs | 1950 | ZVVS | 25-1-2009 | Vlissingen | NED |
| 60-64 | 0:34.57 | Conny Boer-Buijs | 1950 | ZVVS | 24-1-2010 | Vlaardingen | NED |
| 65-69 | 0:35.97 | Christine Nieuwenhuis | 1951 | Swol 1894 | 22-1-2017 | Maastricht | NED |
| 70-74 | 0:45.68 | Corrie Verhoeven | 1946 | PSV | 24-1-2016 | Papendrecht | NED |
| 75-79 | 0:58.16 | Jeltje van Bergen | 1935 | De Pinquin | 21-11-2010 | Almere | NED |
| 80-84 | 1:03.78 | Marie Smits | 1938 | Old Dutch | 5-10-2019 | Mol | BEL |

100m vlinderslag Dames

| | | | | | | | |
|-------|---------|-----------------------|------|------------------------|-----------|-------------|-----|
| 20-24 | 1:03.20 | Chantal Nap | 1989 | HZ&PC Heerenveen | 27-1-2013 | Nijverdal | NED |
| 25-29 | 1:00.80 | Elinore de Jong | 1989 | The Hague Swimming (S) | 3-6-2017 | Dronten | NED |
| 30-34 | 1:03.12 | Pauline Gouwens | 1984 | DWK | 24-1-2014 | Zwolle | NED |
| 35-39 | 1:06.47 | Delia Badoux | 1980 | WVZ | 21-1-2017 | Maastricht | NED |
| 40-44 | 1:07.70 | Anita Smits | 1969 | DIO | 23-1-2010 | Vlaardingen | NED |
| 45-49 | 1:10.01 | Jeanne Petit | 1970 | De Dinkel | 21-1-2017 | Maastricht | NED |
| 50-54 | 1:11.52 | Mathilde Vink | 1958 | Swol 1894 | 24-1-2009 | Vlissingen | NED |
| 55-59 | 1:16.67 | Mathilde Vink | 1958 | Swol 1894 | 18-5-2014 | Apeldoorn | NED |
| 60-64 | 1:23.74 | Atie Pijtak-Radersma | 1956 | ZPC AMERSFOORT | 21-1-2017 | Maastricht | NED |
| 65-69 | 1:27.42 | Christine Nieuwenhuis | 1951 | Swol 1894 | 21-1-2017 | Maastricht | NED |
| 70-74 | 2:02.09 | Jeltje van Bergen | 1935 | De Pinquin | 15-1-2005 | Zwolle | NED |
| 75-79 | 3:12.81 | Annie de Vos | 1934 | Old Dutch | 23-1-2011 | Heerenveen | NED |
| 80-84 | 2:29.02 | Marie Smits | 1938 | Old Dutch | 23-2-2019 | Papendrecht | NED |

200m vlinderslag Dames

| | | | | | | | |
|-------|---------|--------------------------|------|------------------|------------|---------------|-----|
| 20-24 | 2:18.46 | Lisa Dreesens | 1991 | PSV | 25-1-2014 | Zwolle | NED |
| 25-29 | 2:19.30 | Sandra Temmerman | 1980 | SBC2000 | 6-3-2005 | Vlissingen | NED |
| 30-34 | 2:24.84 | Lidia van Bon-Rosenbrand | 1970 | AZ&PC | 4-5-2002 | Winterswijk | NED |
| 35-39 | 2:30.69 | Roos van Esch | 1982 | d'ELFT WAVE (SG) | 20-1-2017 | Maastricht | NED |
| 40-44 | 2:33.44 | Anita Smits | 1969 | DIO | 22-1-2010 | Vlaardingen | NED |
| 45-49 | 2:42.28 | Mathilde Vink | 1958 | Swol 1894 | 16-12-2007 | Papendrecht | NED |
| 50-54 | 2:39.15 | Mathilde Vink | 1958 | Swol 1894 | 23-1-2009 | Vlissingen | NED |
| 55-59 | 2:54.09 | Mathilde Vink | 1958 | Swol 1894 | 26-1-2013 | Nijverdal | NED |
| 60-64 | 3:28.24 | Patty Verhagen | 1959 | PSV | 23-3-2019 | Mol | BEL |
| 65-69 | 4:06.09 | Annie de Vos | 1934 | Old Dutch | 12-3-1999 | Neheim-Husten | GER |
| 70-74 | 4:59.91 | Annie de Vos | 1934 | Old Dutch | 7-2-2004 | Wilhelmshaven | GER |

100m wisselslag Dames

| | | | | | | | |
|-------|---------|--------------------------|------|------------------|-----------|-------------|-----|
| 20-24 | 1:05.29 | Stephanie Rombout | 1988 | Luctor et Emergo | 23-1-2009 | Vlissingen | NED |
| 25-29 | 1:05.73 | Yvon Versteeg | 1992 | De Veene | 20-1-2018 | Terneuzen | NED |
| 30-34 | 1:07.72 | Lidia van Bon-Rosenbrand | 1970 | AZ&PC | 3-5-2002 | Winterswijk | NED |
| 35-39 | 1:08.29 | Delia Badoux | 1980 | WVZ | 21-1-2017 | Maastricht | NED |
| 40-44 | 1:10.93 | Gudule van der Meer | 1972 | PSV | 23-1-2016 | Papendrecht | NED |
| 40-44 | 1:10.93 | Gudule van der Meer | 1972 | PSV | 26-1-2014 | Zwolle | NED |
| 45-49 | 1:11.36 | Gudule van der Meer | 1972 | PSV | 20-1-2018 | Terneuzen | NED |
| 50-54 | 1:13.52 | Marja Bloemzaad | 1961 | AZ&PC | 19-2-2011 | Heerenveen | NED |
| 55-59 | 1:15.58 | Marjan Remmits-de Lange | 1963 | ZPC Woerden | 26-1-2019 | Zwolle | NED |



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100m wisselslag Dames

| | | | | | | | |
|-------|---------|-----------------------|------|----------------|------------|-------------|-----|
| 60-64 | 1:19.05 | Atie Pijtak-Radersma | 1956 | ZPC AMERSFOORT | 23-1-2016 | Papendrecht | NED |
| 65-69 | 1:26.28 | Christine Nieuwenhuis | 1951 | Swol 1894 | 21-1-2017 | Maastricht | NED |
| 70-74 | 1:33.40 | Corrie Verhoeven | 1946 | PSV | 15-12-2019 | Eindhoven | NED |
| 75-79 | 1:57.94 | Jeltje van Bergen | 1935 | De Pinquin | 20-2-2010 | Heerenveen | NED |
| 80-84 | 2:14.61 | Lottie Geurts | 1935 | PSV | 8-2-2015 | Veldhoven | NED |

200m wisselslag Dames

| | | | | | | | |
|-------|---------|-------------------------------|------|------------------|-----------|-------------|-----|
| 20-24 | 2:22.38 | Wendan Poelstra | 1991 | TriVia | 23-1-2015 | Heerenveen | NED |
| 25-29 | 2:21.39 | Inge Arts | 1992 | Merlet | 25-1-2019 | Zwolle | NED |
| 30-34 | 2:26.55 | Lidia van Bon-Rosenbrand | 1970 | AZ&PC | 5-5-2002 | Winterswijk | NED |
| 35-39 | 2:29.83 | Delia Badoux | 1980 | WVZ | 20-1-2017 | Maastricht | NED |
| 40-44 | 2:34.68 | Liselotte Joling | 1975 | PSV | 23-1-2015 | Heerenveen | NED |
| 45-49 | 2:35.22 | Evelien van Klaarbergen-Klein | 1972 | HZ&PC Heerenveen | 16-3-2019 | Emmeloord | NED |
| 50-54 | 2:42.99 | Marjan Remmits-de Lange | 1963 | ZPC Woerden | 22-1-2016 | Papendrecht | NED |
| 55-59 | 2:44.47 | Marjan Remmits-de Lange | 1963 | ZPC Woerden | 15-9-2018 | Alphen | NED |
| 60-64 | 2:54.68 | Atie Pijtak-Radersma | 1956 | ZPC AMERSFOORT | 16-9-2017 | Barneveld | NED |
| 65-69 | 3:11.30 | Christine Nieuwenhuis | 1951 | Swol 1894 | 20-1-2017 | Maastricht | NED |
| 70-74 | 3:35.86 | Corrie Verhoeven | 1946 | PSV | 19-1-2018 | Terneuzen | NED |
| 75-79 | 5:10.97 | Annie de Vos | 1934 | Old Dutch | 22-1-2011 | Heerenveen | NED |

400m wisselslag Dames

| | | | | | | | |
|-------|----------|-------------------------------|------|------------------|-----------|---------------|-----|
| 20-24 | 5:04.85 | Wendan Poelstra | 1991 | TriVia | 24-1-2015 | Heerenveen | NED |
| 25-29 | 5:05.12 | Inge Arts | 1992 | Merlet | 27-1-2019 | Zwolle | NED |
| 30-34 | 5:03.27 | Marlijn Hendriksen | 1988 | Hieronimus | 20-1-2018 | Terneuzen | NED |
| 35-39 | 5:28.27 | Roos van Esch | 1982 | d'ELFT WAVE (SG) | 22-1-2017 | Maastricht | NED |
| 40-44 | 5:30.28 | Liselotte Joling | 1975 | PSV | 24-1-2015 | Heerenveen | NED |
| 45-49 | 5:33.47 | Evelien van Klaarbergen-Klein | 1972 | HZ&PC Heerenveen | 16-2-2019 | Heerenveen | NED |
| 50-54 | 5:53.86 | Marjan Remmits-de Lange | 1963 | ZPC Woerden | 23-1-2016 | Papendrecht | NED |
| 55-59 | 5:54.23 | Marjan Remmits-de Lange | 1963 | ZPC Woerden | 17-2-2018 | Heerenveen | NED |
| 60-64 | 6:33.68 | Patty Verhagen | 1959 | PSV | 23-2-2019 | Papendrecht | NED |
| 65-69 | 7:57.77 | Annie de Vos | 1934 | Old Dutch | 12-3-1999 | Neheim-Husten | GER |
| 70-74 | 8:56.07 | Annie de Vos | 1934 | Old Dutch | 6-2-2004 | Wilhelmshaven | GER |
| 75-79 | 10:46.66 | Annie de Vos | 1934 | Old Dutch | 23-1-2011 | Heerenveen | NED |

50m vrije slag Heren

| | | | | | | | |
|-------|---------|------------------|------|-------------------------|-----------|-------------|-----|
| 20-24 | 0:22.76 | startlimiet | 1900 | | | | |
| 25-29 | 0:22.69 | Ensgar Kotterink | 1994 | Feijenoord Albion zwemc | 27-1-2019 | Zwolle | NED |
| 30-34 | 0:22.82 | Joan Kentrop | 1985 | Zwemlust-den Hommel | 22-1-2017 | Maastricht | NED |
| 35-39 | 0:23.96 | Nol van Thull | 1980 | d'ELFT WAVE (SG) | 22-1-2017 | Maastricht | NED |
| 35-39 | 0:23.96 | Nol van Thull | 1980 | d'ELFT WAVE (SG) | 24-1-2016 | Papendrecht | NED |
| 40-44 | 0:23.74 | Casper Hut | 1978 | HZ&PC Heerenveen | 27-1-2019 | Zwolle | NED |
| 45-49 | 0:24.70 | Jan Koen Anthoni | 1949 | Rapido'82 | 7-1-1995 | Haarlem | NED |
| 50-54 | 0:25.18 | Peter Bernsen | 1963 | De Rog | 24-1-2016 | Papendrecht | NED |
| 55-59 | 0:25.86 | Albert Boonstra | 1957 | Aqua-Novio'94 | 12-2-2012 | Boxtel | NED |
| 60-64 | 0:26.64 | Marten de Groot | 1958 | HZ&PC Heerenveen | 17-2-2018 | Heerenveen | NED |
| 65-69 | 0:28.39 | Ale van Veen | 1949 | HPC | 26-1-2014 | Zwolle | NED |
| 70-74 | 0:31.02 | Nic Geers | 1938 | Van Uden-de Gouwe | 15-2-2009 | Hoogerheide | NED |
| 75-79 | 0:33.57 | Nic Geers | 1938 | Z&PC De Gouwe | 9-2-2014 | Papendrecht | NED |
| 80-84 | 0:36.01 | Max van Gelder | 1924 | HZ&PC Heerenveen | 22-1-2005 | Winterswijk | NED |
| 85-89 | 0:49.84 | Bob Berg | 1933 | PSV | 21-1-2018 | Terneuzen | NED |
| 90-94 | 1:33.56 | Klaas Prins | 1928 | Steenwijk 1934 | 16-3-2019 | Emmeloord | NED |

100m vrije slag Heren

| | | | | | | | |
|-------|---------|----------------------|------|---------------------|------------|-------------|-----|
| 20-24 | 0:50.20 | startlimiet | 1900 | | | | |
| 25-29 | 0:50.20 | Stefan Oosting | 1981 | PSV | 13-12-2008 | Eindhoven | NED |
| 30-34 | 0:50.46 | Joan Kentrop | 1985 | Zwemlust-den Hommel | 20-1-2017 | Maastricht | NED |
| 35-39 | 0:51.90 | Nol van Thull | 1980 | d'ELFT WAVE (SG) | 22-1-2016 | Papendrecht | NED |
| 40-44 | 0:52.22 | Casper Hut | 1978 | HZ&PC Heerenveen | 25-1-2019 | Zwolle | NED |
| 45-49 | 0:54.56 | Cees van Houwelingen | 1963 | De Schelde | 24-1-2010 | Vlaardingen | NED |
| 50-54 | 0:56.31 | Cees van Houwelingen | 1963 | De Schelde | 25-1-2014 | Zwolle | NED |
| 55-59 | 0:57.52 | Albert Boonstra | 1957 | Aqua-Novio'94 | 8-3-2012 | Angers | FRA |
| 60-64 | 0:59.27 | Marten de Groot | 1958 | HZ&PC Heerenveen | 19-1-2018 | Terneuzen | NED |
| 65-69 | 1:03.42 | Ale van Veen | 1949 | HPC | 25-1-2014 | Zwolle | NED |



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100m vrije slag Heren

| | | | | | | | |
|-------|---------|----------------|------|-------------------|-----------|-------------|-----|
| 70-74 | 1:09.88 | Nic Geers | 1938 | Van Uden-de Gouwe | 15-2-2009 | Hoogerheide | NED |
| 75-79 | 1:16.45 | Nic Geers | 1938 | Z&PC De Gouwe | 9-2-2014 | Papendrecht | NED |
| 80-84 | 1:23.39 | Max van Gelder | 1924 | HZ&PC Heerenveen | 10-1-2004 | Zwolle | NED |
| 85-89 | 1:53.10 | Bob Berg | 1933 | PSV | 19-1-2018 | Terneuzen | NED |
| 90-94 | 3:23.03 | Klaas Prins | 1928 | Steenwijk 1934 | 16-3-2019 | Emmeloord | NED |

200m vrije slag Heren

| | | | | | | | |
|-------|---------|----------------------|------|-------------------|------------|-------------|-----|
| 20-24 | 1:52.93 | Kevin Eltink | 1991 | DWK | 21-2-2015 | Heerenveen | NED |
| 25-29 | 1:52.53 | Kevin Eltink | 1991 | DWK | 23-1-2016 | Papendrecht | NED |
| 30-34 | 1:56.59 | Edwin van Norden | 1963 | AZ&PC | 15-3-1997 | Lelystad | NED |
| 35-39 | 1:53.66 | Edwin van Norden | 1963 | AZ&PC | 25-1-1998 | Breda | NED |
| 40-44 | 1:58.17 | Edwin van Norden | 1963 | AZ&PC | 15-11-2003 | Zuidbroek | NED |
| 45-49 | 2:01.79 | Edwin van Norden | 1963 | AZ&PC | 29-11-2009 | Papendrecht | NED |
| 50-54 | 2:04.85 | Cees van Houwelingen | 1963 | De Schelde | 25-1-2013 | Nijverdal | NED |
| 55-59 | 2:05.07 | Marten de Groot | 1958 | HZ&PC Heerenveen | 24-1-2014 | Zwolle | NED |
| 60-64 | 2:11.19 | Marten de Groot | 1958 | HZ&PC Heerenveen | 20-1-2018 | Terneuzen | NED |
| 65-69 | 2:26.47 | Ale van Veen | 1949 | HPC | 24-1-2014 | Zwolle | NED |
| 70-74 | 2:33.73 | Nic Geers | 1938 | Van Uden-de Gouwe | 31-10-2009 | Eindhoven | NED |
| 75-79 | 2:51.74 | Nic Geers | 1938 | Z&PC De Gouwe | 24-1-2014 | Zwolle | NED |
| 80-84 | 3:35.40 | Nic Geers | 1938 | Z&PC De Gouwe | 15-12-2019 | Eindhoven | NED |
| 85-89 | 4:06.29 | Bob Berg | 1933 | PSV | 19-1-2018 | Terneuzen | NED |

400m vrije slag Heren

| | | | | | | | |
|-------|---------|----------------------|------|-------------------|------------|-------------|-----|
| 20-24 | 4:03.40 | Fabian Beimin | 1991 | AZ&PC | 22-12-2014 | Amersfoort | NED |
| 25-29 | 4:06.04 | Raymond van de Merwe | 1986 | WVZ | 28-1-2012 | Terneuzen | NED |
| 30-34 | 4:10.97 | Erik Schröder | 1984 | TriVia | 24-1-2015 | Heerenveen | NED |
| 35-39 | 4:07.22 | Edwin van Norden | 1963 | AZ&PC | 10-1-1998 | Zwolle | NED |
| 40-44 | 4:19.38 | Egbert Stolk | 1976 | d'ELFT WAVE (SG) | 22-1-2016 | Papendrecht | NED |
| 45-49 | 4:27.04 | Edwin van Norden | 1963 | AZ&PC | 2-2-2008 | Heerenveen | NED |
| 50-54 | 4:32.59 | Edwin van Norden | 1963 | AZ&PC | 25-1-2014 | Zwolle | NED |
| 55-59 | 4:30.73 | Marten de Groot | 1958 | HZ&PC Heerenveen | 25-1-2014 | Zwolle | NED |
| 60-64 | 4:40.45 | Marten de Groot | 1958 | HZ&PC Heerenveen | 25-1-2019 | Zwolle | NED |
| 65-69 | 5:15.16 | Donald Uijtenbogaart | 1947 | Het Y | 28-1-2012 | Terneuzen | NED |
| 70-74 | 5:30.15 | Nic Geers | 1938 | Van Uden-de Gouwe | 17-5-2009 | Grootebroek | NED |
| 75-79 | 6:07.53 | Nic Geers | 1938 | Z&PC De Gouwe | 9-2-2014 | Papendrecht | NED |
| 80-84 | 7:46.67 | Gregor Pompen | 1937 | Aqua-Novio'94 | 20-1-2017 | Maastricht | NED |
| 85-89 | 8:28.50 | Bob Berg | 1933 | PSV | 19-1-2018 | Terneuzen | NED |

800m vrije slag Heren

| | | | | | | | |
|-------|----------|------------------------|------|-------------------|------------|-------------|-----|
| 20-24 | 8:19.90 | Fabian Beimin | 1991 | AZ&PC | 22-12-2014 | Amersfoort | NED |
| 25-29 | 8:42.72 | Erik Schröder | 1984 | TriVia | 24-1-2010 | Vlaardingen | NED |
| 30-34 | 8:41.47 | Erik Schröder | 1984 | TriVia | 22-1-2017 | Maastricht | NED |
| 35-39 | 8:46.81 | Edwin van Norden | 1963 | AZ&PC | 20-2-1999 | Apeldoorn | NED |
| 40-44 | 8:53.53 | Joost Kuijlaars | 1966 | MNC Dordrecht | 2-3-2008 | Vlissingen | NED |
| 45-49 | 9:25.61 | Kees-Jan van Overbeeke | 1962 | WVW Winterswijk | 20-1-2007 | Heerenveen | NED |
| 50-54 | 9:27.56 | Bob de Vries | 1966 | Aquapoldro | 22-1-2017 | Maastricht | NED |
| 55-59 | 9:23.27 | Marten de Groot | 1958 | HZ&PC Heerenveen | 26-1-2014 | Zwolle | NED |
| 60-64 | 9:44.41 | Marten de Groot | 1958 | HZ&PC Heerenveen | 27-1-2019 | Zwolle | NED |
| 65-69 | 10:45.41 | Donald Uijtenbogaart | 1947 | Het Y | 29-1-2012 | Terneuzen | NED |
| 70-74 | 11:52.49 | Nic Geers | 1938 | Van Uden-de Gouwe | 23-1-2009 | Vlissingen | NED |
| 75-79 | 13:13.28 | Rob Hanou | 1943 | PSV | 18-1-2018 | Terneuzen | NED |
| 80-84 | 16:07.18 | Bob Berg | 1933 | PSV | 9-2-2013 | Eindhoven | NED |
| 85-89 | 17:56.70 | Bob Berg | 1933 | PSV | 20-1-2018 | Terneuzen | NED |

1500m vrije slag Heren

| | | | | | | | |
|-------|----------|-----------------|------|------------------|------------|-------------|-----|
| 20-24 | 15:59.90 | Fabian Beimin | 1991 | AZ&PC | 22-12-2014 | Amersfoort | NED |
| 25-29 | 16:34.60 | Erik Schröder | 1984 | TriVia | 23-1-2011 | Heerenveen | NED |
| 30-34 | 16:38.05 | Erik Schröder | 1984 | TriVia | 19-1-2017 | Maastricht | NED |
| 35-39 | 16:56.13 | Erik Schröder | 1984 | TriVia | 24-1-2019 | Zwolle | NED |
| 40-44 | 17:29.80 | Joost Kuijlaars | 1966 | SBC2000 | 19-2-2006 | Vlissingen | NED |
| 45-49 | 18:13.37 | Hugo Bregman | 1958 | WVZ | 23-1-2005 | Winterswijk | NED |
| 50-54 | 18:10.09 | Bob de Vries | 1966 | Aquapoldro | 19-1-2017 | Maastricht | NED |
| 55-59 | 18:12.52 | Marten de Groot | 1958 | HZ&PC Heerenveen | 24-1-2014 | Zwolle | NED |



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1500m vrije slag Heren

| | | | | | | | |
|-------|----------|----------------------|------|------------------|-----------|-------------|-----|
| 60-64 | 18:47.47 | Marten de Groot | 1958 | HZ&PC Heerenveen | 18-1-2018 | Terneuzen | NED |
| 65-69 | 20:06.53 | Donald Uijtenbogaart | 1947 | Het Y | 27-1-2012 | Terneuzen | NED |
| 70-74 | 23:05.17 | Nic Geers | 1938 | De Gouwe | 22-1-2010 | Vlaardingen | NED |
| 75-79 | 24:53.01 | Rob Hanou | 1943 | PSV | 18-1-2018 | Terneuzen | NED |
| 80-84 | 32:16.56 | Bob Berg | 1933 | PSV | 22-3-2014 | Nijlen | BEL |
| 85-89 | 33:59.16 | Bob Berg | 1933 | PSV | 18-1-2018 | Terneuzen | NED |

50m rugslag Heren

| | | | | | | | |
|-------|---------|------------------|------|-------------------------|------------|----------------|-----|
| 20-24 | 0:26.33 | Merijn Ellenkamp | 1985 | DWK | 25-1-2009 | Vlissingen | NED |
| 25-29 | 0:25.69 | Ensgar Kotterink | 1994 | Feijenoord Albion zwemc | 26-1-2019 | Zwolle | NED |
| 30-34 | 0:26.53 | Joan Kentrop | 1985 | Aquarijn | 20-1-2018 | Terneuzen | NED |
| 35-39 | 0:28.02 | Nol van Thull | 1980 | d'ELFT WAVE (SG) | 21-1-2017 | Maastricht | NED |
| 40-44 | 0:27.98 | Casper Hut | 1978 | HZ&PC Heerenveen | 5-1-2019 | Heerenveen | NED |
| 45-49 | 0:28.47 | Tjakko Ruinemans | 1974 | De Dinkel | 24-11-2019 | Denekamp | NED |
| 50-54 | 0:29.46 | Peter Bernsen | 1963 | De Rog | 22-1-2016 | Papendrecht | NED |
| 55-59 | 0:29.49 | Edwin van Norden | 1963 | ZPC AMERSFOORT | 20-1-2018 | Terneuzen | NED |
| 60-64 | 0:30.95 | Hugo Bregman | 1958 | d'ELFT WAVE (SG) | 20-1-2018 | Terneuzen | NED |
| 65-69 | 0:34.21 | Brend Brevé | 1952 | PSV | 21-1-2017 | Maastricht | NED |
| 70-74 | 0:35.71 | Frans van Enst | 1940 | WS Twente | 23-9-2011 | Hildesheim | GER |
| 75-79 | 0:37.87 | Frans van Enst | 1940 | WS Twente | 24-1-2015 | Heerenveen | NED |
| 80-84 | 0:45.00 | Max van Gelder | 1924 | HZ&PC Heerenveen | 22-1-2005 | Winterswijk | NED |
| 85-89 | 0:53.77 | Ru Holtes | 1925 | De Dolfijn | 10-10-2010 | 's-Gravenzande | NED |
| 90-94 | 1:03.26 | Ru Holtes | 1925 | De Dolfijn | 15-3-2015 | Andel | NED |

100m rugslag Heren

| | | | | | | | |
|-------|---------|------------------|------|-------------------------|------------|----------------|-----|
| 20-24 | 0:57.00 | Merijn Ellenkamp | 1985 | DWK | 24-1-2009 | Vlissingen | NED |
| 25-29 | 0:54.67 | Ensgar Kotterink | 1994 | Feijenoord Albion zwemc | 27-1-2019 | Zwolle | NED |
| 30-34 | 0:59.44 | Edwin van Norden | 1963 | AZ&PC | 28-9-1997 | Zwolle | NED |
| 35-39 | 0:59.11 | Edwin van Norden | 1963 | AZ&PC | 19-9-1998 | Amersfoort | NED |
| 40-44 | 0:59.94 | Edwin van Norden | 1963 | AZ&PC | 18-5-2003 | Grootebroek | NED |
| 45-49 | 0:59.17 | Edwin van Norden | 1963 | AZ&PC | 29-11-2009 | Papendrecht | NED |
| 50-54 | 1:01.47 | Edwin van Norden | 1963 | AZ&PC | 28-6-2014 | Amersfoort | NED |
| 55-59 | 1:03.68 | Edwin van Norden | 1963 | ZPC AMERSFOORT | 21-1-2018 | Terneuzen | NED |
| 60-64 | 1:10.33 | Hugo Bregman | 1958 | Feijenoord Albion zwemc | 26-1-2019 | Zwolle | NED |
| 65-69 | 1:13.90 | Robert Weyhenke | 1952 | Upstream Amsterdam | 17-2-2018 | Amsterdam | NED |
| 70-74 | 1:20.82 | Frans van Enst | 1940 | WS Twente | 23-9-2011 | Hildesheim | GER |
| 75-79 | 1:24.58 | Frans van Enst | 1940 | WS Twente | 24-1-2015 | Heerenveen | NED |
| 80-84 | 1:52.76 | Jan Eichhorn | 1937 | ZV Haerlem | 20-1-2017 | Maastricht | NED |
| 85-89 | 1:59.68 | Ru Holtes | 1925 | De Dolfijn | 10-10-2010 | 's-Gravenzande | NED |
| 90-94 | 2:29.70 | Ru Holtes | 1925 | De Dolfijn | 24-4-2016 | Grootebroek | NED |

200m rugslag Heren

| | | | | | | | |
|-------|---------|----------------------|------|--------------------|-----------|-------------|-----|
| 20-24 | 2:04.41 | Jos de Graaf | 1991 | PSV | 27-1-2012 | Terneuzen | NED |
| 25-29 | 2:04.14 | Raymond van de Merwe | 1986 | WVZ | 27-1-2012 | Terneuzen | NED |
| 30-34 | 2:11.64 | Edwin van Norden | 1963 | AZ&PC | 30-1-1994 | Breda | NED |
| 35-39 | 2:09.92 | Edwin van Norden | 1963 | AZ&PC | 9-1-1999 | Zwolle | NED |
| 40-44 | 2:10.51 | Edwin van Norden | 1963 | AZ&PC | 20-3-2004 | Lelystad | NED |
| 45-49 | 2:12.87 | Edwin van Norden | 1963 | AZ&PC | 16-3-2008 | Amersfoort | NED |
| 50-54 | 2:16.23 | Edwin van Norden | 1963 | AZ&PC | 26-1-2014 | Zwolle | NED |
| 55-59 | 2:21.44 | Edwin van Norden | 1963 | ZPC AMERSFOORT | 21-1-2018 | Terneuzen | NED |
| 60-64 | 2:31.42 | Robert Weyhenke | 1952 | Upstream Amsterdam | 26-1-2013 | Nijverdal | NED |
| 65-69 | 2:35.36 | Robert Weyhenke | 1952 | Upstream Amsterdam | 22-1-2017 | Maastricht | NED |
| 70-74 | 3:02.12 | Frans van Enst | 1940 | WS Twente | 27-1-2012 | Terneuzen | NED |
| 75-79 | 3:03.13 | Frans van Enst | 1940 | WS Twente | 25-1-2015 | Heerenveen | NED |
| 80-84 | 4:10.66 | Max van Gelder | 1924 | HZ&PC Heerenveen | 21-1-2007 | Heerenveen | NED |
| 85-89 | 4:26.47 | Ru Holtes | 1925 | De Dolfijn | 22-1-2010 | Vlaardingen | NED |

50m schoolslag Heren

| | | | | | | | |
|-------|---------|----------------------|------|------------|------------|-------------|-----|
| 20-24 | 0:28.71 | Wimar Lindenberg | 1996 | Hieronimus | 23-1-2016 | Papendrecht | NED |
| 25-29 | 0:28.57 | Roy Smeenge | 1993 | TriVia | 25-1-2019 | Zwolle | NED |
| 30-34 | 0:29.65 | Thijs van Valkengoed | 1983 | WVZ | 26-1-2013 | Nijverdal | NED |
| 35-39 | 0:28.95 | Ron Dekker | 1966 | De IJsel | 1-3-2003 | Goslar | GER |
| 40-44 | 0:29.08 | Harold Matla | 1968 | PSV | 29-11-2009 | Papendrecht | NED |



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50m schoolslag Heren

| | | | | | | | |
|-------|---------|-------------------|------|--------------------|------------|----------------|-----|
| 45-49 | 0:30.86 | Harold Matla | 1968 | PSV | 16-3-2013 | Arnhem | NED |
| 50-54 | 0:31.63 | Harold Matla | 1968 | PSV | 24-3-2018 | Arnhem | NED |
| 55-59 | 0:33.07 | Robert Weyhenke | 1952 | Upstream Amsterdam | 16-2-2008 | Amsterdam | NED |
| 60-64 | 0:34.51 | Albert Boonstra | 1957 | Aqua-Novio'94 | 6-1-2018 | Zwolle | NED |
| 65-69 | 0:36.51 | Robert Weyhenke | 1952 | Upstream Amsterdam | 25-5-2019 | Amsterdam | NED |
| 70-74 | 0:40.87 | Wieger Mensonides | 1938 | NZ&PC | 12-10-2008 | 's-Gravenzande | NED |
| 75-79 | 0:42.05 | Wieger Mensonides | 1938 | NZ&PC | 26-1-2013 | Nijverdal | NED |
| 80-84 | 0:45.82 | Max van Gelder | 1924 | HZ&PC Heerenveen | 10-1-2004 | Zwolle | NED |
| 85-89 | 1:13.17 | Klaas Prins | 1928 | Steenwijk 1934 | 12-1-2013 | Zwolle | NED |
| 90-94 | 2:14.59 | Klaas Prins | 1928 | Steenwijk 1934 | 16-2-2019 | Heerenveen | NED |

100m schoolslag Heren

| | | | | | | | |
|-------|---------|--------------------|------|----------------------|------------|------------------|-----|
| 20-24 | 1:03.13 | Jordan Kraaijenhof | 1993 | ZPC AMERSFOORT | 22-1-2017 | Maastricht | NED |
| 25-29 | 1:03.35 | Roy Smeenge | 1993 | TriVia | 27-1-2019 | Zwolle | NED |
| 30-34 | 1:04.23 | Frank Vijver | 1963 | Het Y | 9-1-1994 | Amsterdam | NED |
| 35-39 | 1:03.90 | Richard Claus | 1980 | Mosa-Regio | 22-1-2017 | Maastricht | NED |
| 40-44 | 1:06.08 | Harold Matla | 1968 | PSV | 27-9-2009 | Best | NED |
| 45-49 | 1:08.83 | Harry Cornet | 1971 | De Biesboschzwemmers | 22-1-2016 | Papendrecht | NED |
| 50-54 | 1:10.61 | Harold Matla | 1968 | PSV | 24-3-2018 | Arnhem | NED |
| 55-59 | 1:12.67 | Robert Weyhenke | 1952 | Upstream Amsterdam | 16-2-2008 | Amsterdam | NED |
| 60-64 | 1:15.88 | Robert Weyhenke | 1952 | Upstream Amsterdam | 11-2-2012 | Amsterdam | NED |
| 65-69 | 1:26.34 | Rob Hanou | 1943 | Neptunus | 12-10-2008 | 's-Gravenzande | NED |
| 70-74 | 1:32.34 | Rob Hanou | 1943 | PSV | 13-10-2013 | 's-Gravenzande | NED |
| 75-79 | 1:33.83 | Rob Hanou | 1943 | PSV | 18-2-2018 | Alphen a.d. Rijn | NED |
| 80-84 | 1:50.13 | Max van Gelder | 1924 | HZ&PC Heerenveen | 22-1-2005 | Winterswijk | NED |
| 85-89 | 2:59.18 | Klaas Prins | 1928 | Steenwijk 1934 | 26-1-2014 | Zwolle | NED |

200m schoolslag Heren

| | | | | | | | |
|-------|---------|----------------------|------|------------------|------------|-------------|-----|
| 20-24 | 2:19.77 | Jordan Kraaijenhof | 1993 | ZPC AMERSFOORT | 21-1-2017 | Maastricht | NED |
| 25-29 | 2:22.63 | Kevin Eltink | 1991 | DWK | 24-1-2016 | Papendrecht | NED |
| 30-34 | 2:24.82 | Thijs van Valkengoed | 1983 | WVZ | 27-1-2013 | Nijverdal | NED |
| 35-39 | 2:22.53 | Richard Claus | 1980 | Mosa-Regio | 21-1-2017 | Maastricht | NED |
| 40-44 | 2:27.09 | Edwin van Norden | 1963 | AZ&PC | 14-11-2003 | Zuidbroek | NED |
| 45-49 | 2:29.71 | Edwin van Norden | 1963 | AZ&PC | 13-12-2009 | Vlijmen | NED |
| 50-54 | 2:33.55 | Edwin van Norden | 1963 | ZPC AMERSFOORT | 21-1-2017 | Maastricht | NED |
| 55-59 | 2:39.25 | Edwin van Norden | 1963 | ZPC AMERSFOORT | 19-1-2018 | Terneuzen | NED |
| 60-64 | 2:54.32 | Albert Boonstra | 1957 | Aqua-Novio'94 | 24-9-2017 | Schijndel | NED |
| 65-69 | 3:06.88 | Donald Uijtenbogaart | 1947 | Het Y | 12-1-2013 | Zwolle | NED |
| 70-74 | 3:21.66 | Rob Hanou | 1943 | PSV | 11-12-2016 | Beilen | NED |
| 75-79 | 3:28.89 | Rob Hanou | 1943 | PSV | 5-8-2018 | Paris | FRA |
| 80-84 | 3:50.86 | Max van Gelder | 1924 | HZ&PC Heerenveen | 10-1-2004 | Zwolle | NED |

50m vlinderslag Heren

| | | | | | | | |
|-------|---------|------------------|------|-------------------------|------------|-------------|-----|
| 20-24 | 0:25.18 | Jeroen Stuit | 1988 | TriVia | 18-11-2010 | Eindhoven | NED |
| 25-29 | 0:24.92 | Jesper Oranje | 1992 | De Duck | 26-1-2019 | Zwolle | NED |
| 30-34 | 0:25.21 | Joan Kentrop | 1985 | Zwemlust-den Hommel | 22-1-2017 | Maastricht | NED |
| 35-39 | 0:25.95 | Edwin van Norden | 1963 | AZ&PC | 27-11-1999 | Zutphen | NED |
| 40-44 | 0:26.20 | Casper Hut | 1978 | HZ&PC Heerenveen | 18-5-2019 | Steenwijk | NED |
| 40-44 | 0:26.20 | Casper Hut | 1978 | HZ&PC Heerenveen | 5-1-2019 | Heerenveen | NED |
| 45-49 | 0:27.42 | Edwin van Norden | 1963 | AZ&PC | 29-11-2009 | Papendrecht | NED |
| 50-54 | 0:26.97 | Hugo Bregman | 1958 | WVZ | 25-1-2009 | Vlissingen | NED |
| 55-59 | 0:27.35 | Hugo Bregman | 1958 | d'ELFT WAVE (SG) | 25-1-2013 | Nijverdal | NED |
| 60-64 | 0:27.82 | Hugo Bregman | 1958 | Feijenoord Albion zwemc | 26-1-2019 | Zwolle | NED |
| 65-69 | 0:31.75 | Ale van Veen | 1949 | HPC | 25-1-2014 | Zwolle | NED |
| 70-74 | 0:37.52 | Theo Schouten | 1946 | WWV Winterswijk | 7-10-2017 | Kampen | NED |
| 75-79 | 0:41.18 | Frans van Enst | 1940 | WS Twente | 23-1-2015 | Heerenveen | NED |
| 80-84 | 0:46.28 | Max van Gelder | 1924 | HZ&PC Heerenveen | 22-1-2006 | Emmeloord | NED |

100m vlinderslag Heren

| | | | | | | | |
|-------|---------|------------------|------|----------|------------|-------------|-----|
| 20-24 | 0:56.30 | Melvin Prins | 1995 | Wiekslag | 20-11-2016 | Papendrecht | NED |
| 25-29 | 0:55.85 | Filipp Müller | 1986 | Piranha | 24-1-2014 | Zwolle | NED |
| 30-34 | 0:57.99 | Edwin van Norden | 1963 | AZ&PC | 28-9-1997 | Zwolle | NED |
| 35-39 | 0:58.43 | Edwin van Norden | 1963 | AZ&PC | 31-1-1999 | Breda | NED |



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100m vlinderslag Heren

| | | | | | | | |
|-------|---------|------------------|------|------------------|-----------|-------------|-----|
| 40-44 | 0:58.33 | Casper Hut | 1978 | HZ&PC Heerenveen | 25-1-2019 | Zwolle | NED |
| 45-49 | 1:00.97 | Antwan van Engen | 1971 | De Ward | 25-1-2019 | Zwolle | NED |
| 50-54 | 0:59.91 | Hugo Bregman | 1958 | WVZ | 3-5-2008 | Winterswijk | NED |
| 55-59 | 1:00.58 | Hugo Bregman | 1958 | WVZ | 27-1-2013 | Nijverdal | NED |
| 60-64 | 1:01.38 | Hugo Bregman | 1958 | d'ELFT WAVE (SG) | 21-1-2018 | Terneuzen | NED |
| 65-69 | 1:15.28 | Brend Brevé | 1952 | PSV | 21-1-2017 | Maastricht | NED |
| 70-74 | 1:34.70 | Rob Hanou | 1943 | PSV | 27-1-2013 | Nijverdal | NED |
| 75-79 | 1:38.40 | Max van Gelder | 1924 | HZ&PC Heerenveen | 25-3-2000 | Lelystad | NED |
| 80-84 | 1:43.20 | Max van Gelder | 1924 | HZ&PC Heerenveen | 21-2-2004 | Heerenveen | NED |

200m vlinderslag Heren

| | | | | | | | |
|-------|---------|----------------------|------|-------------------|-----------|-------------|-----|
| 20-24 | 2:07.31 | Kevin Eltink | 1991 | DWK | 25-1-2014 | Zwolle | NED |
| 25-29 | 2:05.72 | Kevin Eltink | 1991 | DWK | 20-1-2017 | Maastricht | NED |
| 30-34 | 2:11.59 | Alex Schelvis | 1987 | LINK | 20-1-2017 | Maastricht | NED |
| 35-39 | 2:13.13 | Hugo Bregman | 1958 | WVZ | 20-1-1996 | Zoetermeer | NED |
| 40-44 | 2:16.22 | Hugo Bregman | 1958 | WVZ | 1-4-2000 | Zoetermeer | NED |
| 45-49 | 2:15.14 | Hugo Bregman | 1958 | WVZ | 21-1-2006 | Emmeloord | NED |
| 50-54 | 2:12.90 | Hugo Bregman | 1958 | WVZ | 22-1-2010 | Vlaardingen | NED |
| 55-59 | 2:15.97 | Hugo Bregman | 1958 | WVZ | 26-1-2013 | Nijverdal | NED |
| 60-64 | 2:20.27 | Hugo Bregman | 1958 | d'ELFT WAVE (SG) | 20-1-2018 | Terneuzen | NED |
| 65-69 | 3:01.91 | Donald Uijtenbogaart | 1947 | Het Y | 12-2-2012 | Boxtel | NED |
| 70-74 | 3:33.94 | Nic Geers | 1938 | Van Uden-de Gouwe | 16-3-2008 | Amersfoort | NED |
| 75-79 | 3:45.16 | Rob Hanou | 1943 | PSV | 6-1-2018 | Zwolle | NED |

100m wisselslag Heren

| | | | | | | | |
|-------|---------|------------------|------|-------------------------|------------|------------------|-----|
| 20-24 | 0:56.40 | startlimiet | 1900 | | | | |
| 25-29 | 0:55.41 | Ensgar Kotterink | 1994 | Feijenoord Albion zwemc | 26-1-2019 | Zwolle | NED |
| 30-34 | 0:58.07 | Joan Kentrop | 1985 | Aquarijn | 20-1-2018 | Terneuzen | NED |
| 35-39 | 0:59.29 | Edwin van Norden | 1963 | AZ&PC | 27-11-1999 | Zutphen | NED |
| 40-44 | 1:00.26 | Casper Hut | 1978 | HZ&PC Heerenveen | 26-1-2019 | Zwolle | NED |
| 45-49 | 1:00.13 | Edwin van Norden | 1963 | AZ&PC | 29-11-2009 | Papendrecht | NED |
| 50-54 | 1:01.21 | Edwin van Norden | 1963 | AZ&PC | 5-7-2014 | Eindhoven | NED |
| 55-59 | 1:04.34 | Robert Weyhenke | 1952 | Upstream Amsterdam | 19-1-2007 | Heerenveen | NED |
| 60-64 | 1:07.77 | Robert Weyhenke | 1952 | Upstream Amsterdam | 28-1-2012 | Terneuzen | NED |
| 65-69 | 1:10.91 | Robert Weyhenke | 1952 | Upstream Amsterdam | 17-2-2018 | Amsterdam | NED |
| 70-74 | 1:25.06 | Frans van Enst | 1940 | WS Twente | 22-1-2011 | Heerenveen | NED |
| 75-79 | 1:30.13 | Rob Hanou | 1943 | PSV | 18-2-2018 | Alphen a.d. Rijn | NED |
| 80-84 | 1:35.60 | Max van Gelder | 1924 | HZ&PC Heerenveen | 21-2-2004 | Heerenveen | NED |
| 85-89 | 2:41.24 | Bob Berg | 1933 | PSV | 20-1-2018 | Terneuzen | NED |

200m wisselslag Heren

| | | | | | | | |
|-------|---------|----------------------|------|-------------------------|------------|-------------|-----|
| 20-24 | 2:06.30 | Kevin Eltink | 1991 | DWK | 23-1-2015 | Heerenveen | NED |
| 25-29 | 2:05.88 | Kevin Eltink | 1991 | DWK | 22-1-2016 | Papendrecht | NED |
| 30-34 | 2:08.41 | Edwin van Norden | 1963 | AZ&PC | 15-12-1996 | Oss | NED |
| 35-39 | 2:08.21 | Edwin van Norden | 1963 | AZ&PC | 31-1-1999 | Breda | NED |
| 40-44 | 2:12.86 | Edwin van Norden | 1963 | AZ&PC | 22-1-2006 | Emmeloord | NED |
| 45-49 | 2:11.92 | Edwin van Norden | 1963 | AZ&PC | 15-11-2009 | Almere | NED |
| 50-54 | 2:17.09 | Edwin van Norden | 1963 | AZ&PC | 23-1-2015 | Heerenveen | NED |
| 55-59 | 2:23.49 | Hugo Bregman | 1958 | Albion | 23-1-2015 | Heerenveen | NED |
| 55-59 | 2:23.49 | Robert Weyhenke | 1952 | Upstream Amsterdam | 24-5-2007 | Paris | FRA |
| 60-64 | 2:26.43 | Hugo Bregman | 1958 | Feijenoord Albion zwemc | 25-1-2019 | Zwolle | NED |
| 65-69 | 2:50.78 | Donald Uijtenbogaart | 1947 | Het Y | 24-1-2014 | Zwolle | NED |
| 70-74 | 3:15.01 | Nic Geers | 1938 | Van Uden-de Gouwe | 23-11-2008 | Almere-Stad | NED |
| 75-79 | 3:22.04 | Frans van Enst | 1940 | WS Twente | 20-9-2015 | Alkmaar | NED |

400m wisselslag Heren

| | | | | | | | |
|-------|---------|----------------------|------|------------------|------------|-------------|-----|
| 20-24 | 4:33.61 | Kevin Eltink | 1991 | DWK | 24-1-2015 | Heerenveen | NED |
| 25-29 | 4:28.38 | Raymond van de Merwe | 1986 | WVZ | 29-1-2012 | Terneuzen | NED |
| 30-34 | 4:40.29 | Diederik Rouffaer | 1972 | ZON/S&S | 4-5-2002 | Winterswijk | NED |
| 35-39 | 4:39.42 | Edwin van Norden | 1963 | AZ&PC | 14-11-1999 | Almere | NED |
| 40-44 | 4:47.69 | Egbert Stolk | 1976 | d'ELFT WAVE (SG) | 24-1-2016 | Papendrecht | NED |
| 45-49 | 4:58.58 | Edwin van Norden | 1963 | AZ&PC | 13-12-2008 | Eindhoven | NED |
| 50-54 | 4:58.99 | Hugo Bregman | 1958 | WVZ | 24-1-2009 | Vlissingen | NED |



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400m wisselslag Heren

| | | | | | | | |
|-------|---------|----------------------|------|------------------|-----------|------------|-----|
| 55-59 | 5:07.99 | Hugo Bregman | 1958 | WVZ | 26-1-2013 | Nijverdal | NED |
| 60-64 | 5:15.31 | Hugo Bregman | 1958 | d'ELFT WAVE (SG) | 21-1-2018 | Terneuzen | NED |
| 65-69 | 6:04.41 | Donald Uijtenbogaart | 1947 | Het Y | 16-2-2013 | Heerenveen | NED |
| 70-74 | 7:02.20 | Rob Hanou | 1943 | PSV | 16-2-2013 | Heerenveen | NED |
| 75-79 | 7:18.51 | Rob Hanou | 1943 | PSV | 17-3-2018 | Nijlen | BEL |

4x 50m vrije slag Dames

| | | | | | | | |
|---------|---------|----------------------|------|--------------------------|------------|------------|-----|
| 80-99 | 1:49.61 | STARTLIMIET | | | | | |
| 100-119 | 1:49.61 | SBC2000 | | | 6-3-2005 | Vlissingen | NED |
| | | Ineke Goossens | 1979 | Patricia Brooijmans | 1979 | | |
| | | Maartje van Keulen | 1980 | Sandra Temmerman | 1980 | | |
| 120-159 | 1:50.88 | AZ&PC | | | 15-11-2003 | Zuidbroek | NED |
| | | Marja Bloemzaad | 1961 | Tamara van Gorkom | 1975 | | |
| | | Atie Pijtak-Radersma | 1956 | Lidia van Bon-Rosenbrand | 1970 | | |
| 160-199 | 1:53.16 | AZ&PC | | | 21-2-2004 | Heerenveen | NED |
| | | Marja Bloemzaad | 1961 | Petra Casteleijn-Frowijn | 1966 | | |
| | | Atie Pijtak-Radersma | 1956 | Lidia van Bon-Rosenbrand | 1970 | | |
| 200-239 | 2:07.14 | PSV | | | 22-1-2017 | Maastricht | NED |
| | | Katja de Beer | 1968 | Gudule van der Meer | 1972 | | |
| | | Corrie Verhoeven | 1946 | Liselotte Joling | 1975 | | |
| 240-279 | 2:21.98 | PSV | | | 24-1-2015 | Heerenveen | NED |
| | | Corrie Verhoeven | 1946 | Ineke Weekers | 1953 | | |
| | | Lottie Geurts | 1935 | Liselotte Joling | 1975 | | |
| 280-319 | 2:25.83 | PSV | | | 27-1-2019 | Zwolle | NED |
| | | Patty Krupiarz | 1954 | Lottie Geurts | 1935 | | |
| | | Corrie Verhoeven | 1946 | Esther van Lohuizen | 1959 | | |

4x 50m wisselslag Dames

| | | | | | | | |
|---------|---------|---------------------|------|--------------------------|------------|------------|-----|
| 80-99 | 2:01.92 | STARTLIMIET | | | | | |
| 100-119 | 2:01.92 | SBC2000 | | | 6-3-2005 | Vlissingen | NED |
| | | Ineke Goossens | 1979 | Maartje van Keulen | 1980 | | |
| | | Sandra Temmerman | 1980 | Patricia Brooijmans | 1979 | | |
| 120-159 | 2:08.59 | PSV | | | 12-12-2015 | Eindhoven | NED |
| | | Gudule van der Meer | 1972 | Trudy Ketting-Klaassen | 1970 | | |
| | | Lisa Dreesens | 1991 | Nienke van Stipriaan | 1987 | | |
| 160-199 | 2:09.39 | Zpc Amersfoort | | | 14-9-2019 | Steenwijk | NED |
| | | Marije Jansen | 1985 | Larissa Brak | 1988 | | |
| | | Lesley Cordial | 1967 | Lidia van Bon-Rosenbrand | 1970 | | |
| 200-239 | 2:13.08 | PSV | | | 26-1-2019 | Zwolle | NED |
| | | Gudule van der Meer | 1972 | Trudy Ketting-Klaassen | 1970 | | |
| | | Jeanne Petit | 1970 | Esther van Lohuizen | 1959 | | |
| 240-279 | 2:34.89 | PSV | | | 3-3-2018 | Gorinchem | NED |
| | | Liselotte Joling | 1975 | Corrie Verhoeven | 1946 | | |
| | | Gudule van der Meer | 1972 | Lottie Geurts | 1935 | | |
| 280-319 | 2:48.97 | PSV | | | 26-1-2019 | Zwolle | NED |
| | | Corrie Verhoeven | 1946 | Ineke Weekers | 1953 | | |
| | | Patty Verhagen | 1959 | Lottie Geurts | 1935 | | |
| 320-359 | 4:24.96 | PSV | | | 2-12-2017 | Eindhoven | NED |
| | | Alice Lindhout | 1935 | Marianne Maandonks | 1926 | | |
| | | Gonnie Bak | 1951 | Lottie Geurts | 1935 | | |

4x 100m vrije slag Dames

| | | | | | | | |
|---------|---------|-----------------|------|-----------------------|-----------|-------------|-----|
| 80-99 | 3:56.94 | Aquarijn | | | 23-1-2016 | Papendrecht | NED |
| | | Marije Jansen | 1985 | Linda Kamperman | 1996 | | |
| | | Richelle Koot | 1996 | Malissa van der Horst | 1992 | | |
| 100-119 | 4:06.62 | WVZ | | | 20-1-2018 | Terneuzen | NED |
| | | Delia Badoux | 1980 | Manon van Strien | 1994 | | |
| | | Isabelle Massar | 1991 | Nicole Bennis | 1996 | | |



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4x 100m vrije slag Dames

| | | | | | | |
|---------|---------|--|--------------|-----------|------------|-----|
| 120-159 | 4:11.11 | De Aalscholver Ingrid Boot-de Groot Saskia Ouwendijk | 1970 1987 | 26-1-2014 | Zwolle | NED |
| 160-199 | 4:15.85 | PSV Saskia Phaff Gudule van der Meer | 1966 1972 | 3-12-2016 | Eindhoven | NED |
| 200-239 | 4:27.71 | AZ&PC Petra Casteleijn-Frowijn Atie Pijtak-Radersma | 1966 1956 | 25-1-2015 | Heerenveen | NED |
| 240-279 | 5:17.73 | PSV Esther van Lohuizen Corrie Verhoeven | 1959 1946 | 3-12-2016 | Eindhoven | NED |
| 280-319 | 5:29.60 | PSV Ineke Weekers Corrie Verhoeven | 1953 1946 | 26-1-2019 | Zwolle | NED |
| 320-359 | 8:54.89 | PSV Lottie Geurts Alice Lindhout | 1935 1935 | 3-12-2016 | Eindhoven | NED |

4x 100m wisselslag Dames

| | | | | | | |
|---------|---------|--|--------------|-----------|------------|-----|
| 80-99 | 4:28.06 | Hieronymus Eva van Ginneken Marlijn Hendriksen | 1998 1988 | 21-1-2018 | Terneuzen | NED |
| 100-119 | 4:24.86 | De Dinkel Silke Oude Weernink Anique Willeme | 1990 1986 | 24-1-2015 | Heerenveen | NED |
| 120-159 | 4:53.07 | PSV Bianca Cox Stephanie Rombout | 1980 1988 | 26-1-2013 | Nijverdal | NED |
| 160-199 | 4:39.06 | PSV Gudule van der Meer Lisa Dreesens | 1972 1991 | 3-12-2016 | Eindhoven | NED |
| 200-239 | 4:52.48 | PSV Gudule van der Meer Jeanne Petit | 1972 1970 | 27-1-2019 | Zwolle | NED |
| 240-279 | 5:50.52 | Swol 1894 Annemarie Vuist-Blum Mathilde Vink | 1963 1958 | 9-1-2016 | Zwolle | NED |
| 280-319 | 6:39.47 | PSV Patty Krupiarz Patty Verhagen | 1954 1959 | 27-1-2019 | Zwolle | NED |
| 320-359 | 9:25.40 | PSV Alice Lindhout Corrie Verhoeven | 1935 1946 | 3-12-2016 | Eindhoven | NED |

4x 200m vrije slag Dames

| | | | | | | |
|---------|----------|--|--------------|------------|-----------|-----|
| 80-99 | 9:07.37 | Dedemsvaart-AC Stéphanie Bergsma Maaïke van Veen | 1992 1997 | 25-1-2019 | Zwolle | NED |
| 100-119 | 9:00.04 | De Warande Amy van Lier Désirée Emmen | 1996 1992 | 19-1-2018 | Terneuzen | NED |
| 120-159 | 9:20.10 | Het Y Alice Bravo Ana-Lara da Silva | 1987 1980 | 24-1-2014 | Zwolle | NED |
| 160-199 | 9:40.49 | AZ&PC Marja Bloemzaad Atie Pijtak-Radersma | 1961 1956 | 31-10-2009 | Eindhoven | NED |
| 200-239 | 10:05.23 | PSV Esther van Lohuizen Gudule van der Meer | 1959 1972 | 2-12-2017 | Eindhoven | NED |



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4x 200m vrije slag Dames

| | | | | | | |
|---------|----------|----------------------|------|-----------|-------------|-----|
| 240-279 | 11:38.59 | Swol 1894 | | 22-1-2016 | Papendrecht | NED |
| | | Bea Swijnenberg | 1949 | | 1958 | |
| | | Annemarie Vuist-Blum | 1963 | | 1951 | |
| 280-319 | 12:06.47 | PSV | | 25-1-2019 | Zwolle | NED |
| | | Ineke Weekers | 1953 | | 1935 | |
| | | Corrie Verhoeven | 1946 | | 1959 | |

4x 50m vrije slag Heren

| | | | | | | |
|---------|---------|----------------------------|------|-----------|------------|-----|
| 80-99 | 1:36.53 | RZC | | 25-1-2014 | Zwolle | NED |
| | | Stefan Timmermans | 1994 | | 1989 | |
| | | Raynor Wolf | 1989 | | 1992 | |
| 100-119 | 1:36.32 | Albion d'ELFT (SG) | | 21-1-2018 | Terneuzen | NED |
| | | Romero Hennep | 1993 | | 1989 | |
| | | Jordi van der Weel | 1996 | | 1980 | |
| 120-159 | 1:35.70 | Feijenoord Albion Zwemclub | | 27-1-2019 | Zwolle | NED |
| | | Romero Hennep | 1993 | | 1986 | |
| | | Nol van Thull | 1980 | | 1994 | |
| 160-199 | 1:40.10 | Albion d'ELFT (SG) | | 22-1-2017 | Maastricht | NED |
| | | Egbert Stolk | 1976 | | 1989 | |
| | | Hugo Bregman | 1958 | | 1980 | |
| 200-239 | 1:45.02 | De Rog | | 22-1-2017 | Maastricht | NED |
| | | Peter Bernsen | 1963 | | 1962 | |
| | | Arjan Verheij | 1971 | | 1968 | |
| 240-279 | 1:52.33 | PSV | | 22-1-2017 | Maastricht | NED |
| | | Brend Brevé | 1952 | | 1955 | |
| | | Joop Ariaens | 1959 | | 1960 | |
| 280-319 | 2:32.24 | PSV | | 5-4-2009 | Deurne | NED |
| | | Cor Sprengers | 1935 | | 1941 | |
| | | Rob van Gestel | 1935 | | 1943 | |

4x 50m wisselslag Heren

| | | | | | | |
|---------|---------|----------------------------|------|-----------|------------|-----|
| 80-99 | 1:49.12 | NDD | | 23-1-2011 | Heerenveen | NED |
| | | Roland Boon | 1988 | | 1991 | |
| | | Maik Steenkamp | 1991 | | 1989 | |
| 100-119 | 1:51.09 | AZ&PC | | 22-9-1996 | Ysselstein | NED |
| | | Chester Marsman | 1969 | | 1957 | |
| | | Edwin van Norden | 1963 | | 1970 | |
| 120-159 | 1:46.28 | Feijenoord Albion Zwemclub | | 26-1-2019 | Zwolle | NED |
| | | Ensgar Kotterink | 1994 | | 1993 | |
| | | Bart Drechsel | 1986 | | 1980 | |
| 160-199 | 1:50.35 | Albion d'ELFT (SG) | | 21-1-2017 | Maastricht | NED |
| | | Egbert Stolk | 1976 | | 1989 | |
| | | Hugo Bregman | 1958 | | 1980 | |
| 200-239 | 2:01.82 | PSV | | 17-3-2012 | Eindhoven | NED |
| | | Joop Ariaens | 1959 | | 1968 | |
| | | Fred Ketting | 1960 | | 1958 | |
| 240-279 | 2:07.37 | PSV | | 26-1-2019 | Zwolle | NED |
| | | Brend Brevé | 1952 | | 1968 | |
| | | Fred Ketting | 1960 | | 1956 | |
| 280-319 | 2:39.01 | PSV | | 2-12-2017 | Eindhoven | NED |
| | | Brend Brevé | 1952 | | 1943 | |
| | | Fred Ketting | 1960 | | 1933 | |

4x 100m vrije slag Heren

| | | | | | | |
|---------|---------|----------------------------|------|-----------|------------|-----|
| 80-99 | 3:37.54 | LZ 1886 | | 22-1-2011 | Heerenveen | NED |
| | | Sjoerd Sieval | 1990 | | 1984 | |
| | | Joost Rijntjes | 1991 | | 1983 | |
| 100-119 | 3:31.31 | Feijenoord Albion Zwemclub | | 26-1-2019 | Zwolle | NED |
| | | Romero Hennep | 1993 | | 1993 | |
| | | Nol van Thull | 1980 | | 1994 | |



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4x 100m vrije slag Heren

| | | | | | | | |
|---------|---------|--|--------------|---------------------------------|-----------|-----------------------------|-----|
| 120-159 | 3:35.42 | d'ELFT WAVE (SG) Roderik Meijers Erik Simons | 1986 1989 | Egbert Stolk Nol van Thull | 23-1-2016 | Papendrecht 1976 1980 | NED |
| 160-199 | 3:39.90 | Albion d'ELFT (SG) Erik Simons Egbert Stolk | 1989 1976 | Hugo Bregman Nol van Thull | 21-1-2017 | Maastricht 1958 1980 | NED |
| 200-239 | 3:57.04 | De Rog Rob Spetter Peter Bernsen | 1962 1963 | Erik Kamphuis Glen le Clercq | 23-1-2016 | Papendrecht 1960 1968 | NED |
| 240-279 | 4:15.08 | PSV Brend Brevé Joop Ariaens | 1952 1959 | Hans Wijsman Fred Ketting | 4-3-2017 | Weert 1955 1960 | NED |
| 280-319 | 5:57.31 | PSV Fred Ketting Bob Berg | 1960 1933 | Brend Brevé Rob Hanou | 2-12-2018 | Eindhoven 1952 1943 | NED |

4x 100m wisselslag Heren

| | | | | | | | |
|---------|---------|---|--------------|--------------------------------|-----------|-----------------------------|-----|
| 80-99 | 4:03.16 | Octopus Albert van Piekeren Emile Manni | 1984 1990 | Roald Blok Floris Manni | 26-1-2013 | Nijverdal 1993 1988 | NED |
| 100-119 | 3:50.38 | Feijenoord Albion Zwemclub Ensger Kotterink Timo Dinkelberg | 1994 1993 | Romero Hennep Nol van Thull | 27-1-2019 | Zwolle 1993 1980 | NED |
| 120-159 | 3:59.37 | d'ELFT WAVE (SG) Egbert Stolk Roderik Meijers | 1976 1986 | Erik Simons Nol van Thull | 24-1-2016 | Papendrecht 1989 1980 | NED |
| 160-199 | 4:03.20 | Albion d'ELFT (SG) Egbert Stolk Hugo Bregman | 1976 1958 | Erik Simons Nol van Thull | 22-1-2017 | Maastricht 1989 1980 | NED |
| 200-239 | 4:31.97 | PSV Rogier Vissers Gijsbert van der Leden | 1973 1967 | Harold Matla Brend Brevé | 21-1-2018 | Terneuzen 1968 1952 | NED |
| 240-279 | 4:50.13 | PSV Brend Brevé Fred Ketting | 1952 1960 | Hans Wijsman Joop Ariaens | 22-1-2017 | Maastricht 1955 1959 | NED |
| 280-319 | 7:03.23 | PSV Evertjan Masurel Rob Hanou | 1956 1943 | Andre Pantekoek Bob Berg | 2-12-2018 | Eindhoven 1958 1933 | NED |

4x 200m vrije slag Heren

| | | | | | | | |
|---------|----------|--|--------------|--|-----------|-----------------------------|-----|
| 80-99 | 8:10.63 | LZ 1886 Kristiaan Lenos Joost Rijntjes | 1983 1991 | Ralf van der Poel Sjoerd Sieval | 21-1-2011 | Heerenveen 1984 1990 | NED |
| 100-119 | 8:10.47 | ZPC DE HOF Pieter Pickhardt Emiel Huisken | 1983 1985 | Jasper de Boer Richard Huisken | 24-1-2014 | Zwolle 1900 1985 | NED |
| 120-159 | 8:08.40 | d'ELFT WAVE (SG) Roderik Meijers Erik Simons | 1986 1989 | Egbert Stolk Nol van Thull | 22-1-2016 | Papendrecht 1976 1980 | NED |
| 160-199 | 8:15.42 | Albion d'ELFT (SG) Erik Simons Egbert Stolk | 1989 1976 | Hugo Bregman Nol van Thull | 20-1-2017 | Maastricht 1958 1980 | NED |
| 200-239 | 9:04.60 | De Rog Rob Spetter Peter Bernsen | 1962 1963 | Erik Kamphuis Glen le Clercq | 22-1-2016 | Papendrecht 1960 1968 | NED |
| 240-279 | 10:26.62 | WWV Winterswijk Kees-Jan van Overbeeke Theo Schouten | 1962 1946 | Laurens Klein Breteler Ruud Ruiters | 24-1-2014 | Zwolle 1954 1953 | NED |
| 280-319 | 12:17.60 | PSV Fred Ketting Brend Brevé | 1960 1952 | Rob Hanou Bob Berg | 19-1-2018 | Terneuzen 1943 1933 | NED |



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4x 50m vrije slag Mixed

| | | | | | | |
|---------|---------|--------------------------|------|-----------|-----------|-----|
| 80-99 | 1:41.16 | KSN (SG) | | 27-1-2019 | Zwolle | NED |
| | | Ingmar Hartman | 1998 | | 1998 | |
| | | Saranda Hofstra | 1997 | | 1997 | |
| 100-119 | 1:41.34 | DWK | | 26-1-2014 | Zwolle | NED |
| | | Nick van Gemert | 1989 | | 1993 | |
| | | Pauline Gouwens | 1984 | | 1985 | |
| 120-159 | 1:44.78 | HZ&PC HEERENVEEN | | 27-1-2013 | Nijverdal | NED |
| | | René Beetsma | 1969 | | 1992 | |
| | | Chantal Nap | 1989 | | 1978 | |
| 160-199 | 1:46.71 | ZPC AMERSFOORT | | 27-1-2019 | Zwolle | NED |
| | | Jeroen Zelsmann | 1977 | | 1985 | |
| | | Lidia van Bon-Rosenbrand | 1970 | | 1978 | |
| 200-239 | 1:52.89 | ZPC AMERSFOORT | | 15-9-2018 | Alphen | NED |
| | | Jeroen Zelsmann | 1977 | | 1956 | |
| | | Lidia van Bon-Rosenbrand | 1970 | | 1963 | |
| 240-279 | 2:08.89 | PSV | | 26-1-2014 | Zwolle | NED |
| | | Corrie Verhoeven | 1946 | | 1954 | |
| | | Evertjan Masurel | 1956 | | 1952 | |
| 280-319 | 2:17.41 | PSV | | 21-1-2018 | Terneuzen | NED |
| | | Corrie Verhoeven | 1946 | | 1935 | |
| | | Evertjan Masurel | 1956 | | 1952 | |
| 320-359 | 3:14.99 | PSV | | 5-11-2017 | Veldhoven | NED |
| | | Bob Berg | 1933 | | 1935 | |
| | | Lottie Geurts | 1935 | | 1943 | |

4x 50m wisselslag Mixed

| | | | | | | |
|---------|---------|--------------------------|------|-----------|-----------|-----|
| 80-99 | 1:51.57 | Hieronymus | | 20-1-2018 | Terneuzen | NED |
| | | Jaro Musters | 1998 | | 1996 | |
| | | Marlijn Hendriksen | 1988 | | 1997 | |
| 100-119 | 1:52.04 | DWK | | 25-1-2014 | Zwolle | NED |
| | | Merijn Ellenkamp | 1985 | | 1989 | |
| | | Pauline Gouwens | 1984 | | 1986 | |
| 120-159 | 1:53.87 | SwimGym | | 26-1-2019 | Zwolle | NED |
| | | Tessa Brouwer | 1991 | | 1978 | |
| | | Andrea Kneppers | 1993 | | 1990 | |
| 160-199 | 1:59.34 | ZPC AMERSFOORT | | 20-1-2018 | Terneuzen | NED |
| | | Martijn Giezen | 1985 | | 1988 | |
| | | Erwin Buist | 1978 | | 1956 | |
| 200-239 | 2:05.42 | ZPC AMERSFOORT | | 26-1-2019 | Zwolle | NED |
| | | Lidia van Bon-Rosenbrand | 1970 | | 1963 | |
| | | Erwin Buist | 1978 | | 1956 | |
| 240-279 | 2:23.06 | Psv | | 16-9-2017 | Barneveld | NED |
| | | Brend Brevé | 1952 | | 1968 | |
| | | Patty Verhagen | 1959 | | 1946 | |
| 280-319 | 2:38.89 | Psv | | 14-9-2019 | Steenwijk | NED |
| | | Evertjan Masurel | 1956 | | 1953 | |
| | | Brend Brevé | 1952 | | 1935 | |
| 320-359 | 4:07.47 | PSV | | 8-2-2015 | Veldhoven | NED |
| | | Lottie Geurts | 1935 | | 1926 | |
| | | Rob Hanou | 1943 | | 1933 | |

4x 100m vrije slag Mixed

| | | | | | | |
|---------|---------|-----------------|------|-----------|--------|-----|
| 80-99 | 3:44.58 | KSN (SG) | | 26-1-2019 | Zwolle | NED |
| | | Ingmar Hartman | 1998 | | 1998 | |
| | | Saranda Hofstra | 1997 | | 1985 | |
| 100-119 | 3:42.76 | DWK | | 26-1-2014 | Zwolle | NED |
| | | Nick van Gemert | 1989 | | 1993 | |
| | | Pauline Gouwens | 1984 | | 1985 | |
| 120-159 | 3:45.25 | SwimGym | | 26-1-2019 | Zwolle | NED |
| | | Tessa Brouwer | 1991 | | 1978 | |
| | | Andrea Kneppers | 1993 | | 1990 | |



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4x 100m vrije slag Mixed

| | | | | | | | | |
|---------|---------|---|--------------|-------------------------------------|-----------|-----------|--------------|-----|
| 160-199 | 3:58.63 | HZ&PC Heerenveen Casper Hut Evelien van Klaarbergen-Klein | 1978 1972 | Danielle de Boer Marten de Groot | 26-1-2019 | Zwolle | 1994 1958 | NED |
| 200-239 | 4:10.79 | AZ&PC Ron Korzelius Atie Pijtak-Radersma | 1965 1956 | Marja Bloemzaad Edwin van Norden | 27-1-2013 | Nijverdal | 1961 1963 | NED |
| 240-279 | 4:39.43 | PSV Jeanne Petit Brend Brevé | 1970 1952 | Patty Krupiarz Fred Ketting | 26-1-2019 | Zwolle | 1954 1960 | NED |
| 280-319 | 5:18.73 | PSV Corrie Verhoeven Harold Matla | 1946 1968 | Lottie Geurts Rob Hanou | 20-1-2018 | Terneuzen | 1935 1943 | NED |
| 320-359 | 9:37.53 | PSV Aloys Geurts Cor Sprengers | 1932 1935 | Marianne Maandonks Lottie Geurts | 17-3-2012 | Eindhoven | 1926 1935 | NED |

4x 100m wisselslag Mixed

| | | | | | | | | |
|---------|---------|---|--------------|--|-----------|------------|--------------|-----|
| 80-99 | 4:05.79 | KSN (SG) Saranda Hofstra Ingmar Hartman | 1997 1998 | Gauke Eilander Anne Speelman | 27-1-2019 | Zwolle | 1998 1997 | NED |
| 100-119 | 4:05.65 | DWK Merijn Ellenkamp Pauline Gouwens | 1985 1984 | Nick van Gemert Marion van den Berg | 25-1-2014 | Zwolle | 1989 1986 | NED |
| 120-159 | 4:16.64 | Albion d'ELFT (SG) Roos van Esch Fenna de Groot | 1982 1997 | Romero Hennep Nol van Thull | 21-1-2018 | Terneuzen | 1993 1980 | NED |
| 160-199 | 4:20.45 | ZPC AMERSFOORT Edwin van Norden Erwin Buist | 1963 1978 | Larissa Brak Lidia van Bon-Rosenbrand | 21-1-2018 | Terneuzen | 1988 1970 | NED |
| 200-239 | 4:31.75 | AZ&PC Edwin van Norden Stefan Dortmund | 1963 1972 | Marja Bloemzaad Atie Pijtak-Radersma | 28-6-2014 | Amersfoort | 1961 1956 | NED |
| 240-279 | 5:12.61 | PSV Brend Brevé Gijsbert van der Leden | 1952 1967 | Ineke Weekers Corrie Verhoeven | 24-1-2015 | Heerenveen | 1953 1946 | NED |
| 280-319 | 5:54.71 | PSV Corrie Verhoeven Brend Brevé | 1946 1952 | Rob Hanou Lottie Geurts | 6-12-2014 | Eindhoven | 1943 1935 | NED |

4x 200m vrije slag Mixed

| | | | | | | | | |
|---------|----------|--|--------------|--|-----------|-------------|--------------|-----|
| 80-99 | 8:37.80 | DWK Ruben Koek Celine Schoenmaker | 1997 1998 | Anoeska van de Kraats Kevin Eltink | 19-1-2018 | Terneuzen | 1997 1991 | NED |
| 100-119 | 8:40.12 | Zwemvereniging Hoogland Jamilla van Veen Anne-Irene Ducheine | 1996 1995 | Yuri van Omme Bas Dries | 25-1-2019 | Zwolle | 1985 1995 | NED |
| 120-159 | 8:45.89 | ZPC Woerden Jamilla van Veen Mandy Verbakel | 1996 1990 | Johan Remmits Thommy Nickel | 19-1-2018 | Terneuzen | 1962 1984 | NED |
| 160-199 | 8:53.25 | HZ&PC Heerenveen Casper Hut Fraukje Puts | 1978 1992 | Evelien van Klaarbergen-Klein Marten de Groot | 19-1-2018 | Terneuzen | 1972 1958 | NED |
| 200-239 | 9:13.45 | AZ&PC Atie Pijtak-Radersma Marja Bloemzaad | 1956 1961 | Ron Korzelius Edwin van Norden | 25-1-2013 | Nijverdal | 1965 1963 | NED |
| 240-279 | 10:44.20 | ZVVS Willem Putter Conny Boer-Buijs | 1945 1950 | Emiel van Elderen Karin Stein | 22-1-2016 | Papendrecht | 1956 1971 | NED |
| 280-319 | 12:07.16 | PSV Corrie Verhoeven Rob Hanou | 1946 1943 | Lottie Geurts Brend Brevé | 23-1-2015 | Heerenveen | 1935 1952 | NED |



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4x 200m vrije slag Mixed

| | | | | | | | |
|---------|----------|---------------|------|--------------------|-----------|-----------|-----|
| 320-359 | 18:56.81 | PSV | | | 2-12-2017 | Eindhoven | NED |
| | | Bob Berg | 1933 | Marianne Maandonks | | 1926 | |
| | | Lottie Geurts | 1935 | Rob Hanou | | 1943 | |